

# COLD RIVER CURRENTS

April 2020

The Newsletter of the Cold River Chapter of the Adirondack Mountain Club

## Chapter Co-Chairs' Report

Dear Friends,

There is no question that these last few months have been extremely trying for all of us due to the pandemic. All of our lives have been severely interrupted by the COVID-19 virus, and many of us know someone who has become sick with the illness. We know none of you are taking the impacts of the virus lightly, but because of the severity of illness when someone contracts it, we share with you some guidelines from ADK and DEC if you venture out. It is our goal that all ADK CRC members stay safe throughout the crisis. **Out of an abundance of caution, CRC is postponing all outings until the end of May.**

### 2019-2020 CRC Executive Committee

Greg Schaefer, Rose Cooper (Chapter Co-Chairs)  
Judy Thomson, Gail Gabriels (Outings Co-Chairs)  
Ken Shea (Director)  
Harold Stackhouse (Alternate Director)  
Ellen Schaefer, Rich Salz (Members-at-Large)  
Nancy Haggerty (Treasurer)  
Anne Bernat (Secretary)  
Ellen Collins (Membership Chair)  
Linda Hales (Newsletter Chair)

ADK is reaching out to Chapter Chairs to keep everyone informed about changes in activity and to receive feedback. Additionally, ADK has recently posted updated information for members on its website (ADK.org), and you may have received an email from Michael Barret with some of this information. The club has extended the closures of the Heart Lake Program Center, Johns Brook Property, and Member Services Center through May 14. ADK leadership will reassess conditions for a re-opening date at the end of April, as they are assessing the situation on a weekly basis. Also, please be aware that the ADK and DEC guidelines are based not just on the impact of the novel corona virus, but also the fragile conditions on trails in the spring, especially in the High Peaks. Additionally, the number of rescue personnel is already stretched very thin. An accident in a remote area will put additional strain on local and NYS resources.

We strongly urge all CRC members to follow the guidelines below, drawn from NYSDEC recommendations:

- Recreate **locally** (see note below)
- Recreate either **alone or with members of your household**. No groups please!
- Maintain **social distancing** (6 feet or more from others)
- Use “healthy” protocols at trail registers (see article in Newsletter—outings section)
- Avoid **high use and high risk areas** (e.g. High Peaks Wilderness)
- Anyone who is considered “at-risk” (over the age of 70, immunocompromised, etc.) should **remain at home** as much as possible.

# Chapter News

Note: New York State has not provided a definition for “local”; ADK is recommending that people stay within a 30-minute radius of home. Another way to define it: where do you normally travel to get groceries, toiletries, and other necessities? Stay within that radius of travel when looking for outdoor recreation opportunities. You can read the full ADK press release here: <https://www.adk.org/adirondack-mountain-club-extends-property-closures/>

NYS agencies have launched a new hashtag to encourage responsible recreation, #RecreateLocal. New Yorkers can get outside, discover open spaces and parks **close to home**, and spend time with **immediate household family members**. This is a great way to relieve stress and anxiety during this time, while still maintaining social distancing guidelines. And, all entrance fees at state parks have been waived.

We hope you stay healthy throughout this crisis. By following the guidelines from CDC, NYS DOH, and DEC, as well as ADK, we hope to be able to see you all soon, and to resume our regular hikes, potlucks, and programs in the not-to-distant future!

Stay Well,

Greg and Rose



## **New Executive Committee in September:**

On August, 8<sup>th</sup> at our annual meeting, we will be voting for a new slate of officers as follows:

Co-Chairs: Rose Cooper & Steve Mullins

Secretary: Anne Bernat

Treasurer: Nancy Haggerty

Director: Ken Shea, Alternate Director: Harold Stackhouse

Membership: Ellen Collins

Outings: Gail Gabriels & Tom Riley

Newsletter: Linda Hales

Members at Large: Rich Salz & Maria Rinella

# Chapter News

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## Do the Rock Walk

ADK offers us a reminder that, as spring gets us back into hiking and climbing on bare ground again, we need to be aware of staying on trails and walking on rocks to protect our fragile mountain flora, especially on mountain tops. Adirondack plants have evolved for thousands of years to survive harsh mountain conditions, and now increased human traffic poses yet another threat. Let us each do our part by staying on trails, walking on rocks whenever possible, and following the "Leave No Trace" policy. ~ Jan McCann



*Cascade Mountain*



Director's Report—no report, due to COVID-19

## Be Aware of Ticks!

Here are a few reminders:

1. Protect yourself by wearing clothing treated with permethrin or use an insect repellent registered with the EPA (ie. Contain DEET, picaridin, IR3535, oil of lemon eucalyptus or para-menthane-diol).
2. Wear light colored clothing
3. Tuck your shirt in your pants and your pants into your socks or wear gaitors.
4. Walk in the center of trails, avoid brush and leaf litter
5. Check yourself and pets; shower within 2 hours of returning home
6. Put dry clothes in dryer for 10 minutes
7. Remove any ticks you find



(Source: <https://www.adk.org/view-from-albany-ticks/>)

# Where in the World?

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## **Bicycle Adventures**

**By Kate McCormick**

In April 2019 I traveled to Savannah, Georgia to meet a Great Bike Tours group for a trip to the Georgia Isles. Our first day was spent biking through Savannah neighborhoods and through the majestic live oaks to Wormsloe Historical Site, where we learned of the workings of the lumber plantation and the placement of military troops along those shores.

The next day the van took us to New Brunswick for a shrimp boat interpretive tour of the marsh waters and a seafood lunch. Tybee, St. Simons and Jekyll Island, rides of 30 to 40 miles the next four days, revealed the wealth of wildlife and the marshland that supports marine life.

Great Bike Tours director and guides take good care of their bikers and cue them as to schedules keeping the tour interesting. Also offered are great accommodations and a variety of restaurants and local lore. Our April group hailed from eight states and three countries, making it fun to get to know each other.



*Kate McCormick with the Great Bike Tours--Georgia Isles.*

*"We were from 8 states!"*



*Shrimp boat ride*



*Jekyll Island, our last day*

In June 2019 I joined a five-day bike ride organized by Tom Ortmeyer of the Laurentian Chapter of ADK beginning in Potsdam. We biked from Cranberry Lake to Wanakena and through northern New York farmlands, some owned by Amish/Mennonites, and along the St. Lawrence River and into Canada. Each evening we returned to our comfortable accommodations at Clarkson University. The biking trails of St. Lawrence County and Adirondacks were designed by Tom to be about 30 miles each, with historic stops, including New York State Parks.

Having grown up on a dairy farm in Winthrop, NY near Potsdam, it was great fun riding familiar roads with enthusiastic bikers and learning what's up with the Laurentian Chapter.



# Outings Reports

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*A special thanks to those who led each activity and for Gail Gabriels and Judy Thomson, co-chairs of the CRC Outings Committee, for scheduling all the outings.*

## **January 2, 2020: Ski Newcomb Golf Course**

**Leader: Barbara Kearns**

Blue sky highlighted the view of the High Peaks from the Newcomb Overlook as the cross-country skiers pushed off to cross the golf course and reach a trail along the Hudson River banks. The previous day's ice storm left trees and brush sparkling with Swarovski-like crystals. We turned around after viewing the river from the bridge heading to Lake Harris State Campground. The view of the winter wonderland seemed more enchanting upon return. The capstone of our outing was back at Green 3 of the golf course when we each broke a trail over a roller coaster collection of mounds. Laughing, we made our way back to the Overlook. The snowshoers were a step ahead of us and ready to head out to the lunch waiting for all of us at the new Lake Harris Lodge. We enjoyed the camaraderie of sharing an outing venue together. ~Barbara Kearns



*Newcomb Golf Course*

## **January 2: Snowshoe Newcomb Golf Course**

**Leader: Maria Rinella**

On January 2, 2020, Maria and Vinnie Rinella led seven of us on a snowshoe on the Newcomb Golf Course and down to the Hudson River. There were only two to three inches of new snow on the ground and many of the group wore micro-spikes. The round-trip walk took a little over an hour. First, we followed the cross-country ski tracks made by the group led by Barbara Kearns. On the way back we went up along several fairways of the golf course. The weather was beautiful with the first sun seen in several days. Temperatures were in the mid to upper 20s and there was no wind. The several GPS recordings of the outing seemed to agree on a total mileage of 1.9. As Vinnie said, "We can round that up to 2 miles. There were 7 of us, so we did 14 miles today."

The walk was followed by a lunch at the new lodge in Newcomb. We were joined by the ski group there. It was a great day for an outing. Thanks, Vinnie and Maria. ~Bob Eberhard



*Newcomb golf course*



# Outings Reports

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## **January 9: Snowshoe on The Pinnacle** **Co-leaders: Tracey Donaldson and Linda Hales**

Ten CRC folks took advantage of a beautifully sunny day to micro-spike hike up the Pinnacle, a Lake George Land Conservancy preserve. After a short climb through a few inches of new powder we were rewarded at the top by a wonderful view of Lake George and the chance to bask in the sunshine. As always, it was great to spend time outdoors with like-minded people. Thanks, Linda and Tracey, for ordering such good weather! ~Karen Wang



*The Pinnacle*

## **January 9: Watch Hill Ski Loop** **Leader: Andy Coney**

Well, it was another "Adventure with Andy" in the Indian Lake area for six of us. We had a fantastic blue-sky day. Snow ghosts (trees piled with snow) surrounded us. We thought we were skiing through a magical snow forest. We had several inches of fresh powder which made our climbs very doable and our skis down the hills delightful. After a wonderful lunch at the Pig Deli we skied along the Cedar River. We did have a few iced up branches to go over, around, under, and through after being attacked with saws. But that is what back country ski touring is all about. (5.8 miles total) ~Marti Townley



*Watch Hill*

## **January 16: Marcy Dam Cross Country Ski** **Leader: Marti Townley**

This time of year there is usually snow somewhere, even if not on the planned route. Marti sniffed it out! In falling snow, Whiteface Landing morphed into a beautiful ski to Marcy Dam and back via South Meadow. Six-ish miles of soft skiing (with some occasional rocky areas) amidst snow-covered evergreens put smiles on all eleven faces. After a welcomed lunch break in a lean-to we were treated to a faster, more downhill ski out. And now we have the bonus of looking forward to a Whiteface Landing adventure in the future! ~Jan McCann



*Marcy Dam*

# Outings Reports

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## **January 23: Stoney Pond Snowshoe from Rt. 28N**

**Leader: Kate McCormick**

With perfect weather and plenty of snow (a rarity this winter), our 4-mile trek to and from Stoney Pond brightened everyone's day, especially a distant ADK member from Vermont. An old, overturned rowboat on the shore offered us a relaxing spot to eat our lunch under a sunny and windless sky. Then we returned quickly to be sure we had plenty of time to prepare for the afternoon potluck. ~Linda Hales



*Stoney Pond*

## **January 23: North Hudson along the Branch River**

**Leaders: Greg Clark and Laurie Hughes**

The outing leaders pre-skied the planned Roosevelt Truck Trail one week before the scheduled outing and encountered 14 fallen trees blocking the trail during the first two miles and decided to cancel the trip. They then offered a substitute XC ski on a wonderful new trail in North Hudson off the Blue Ridge highway. It was a nice wide trail next to the lovely Branch River. The trail was level for a while and then led to some gradual uphills. (Some might say not so gradual!) When we made it up the third hill there were great views of the Dix range. We had a delightfully partly-sunny, warm day to enjoy with 12 CRC members and a potluck to follow. ~Marti Townley



*Branch River*



## **January 30: Little Narnia**

**Leader: Dan Smith**

We wended our way through the pleasant forest of Little Narnia, on a crystal-clear, blue-sky day, using micro-spikes and poles as there was only a thin layer of hard-pack snow. We travelled most of the trails on this private land open to the public; trails that were named after various characters in the "Chronicles of Narnia" fantasy book series. We had a great view north, including a view of the Dix Range. ~Dan Smith



*Little Narnia*

# Outings Reports

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## **January 30: XC Ski Chain Lakes Road South the Cedar River Leader: Gail Gabriels**

A blue-ski day set the stage for a perfect 11ish-mile round trip ski. The soft snow made the fun downhill runs perfect and the climbs doable. Reaching the Cedar River, we assumed that all the red marks on trees and stakes indicated later placement of the new bridge connecting Indian Lake to Minerva. Further on, a washout prevented us from skiing to Pine Lake so we headed back. If one doesn't ski this area often it is easy to forget that all the exciting downhills starting out have to be climbed on the return, but anything is fun with the sun smiling back.  
~Jan McCann



*Peaked Mountain Pond*

## **February 6: Snowshoe on Antler Lake Leaders: Rob and Jane Smith**

Our snowshoe trip to "Follow the Beaver on Antler Lake" took place after a new 6" snowfall. We were fortunate to have a local boy guide us and add his expertise. As we went around the edge of the lake, we stopped at several beaver lodges--some old, some still active, a two-level dam, and the Beaver Deceiver that works to keep the outlet clear, preventing these clever engineers from blocking the culverts resulting in an overflow that could wash out a road and flood property.

Rob and Jane Smith, who led the trip, also told the history of the lake, which was the site of a boarding house, and its residents of some 150 years ago. After a trek of about 1.5 miles we sat down to a soup and sandwich lunch and interesting conversation. ~ Rob & Jane Smith



*Essex Chain Road (Tirrell Pond)*

## **February 1: Peaked Mountain Pond Snowshoe Hike Leader: Rich Salz**

This hike had all the elements of a classic Adirondack trek: pristine wilderness; a glacier-carved lake designated by a number; and a brook, pond and mountain all sharing the same name. The six of us set out on a gray Saturday morning in early February and were happy to find that the snowy trail had already been broken, though not quite enough to exchange our snowshoes for micro-spikes. In a little more than two hours of steady climbing past beaver ponds and animal tracks, we reached the pond and settled in for lunch. After voting to conquer the summit another day, and fortified by dark chocolate peanut butter cups, we headed back down to the lake, avoiding the last three-quarter-mile of trail by walking the lake ice back to the trailhead.  
~Rich Salz



# Outings Reports

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## February 11: Avalanche Lake Ski Leader: Rob Haggerty

Skiing into Avalanche Lake is a magical experience especially when the snow is superior! This is a 12-mile round trip with some nice gliding surrounded by snow-filled trees, a steady climb up some steep terrain called "misery mile" or as we called it "Merry Mile," through the pass, then a wonderful downhill that shoots out onto the lake surrounded by rock cliffs. This scene would rival any National Park. Needless to say, the ski out was a joyful roller coaster ride to the end. The seven of us were all quite delighted!  
~Marti Townley



*Avalanche Lake*

## February 13: Hudson River Snowshoe Leader: Elaine Schwartz

A group of eight snowshoed from the Newcomb lookout rest area down around the golf course to a lovely trail along the Hudson River. It was a picturesque walk with the trees all wearing their heavy white winter dresses. We followed the river to a bridge on Campsite Road and headed back taking a slightly different route up from the river to Rt. 28N. ~Dorean Page



*Hudson River snowshoe*

## February 13: Ski into Moose Pond

### Leader: Marti Townley

Kick and glide,  
kick and glide...  
Abundant sunshine!  
Kick and glide....  
Trees covered in puffs of snow.  
Kick and glide....  
Up hills, down hills.  
Kick and glide...  
Friends in front and friends behind.  
Kick and glide...  
to the pond,  
beautiful views of Santanoni Peak.  
Kick and glide....  
Back to the trailhead,  
Then on to the new Lake Harris Lodge  
to wrap up a wonderful 14.4-mile ski.  
~Marti Townley

# Outings Reports

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*Moose Pond Ski*

## **February 20: Snowshoe/Microspike at Orlin Duell Road, Brant Lake** **Leaders: Steve and Sara Mullins**

Twenty-three eager CRC folks gathered at the top of Orlin Duell Road to take in the views of Brant Lake and many mountains near and far from Sara and Steve Mullins' lovely property. Due to the large turnout, we broke into two groups for our snowshoe hike on a two-mile loop through open fields and winter woods. We stopped after a climb near the high point on the property to take in a view which stretched to include much of the Dix Range, and then we meandered more sedately back to our starting point. A few of us stayed to take another trail to the working sugarbush on the property which was especially interesting. Sugaring will be starting soon and, although we all find much joy in the activities winter affords, the promise of spring that sugaring implies feels good about now.  
~ Karen Wang



*Mullins' Property in Brant Lake*

## **February 27: Old Stage Trail** **Leader: Andy Coney**

At the end of the nineteenth century two routes led to Blue Mountain Lake either by boat and portage from Raquette Lake or by stage from North Creek. As entrepreneurs rushed in, a rival stage company built an up-and-along-the-ridge route beside the current Lake Durant to avoid private land along the water controlled by the incumbent. One hundred twenty years later that long-abandoned ridge road was cleared by Ranger Greg George and others to create the Old Stage snowmobile trail, connecting Blue Mountain Lake to Indian Lake. It's now groomed weekly by the Town of Indian Lake but snowmobiles are rarely seen, possibly because the trail dead-ends before reaching the lake and maybe because there is no bar in town. Thus, the Old Stage Trail is wonderful for cross-country skiing and, thanks to the grooming, its snow lasts reliably. The trail leaves from near the Lake Durant NPT trailheads and climbs a succession of rises to its peak, with views through the trees down to Lake Durant to the south and the Blue Mountain's slides the other way, then descends in pleasant drops to the highway. Coming back is almost a mirror image--pleasant climbs up, and a series of eight mildly-thrilling downhill to the end, which always comes too soon.

Getting to this trip was a challenge in the blizzard and only four made it: Gail Gabriels, Rob Haggerty, leader Andy Coney, and a special guest, retired Ranger Greg George, architect of the trail.

For this day's tour we turned around at the new diner that's under construction in Blue Mountain Lake. The heat inside as work continued, comforted us from the gusty wind as we ate our lunches in the booths, envisioning the room bustling with customers. Maybe next winter we'll park at the diner, ski the trail and come back for a hot lunch.

It was a magic, snowy day in the woods marred only by missing the people who couldn't come, but enhanced enormously by those that did.  
~Andy Coney

# Outings Reports

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*Old Stage Trail*

## **March 5: Snowshoe No. 8 Hill Leader: Dan Smith**

Five members embarked on a “Dan Smith bushwhack” toward the summit of No. 8 Hill in the Pharaoh Wilderness area. However, when the beautiful day met with a slight mishap crossing over a brook, two members left the group to return home for drier conditions. At the summit, the remaining three enjoyed a marvelous view of the High Peaks, as well as a discussion about the mountains, lakes and cliffs from their vantage point. ~ Bonnie Vicki



*No. 8 Hill*

## **March 5: Yoga and Ski Leaders: Nanette Shovea, Ellen Collins and Jeanne Tommell**

Nanette, a yoga instructor in Raquette Lake, generously shared her practice during an 8:30 am session. There was more than one shaky leg among us as we centered, strengthened, stretched, and relaxed into skiing shape. Nanette's voice is so calm and empowering! Joined by the rest of the group, we headed over to Great Camp Sagamore for our beautiful ski around the lake. Deciphering all the various animal tracks and brushing up on cross country ski skills further entertained us. It was a great day with friends and, Rob, we were sorry you had to walk the dog! ~Jan McCann



*Yoga and Ski*

# Outings Reports

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## March 12: Peaked Mountain Pond Hike Leader: Marti

Our outing was supposed to be a ski, but conditions were not favorable, so a lovely hike was planned instead. With spring-like conditions and a little bit of sun, nine of us put on our microspikes and headed toward Peaked Mountain Pond. The streams were high and flowing fast with wonderful ice formations everywhere. We counted 18 stream crossings which were challenging, but added a sense of adventure. We also saw eight piles of fresh moose droppings. So we know the moose was out there somewhere. We all enjoyed the alternative outing! ~Marti Townley



*Peaked Mountain Pond*

## March 12: Frontier Town Hike Leader: Rose Cooper

A group of five ladies ventured along the new trail from the Frontier Town campground across two streams, to the trail crossing at Route 9. It was an easy flat hike of about 3.2 miles on a beautiful day. We were happy to have had the time to hike together before "social distancing" would have prevented our conversation. ~Rose Cooper



*Frontier Town*

## Reminder from the DEC



During the COVID-19 outbreak, the DEC has recommended the following:

- Only one person per group should register. Others in the group should stay away from the register.
- If someone is at a register when you approach, stand at least six feet away and wait for them to leave before you approach.
- Bring your own pencil or pen.
- Minimize touching surfaces.
- Carry hand sanitizer and use it immediately before and after using the register.
- Don't cough or sneeze while at the register. If you must cough or sneeze, move away from the register and hand sanitize before returning.

The DEC has also asked for people to engage in low-risk recreation close to home.

# Upcoming Events

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## Photo Contest

The Mushroom Club is sponsoring a photo contest:

Open to all, everyone!

Your subject **MUST** be related to fungi. You may have 6 entries.

Categories:

- 1) Mushrooms in original setting- not altered in any way.
- 2) Mushrooms may be moved or altered
- 3) Artistic-- "outside the box"



Send your digital pictures to Vinnie Rinella.: [rinellium@frontiernet.net](mailto:rinellium@frontiernet.net) 518 251-4446

Are you willing to get your photos printed and mounted on foam for an exhibit?

**Deadline for submissions is October 1<sup>st</sup>, 2020**

Our judges are Jan Palmer, Charlene Leary, and Pete Benoit.

**Charitable Donations:** CRC is continuing to collect personal care products for the Adirondack Outreach Center in North Creek. *Please bring your items to the monthly potlucks.* If you have a question, please contact Noelle McCrum at [nkinderteach@hotmail.com](mailto:nkinderteach@hotmail.com).



## Thanks to our potluck hosts:



**January 23:** Minerva Community Center, hosted by Kate McCormick and Tracey Donaldson

**February 13:** Adirondack Interpretive Center in Newcomb, hosted by Elaine Schwartz and Barbara Kearns

Presentation: James Mills, researcher at SUNY ESF's Newcomb Campus, discussed "Atmospheric Monitoring in the Adirondacks." The Newcomb Campus is the site for a variety of projects that provide environmental monitoring data in relation to atmospheric deposition, climate change, and water quality. Through a slide show James Mills illustrated how the measurements are taken and some interesting data. He talked about the success story of acid rain. Data from this project is in-progress.

Potluck: Greg Schaefer and Rose Cooper, Co-Chairs, led a business meeting. Directors and chairs reported and future potlucks were listed. Barbara Kearns and Elaine Schwartz organized the usually delicious dishes of the potluck with a variety of chilis as main dishes.

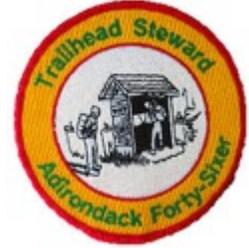
**When the COVID- 19 Social Distancing mandate is lifted, watch for the forthcoming Outings Report from Judy and Gail for the upcoming potluck information. We are hoping to have the June 18 potluck at Paradox Brewery. Meanwhile, stay safe and healthy!**

# Upcoming Events

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## Trailhead Stewardship Program—volunteer opportunity

The ADK is taking a leadership position through hiker education with trailhead stewards at the High Peaks Information Center and Heart Lake, helping hikers make good hiking decisions for an enjoyable and safe experience while helping to protect the forest preserves' unique environmental resources. Stewards are needed for weekends in May, June, September and October, and full weeks during July and August. You must be 21 years or older. ADK will provide training, mentoring, food and lodging for you and a companion.



For more information contact: Jim Schneider: [metadataajim@gmail.com](mailto:metadataajim@gmail.com)

## Ididaride 2020

Sunday, July 26<sup>th</sup>

This year the long ride has changed to a 55-mile route that passes Brandt and Schroon Lakes and goes through the villages of Adirondack, Pottersville, Olmstedville and North Creek. The off-road 23-mile ride remains the same. Live music is planned for the pavilion BBQ from 1-4pm. We will again be recruiting volunteers to help support the event. If you are interested in volunteering contact Anne Bernat at [annebernat@icloud.com](mailto:annebernat@icloud.com) or 518-251-2354. If you are interested in participating in the bike tour register at [adk.org/ididaride](http://adk.org/ididaride) or call 800-895-8080 ext. 42. Additionally, individuals and businesses are invited to join the ADK sponsors. Interested? Check out [adk.org/sponsor-an-event](http://adk.org/sponsor-an-event).



## Annual Meeting

August 8, 2020

The Cold River Chapter Charter was approved by the ADK on January 27, 1968. We missed our 50th Anniversary, so this year we are celebrating our 52nd!

Our Annual Meeting will be held on Saturday, August 8th, from 12:00 to 4:00, at the Minerva Recreation Center on Beach Road in Minerva. We are encouraging all past members to join us and bring any photos of outings from the past to share. The main course will be catered. We suggest you bring an appetizer or dessert. Water and seltzer will be provided. BYOB. Cost: \$5.00 per person.

For more information, please contact: Rose Cooper, [rosecooper2@gmail.com](mailto:rosecooper2@gmail.com).

## Holiday Dinner

### December 2020

SAVE the DATE for our annual holiday dinner at Garnet Hill Lodge on December 10, 2020. It's not too early to book your room, especially if you like staying in the main lodge. Remember that your room includes Nordic ski and trail passes as well as a hearty breakfast. Call (518) 251-2444 for information and to book your room. RSVP by December 3, 2020.



# Something Fun!

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One of our members created this Word Search as a diversion for us while we are staying home.

V I E P D C R A N B E R R Y L A K E F I F T Y W O  
E N G V N B G N W I A D I R O N D A C K B L U E F  
N D N M O W B J X A D I R O N D A C K Q U E S T I  
I I E H B V E N R T I U S R U P E L D D A P C G R  
N A L L A K E G E O R G E T W E L V E S T E R O E  
Y N L T G P S K N F O U R T Y S I X E R C G U I T  
T L A A A Q O T D Z N F H F X U T U W C I N P T O  
N A H D V P P T A S D Y J K L X E H C I D F L V W  
E K C I K O H D I G A Z A B Q Y J S O T O N I W E  
W E B R C L S O R V C W S W K Z D V H B N H B L R  
T C M O A L H W T U K J E T A I L E Q Q B X R L C  
K H O N D C Q E R U F M H X X Q L N H O I W L Y H  
C A C D N A T C E F I R T N I A H C N O T L U F A  
A L W A O A Q W P U F M I S K V R Y J K S A Z H L  
D L E C R F K N P X T X Q E X T O L O X W L B B L  
N E N K I W J Z U O Y N C Z J W P Z W D R L S E E  
O N L S D B L L T I W H H S K V N J H P G Q Q N  
R G L I A R T D I C A L P E L L I V H T R O N L G  
I E E X L Q S C Y L T S E H G I H D E R D N U H E  
D U N P A D D S L F E G N E L L A H C H A I R O M  
A W L A Q W R E S A R A N A C L A K E S I X E R X  
T L O C V U N D G U F L A K E P L A C I D N I N E  
V L K K E G N E L L A H C L L A F R E T A W B Z J  
Q Y B H E E G N E L L A H C R E T S E H C T V Q U  
S F H Z C A T S K I L L F I R E T O W E R S E X D

ADIRONDACKBLUE  
ADIRONDACKFIFTYWATERFALL  
ADIRONDACKQUEST  
ADIRONDACKSIXPACK  
ADIRONDACKTWENTYNINE  
ADIRONDACKVAGABOND  
CATSKILLFIRETOWERS  
CHESTERCHALLENGE  
CRANBERRYLAKEFIFTY  
FIRETOWERCHALLENGE  
FOURTYSIXER  
FULTONCHAINTRIFECTA

INDIANLAKECHALLENGE  
LAKEGEORGETWELVESTER  
LAKEPLACIDNINE  
MORIAHCHALLENGE  
WATERFALLCHALLENGE  
NEWCOMBCHALLENGE  
NORTHVILLEPLACIDTRAIL  
PADDLEPURSUIT  
ROUNDTHELAKECHALLENGE  
SARANACLAKESIXER  
TUPPERTRIAD  
HUNDREDHIGHEST

# CRC Membership and Connections

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## Membership Report

Membership Chair, Ellen C. Collins

**As of March 2020:**

Total Households: 298

Total Members: 526

Total Affiliates: 27



Gary and Lorraine Schiavi Chestertown, NY  
Lars and Alexis Cherichetti Wilton, CT  
Gary and Anne Hauf Rome, NY  
Ian Williams Schroon Lake, NY  
Paul Foley and Mary Stein Chestertown, NY

Ronald Semp Craryville, NY  
Eliza Coleman New York, NY  
John Brennan Bethesda, MD  
Max and Christa Corbett Altamont, NY  
Rene Stephenson Pottersville, NY

### NEW AFFILIATES

Susan and Mitchell Cohen Saratoga Springs, NY  
Anette Romano Clifton Park, NY  
Marie Naple Wells, NY  
Deborah and Gary Karl Adirondack, NY

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Our CRC web address is: <https://www.adk.org/adk-chapter/cold-river/>

Stay in touch: Greg Schaefer and Rose Cooper, our co-chairs, may be reached at [greg.schaefer@frontier.com](mailto:greg.schaefer@frontier.com) or 518-251-5451 and [rosecooper2@gmail.com](mailto:rosecooper2@gmail.com) or 914-844-3078.

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