

# Black River Currents

A PUBLICATION OF THE BLACK RIVER CHAPTER  
ADIRONDACK MOUNTAIN CLUB

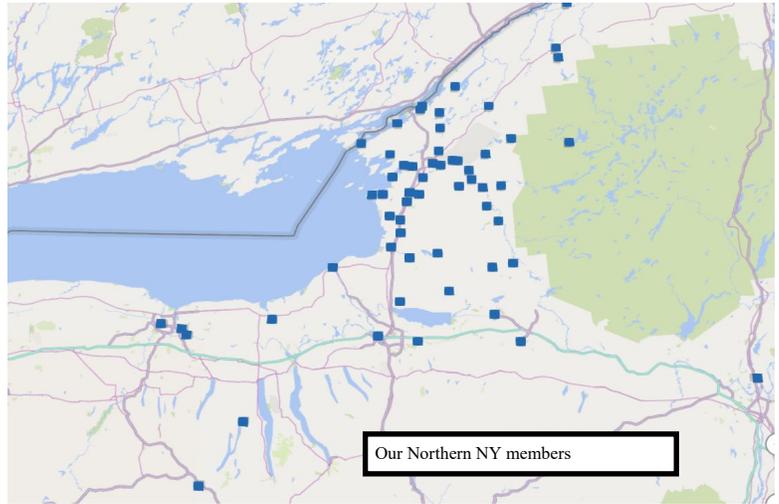


Adirondack  
**ADK**  
Mountain Club

SUMMER 2021  
Volume 30 Issue 2

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## About Us

The Black River Chapter of the Adirondack Mountain Club is composed of members primarily in Jefferson and Lewis Counties. The region includes Eastern Lake Ontario shoreline, the Northern portion of Tug Hill, the Black River Valley, and the Western edge of the Adirondack Mountains.

The club offers something for everyone, from active support for conservation to a variety of outdoor activities and social events. Outings include hiking, canoeing, cross country skiing, and other outdoor activities. We also have social events such as chapter picnics and dinners. You do not have to be a triathlete or drive long distances to enjoy many of our activities. Hikes range from short, easy walks to more difficult high peaks climbs. Many activities are local - not all require a long drive to the Adirondacks.

FOR MORE INFORMATION, See us at <https://www.adk.org/adk-chapter/black-river-chapter/> or on Facebook at: Black River Chapter of the Adirondack Mountain Club



## Cover Photo

May/June 1995 Ribbon Cutting Dedication for the new Inman Gulf Trails from Adirondack Magazine. Joe Coughlin, Jr, Clara Bingham, Verena (Rena) Young and David Larrabee (DEC Ranger).

## Membership

In the month of March we picked up 12 new members in March. Interestingly, even during the COVID-19 pandemic, overall membership is up as per Jules Greiner, ADK Membership Director. See the table showing the distribution of memberships and number in each category. Total ADK club membership is 28,460. Of the total of 28 chapters, the Black River Chapter is about as big as the Susquehanna club and we're now number 23 on the list. In the last summer issue, our chapter membership was reported as 258.

Our membership committee is anxious to bring new members on board. Please contact Marie Steinbeck at [mjstbeck@aol.com](mailto:mjstbeck@aol.com) for membership information.

March 2021			
Adult	66	Student	2
Family	43	Staff	0
Senior	38	Total Households	177
Senior Family	26	Spouses/Partners	71
Life	0	Total Voting	248
Life Family	2	Children	27
		Total Members	275

If you are interested in any event, **CALL AND CONFIRM**, as the COVID-19 is affecting schedules.

Next newsletter deadline  
 August 1, 2021  
 Color copies only available by email

# Chapter News & Information

Currently the Black River Chapter is working on a number of great projects.

- 1) A new sign at Thompson Park for the Olmstead Trail.
- 2) Looking at the costs to print the newsletter, is there something we can do to reduce costs?
- 3) Ron Filhart and Cindy Stewart are now engaged in the reorganization of the Adirondack Mountain Club-Advisory Council
- 4) Continuing our effort to provide educational information every other month, between our Chapter Meetings.
- 5) Kerry Palmer is doing an awesome job communicating via Facebook, which seems to get a lot of attention.
- 6) Linda Burns, Publicity Chairperson is joining forces with Kerry to include social media.
- 7) A Nominating Committee will be assembled to provide great candidates for various positions in the upcoming 2022 calendar year.
- 8) A committee will be formed to get ready for our Annual Meeting, which this year will be a luncheon instead of a late night out.
- 9) During the recent First Spring Hike up Mount Arab, we had a great article in the Watertown Daily Times, Sunday edition (3/21) in both the front and back of Section B.
- 10) Also a great video was produced by Watertown Daily Times, where our PR Chairperson, Linda Burns, explains the origin of the name of Mt Arab, while a drone flies around the fire tower.
- 11) Many are enjoying the Tupper Lake Triad Paddling program. The last part of that challenge is upcoming in June.
- 12) Several of the Charter Members from 1978 are helping share what they have done and share their experiences. Last month David Larrabee was recognized for his long standing contributions. This month we salute another outstanding member; Clara Bingham.
- 13) We continue to receive compliments on the energy our chapter is developing and drawing a lot of interest in new membership. It's your smiles and involvement that shows.
- 14) Consider a future event that we can offer or help you lead. Share your thoughts with any board member.



Many of our events are suitable for young adults. Some events are not suitable for younger children. Feel free to discuss this when calling to confirm your interests in any event.

Be sure to join us on National Trails Day, June 5th, 2021

Join in, we could use an extra hand...

.....ADK/Black River Chapter Board

## From the Editor

Over the past few months, our chapter has received a lot of recognition for what we do and the amount of activities we have conducted during the pandemic. We remain aware and safe so far. Keep up the great work of wearing masks, keeping socially distant and get the vaccine.

The recognition of our outstanding members and Chapter Charter Members helps to bring back fond memories to those that have moved away, those that have retired or those that just cannot get out on the trail. We also hear great stories from those that can join us and share the rich history of the Black River Chapter.

There has been so much done, developing trails, supporting work events and sharing our efforts with other groups. We must not stop, forget or give up. But also extend thanks to those that have helped us enjoy the outdoors, learn from their experience and be aware of the surroundings we have.

Our newsletter was presented to a new NY ADK chapter newsletter editor with the comment..."we want ours to look like theirs." meaning this one.

Many members feel, that with the format of the Newsletter and information contained within this helps energize and keep people interested in helping with the ADK and our chapter.

For the summer, consider the Adirondack Ididaride or for the fall, join us and the Onondaga Chapter with the ADK Fall Weekend event in September.

Our general meeting speakers are very excited to speak with us and share something new that we can learn from.

If you are interested in more activities within the Adirondack Park, please feel free to contact our Outings Director, Cindy Stewart or Education Chairperson, Jesse Irwin.

The Black River Chapter is not one of the oldest, but actually one of the newer ones

that was established in 1978/79. They started with about 38 people and today there are still about a dozen or so still alive today.

The Black River Chapter retained great records from 1979-199 of both meeting minutes and newsletters. We are short a few years and to continue this rich history. If anyone has a collection for 2000 onward, please let me know. This request is for meeting minutes and newsletters during this time frame. Upon receipt, they can be scanned and saved electronically for future use.

If you have any photos from past events that you'd like to share, please forward them on to me and I'll find a way to present them.

Thank you all for what you do. It's honorably appreciated. Feel free to let me know what's on your mind. I'd enjoy hearing about your ideas and thoughts. ....that newsletter guy-Rich

# Spotlight: Black River Chapter & Clara Bingham

In this issue we highlight another long-time member of the ADK-Black River Chapter, Clara Bingham. Clara joined in 1982 just after the chapter was formed in 1979. When asked if she would mind if she could be our spotlight member for this issue, she was extremely excited and very helpful in providing the information below.

## Growing Up

*Growing up in the country in the Finger Lakes, I played in our orchard where the apple trees were real and in the woods where the sand fleas didn't bother me a bit. Becoming a junior nature counselor at 4-H and Girl Scout camps fueled my outdoor interests as well as skiing on staves (homemade skis) down the hill across the road which was fun, but not the walk back up the hill.*

*Post-college time of activities was also busy - marriage, raising a family, earning a student pilot's license (Cessna 172), substitute teaching, teaching piano students at home and becoming a music*



*director for 14 summers at a camp in the Adirondacks.*

*After the Blizzard of '77, seeing a gentleman skiing down the road pass our house outside of Carthage, I got my first set of real XC skis (wax less) and joined the Tug Hill Trekkers which inflamed my love of the sport and a future collection of five different types of XC skis.*

*After receiving an education degree in the late 70's at Crane School of Music, SUC Potsdam where I was also an adjunct piano professor, my career started as an instrumental and band instructor in the early 80's.*

## Joined ADK

*Needing more stress-reducing activities, I returned to alpine skiing as well, where I learned about the local Adirondack Mountain Club which I joined in 1982 shortly after it was formed in 1979 when I began skiing passionately.*

*Getting in what I thought was top skiing form, I was going to register for the Tug Hill Tourathon 50K XC Ski Race. However, I was invited to attend a Tourathon meeting as the club was just beginning to get off the ground, which I did, becoming a Board member and ended up working many aspects of the races (never did race), then became a NYS Ski Racing Official working World*

*Cup Races, Biathlon Races, the Loppet, NYSSRA Nordic Empire State Winter Games and Junior National Qualifiers at Van Hoevenberg in Lake Placid, usually at the Finish Line.*

*To continue my love of competition and XC skiing, after many classes and a 40-page exam (or maybe my answers took up 40 pages), I became certified internationally as a FIS (International Ski Federation) official, so was able to work the course at the 2002 Olympic XC Skiing Competition at Soldier Hollow in Utah. Out of 210 officials, there was only one other female who was FIS certified, so that made us feel pretty special.*

## Chapter Involvement

*Enhancing my love of the outdoors and becoming very active in ADK, as a Director I reached out to nearby chapters and worked with our members and Iroquois and Onondaga Chapters to vary our activities which were many: XC skiing, hikes, mountain climbs, gulf hikes, treasure hunts, water fall hikes, Great Camps, igloo-building, bike trips, cottage picnics with fishing, sailing, canoeing and kayaking, beach and highway clean-ups, old mines, antiquing, Herkimer Diamonds, ropes courses and on and on, in and out of our area. Now as we drive on different highways, especially Rt. 81, we see mature trees we planted with scout troops to help banish white-out situations.*



*Lists of trips, leaders, outings, innings and offices from 1979 to 1998 are in a notebook as are all the newsletters from the same years that I organized before I "retired" from the Board.*

*Serving in almost all capacities on the Black River Chapter Board throughout the years and happiest in the woods, I helped, as did others, mark, cut and sign trails in Tug Hill Winona Forest, the John Young Nature Trail and Jeff 3 (Barnes Corners), the Adirondacks, Chaumont Barrens, Grindstone Island, Carpenter Rd, Centennial in Brantingham, Poor's Island, Wiley and Ramada Inn in Watertown and Theresa and Carthage - just getting in the woods to relax.*

## DEC Task Force

*Attendance at DEC Task Force meetings (beaver, deer and cormorants) as an ADK member and a "Tree Hugger" was one of my favorite activities where I was usually the only female at the meeting which caused great concern among the men in the group. At one of the deer meetings - the leader was worried and asked if I could handle the situation. I told him I certainly could*

# Spotlight: Black River Chapter & Clara Bingham

and after I produced my hunting license and pistol permit, we all got along fine. (No, I've never used them).

## 10th Mountain Division Fort Drum

We had a huge group of excellent XC skiers in the 80's and 90's. The commander of the 10th Mountain Division joined us on a trip and decided that it would be good training for his troops. Yes, we had to wait for some of those fit macho men who thought our outings would be wimpy and boring. They soon found out differently and our outings were incorporated in their workouts which were a lot of fun.



I also worked with the recreational department on Fort Drum which brought more enjoyment on our outings. A lot of families joined us, climbing smaller mountains like Bald Mountain with the Rondaxe Mountain Fire Tower, hiking to Falls in the area where we listened to young ones singing "Bob, Bob the Builder" to the falls and back, over and over again. As a leader with varied ages in our trips, I earned a "Wilderness First Aid" certification, which was a bit different as I was usually the lightest person in the group and was put over "the edge" in a hammock, so people could rescue me. That was quite an experience...

Early in the 90's, to present better outings, as a director I spent many hours with our members organizing an ADK Leadership Weekend on Wellesley Island for all group leaders in the North Country with people attending from Potsdam to Syracuse. Among some of the things our guest speakers covered were planning, leading, DEC laws, equipment, compass and map readings, first aid and fire building.

## Rails to Trails

ADK's longest effort was the "Rails to Trails" Huntington to Black River Trail instigated by Dave Larrabee under the directorship of Don Hoffman in the 80's, continued during my directorship in the 90's, and finally brought to completion by Dave Larrabee in the 00's. We had cleared the complete section and were ready to move forward when the "Microburst" hit, so cutting and clearing was quite an undertaking again. Getting permission from the county, state, town, DEC, DOT, private landowners (even across the river) and many other organizations just took a tremendous amount of time and meetings.

## International Effort

While teaching and realizing some of our pupils were leading pretty sheltered lives, I co-led trips for students to Mexico, Costa Rica and major cities in Eastern United States and Canada, be-

sides teaching XC skiing after school. Their favorite local trips were to Beaver Camp (ropes course) and camping in the Adirondacks, climbing (mainly Regis and Ampersand) and visiting sites in Lake Placid.

## Retirement

After retiring in 2000, my husband and I started performing in the Clayton Community Band and the JCC Wind Ensemble and Orchestra. I also joined the NYS Zoo at Thompson Park as a docent (educational volunteer) starting my work there with snakes and ending up acting out the butterfly metamorphic cycle with grade school students. International travel has enhanced my outdoor explorations from hiking at Machu Picchu in Peru, on glaciers in Iceland to tenting in the Sahara Desert in Morocco and sleeping in tents with noisy animals all around us in the Serengeti National Park in Tanzania, Africa.

Clara participated in Inlet's One Square Mile of Hope in 2014.

*Nature has certainly afforded a "good, enjoyable life".*



Clara looks onto Lake Ontario from the Chimney Bluffs-1994

## Today

Today we thank Clara for all that she has done and shared with others in the Black River Chapter.

She remains actively involved in providing some insight on more of the history of the Black River Chapter and finding many of the Charter Members of the Chapter.

There is no doubt in my mind, that she would be willing to answer any questions or help in any way. You can contact her at email: cbing88@gmail.com

# Upcoming Chapter Outings 2021 June-August

## June

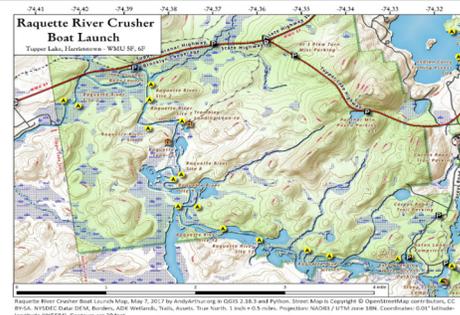
### MEET THE PRESIDENT- ADIRONDACK FORTY-SIXERS, INC.

**June 3rd, Thursday.** Incoming President, Laurie Rankin and current director, Joe Ryan, will update us on some of the best ways to start hiking the 46 high peaks, trail crew work programs and Leave No Trace (LNT). This will be a ZOOM Call. Please watch our Facebook Page or Contact Rich at 267-218-0921 or email ross97@gmail.com for additional details. The outgoing president Siobhan Carney-Nesbitt, worked with our chapter in the Baker Woods Preserve Clean up detailed in the Backtracks section later in this Newsletter.

Continuing with the Tupper Lake Triad, this one will complete your challenge

### #3 RAQUETTE RIVER BOAT LAUNCH (THE CRUSHER) TO BIG TUPPER BOAT LAUNCH

**June 5th, Saturday.** Enjoy a day paddling downstream on a popular, scenic portion of the Raquette River, where the slow current makes for a gentle trip. The views are excellent as you wind through twists and oxbows. Start at the Raquette River Boat Launch on Route 3 (locally known as "The Crusher") and leave a second car at the Tupper Lake Boat Launch to make it a one-way trip of 7.75 miles! Leaders Jesse Irwin (518) 366-2223 & Linda Burns (516) 662-5020. Please call for specifics. We will meet at the Raquette River Boat Launch (The Crusher), time to be determined, and need to shuttle cars to Big Tupper Boat Launch. Trip Rating B.



### CHAUMONT BARRENS WITH CINDY & DOREEN

**June 6, Sunday.** Chaumont Barrens is a family friendly hike of 1.7-miles filled with educational stops and birding. There's so much to learn within this unique area of fossilized bedrock with it's deep fissures, rubbly moss gardens and rare plant communities. Hopefully we will see the prairie smoke wildflower in full bloom. This is our fifth annual bicycle/hike.

Walkers meet at 1:00 pm in the parking lot at 29924 Vanalstyne Rd. Chaumont. Bicyclers meet at Brownville town Office at 12 noon. We will bicycle 9 miles just in time to meet up with those that are only hiking. Let Doreen (315-778-6895) know if you are interested so we can better plan for this popular event. Hike is rated C-easy and Bike is rated B-moderate (mostly flat 9 miles each way).



The ADK/Black River Chapter continues to support and assist the Tug Hill for Tomorrow Program. There will be eight opportunities for you to get involved this summer via Workdays on Tug Hill with Cindy.



### #1 VOLUNTEER TRAIL WORKDAYS ON TUG HILL WITH CINDY

**June 11, Friday, 10:00 am - 2:00 pm.** Would you like to be part of history? This summer and fall we have a number of trail work days planned to continue the work on the first ever 20-mile Traverse Trail, in the Heart of Tug Hill. It's a fun way to spend some time with family, friends, or co-workers, get outside, and get your hands dirty. Contact Cindy to register and get the meeting place at email: cindykaystewart@yahoo.com or 315-405-2195 (text or call).

### FLAT ROCK PADDLE WITH LINDA

**June 12, Saturday, 10 am.** Paddle Flat Rock Reservoir – Paddle this pretty reservoir from end to end, each ending in small rapids. We will meet at the reservoir parking lot at 10:00a. We will lunch at the huge boulder in the middle where we can also go for a swim. Then continue to the opposite end of the reservoir. Plan on 3-4 hours. Rating C+. Call Leader Linda Burns to confirm 516-662-5020, or email: lindaburns2020@yahoo.com. Inclement weather cancels. 3147 Rt 3 Oswegatchie.

<https://www.google.com/maps/place/Flat+Rock/@44.2213425,-75.0782848,15z/data=!4m5!3m4!1s0x0:0x8907f5c8afb8229e!8m2!3d44.2213425!4d-75.0782848> Also a great link for Paddling Safely at : <https://www.watersportsfoundation.com/programs/increasing-awareness-of-paddle-sports-safety/>



If you are interested in any event, **CALL AND CONFIRM**, as the COVID-19 is affecting schedules.

# Upcoming Chapter Outings 2021 June-August

## #2 VOLUNTEER TRAIL WORKDAYS ON TUG HILL WITH CINDY

**June 19, Saturday, 10:00 am - 2:00 pm.** Reservations Required. Would you like to be part of history? This summer and fall we have a number of trail work days planned to continue the work on the first ever 20-mile Traverse Trail, in the Heart of Tug Hill. It's a fun way to spend some time with family, friends, or co-workers, get outside, and get your hands dirty.

**June 20th, Sunday** Father's Day

## GRASS LAKE PADDLE & ISLAND HIKE WITH CINDY

**June 26, Saturday 10am.** Grass Lake borders the Grand Lake Reserve in the Indian River Lakes area. Located on the county line between Jefferson and St. Lawrence, it's a destination that is worth the drive. Remote, quiet, and peaceful, expect to see loons, blue heron, osprey and eagles. We will paddle the lake, then visit the Marc A. F. Baker Island Preserved for a 2.5-mile hike around the island. Bring sunscreen, bug dope, lunch/snacks, and shoes for hiking. Maybe stop for ice cream afterwards. Contact Cindy to register at [cindykaystewart@yahoo.com](mailto:cindykaystewart@yahoo.com) or 315-405-2195 (text or call). Trip rating C-easy for both the hike and the paddle.

## JOHN YOUNG NATURE TRAIL HIKE WITH RICH

**June 27th, Sunday, 10 am.** John Young Nature Trail is a 2.2 mile moderately trafficked loop trail located near Rodman, NY that features a waterfall and is rated as moderate. This trail winds along Inman Gulf. It was constructed by the Black River Chapter of the Adirondack Mountain Club in memory of a beloved member who spent many volunteer hours building and maintaining recreational trails. You will pass many interpretive nature signs and a picnic area with a swing and picnic table donated by relatives of John Young. Let's see what one of the original chapter paths looks like and note what trail maintenance and repair is needed. Contact Rich at 267-218-0921 or [Ross97@gmail.com](mailto:Ross97@gmail.com)



## July

**July 1st, Thursday,** Chapter Board Meeting, Call Rich at 267-218-0921 or email [ross97@gmail.com](mailto:ross97@gmail.com) TBD

## PINCKNEY STATE FOREST HIKE WITH RAY

**July 3, Saturday** At 10 am, Ray Spahn will lead a hike around the Pinckney State Forest, outside of Tylerville, on the 5-mile bike trail. This is a wonderful hike in a secluded forest that runs along several small gorges.

The trail is fairly flat. There is a 15-person limit. Call/text Ray at 315-286-4507 to reserve spot and learn of the super secret meeting spot. This hike is rated B.

**July 4th, Sunday,** Independence Day

## #3 VOLUNTEER TRAIL WORKDAYS ON TUG HILL WITH CINDY

**July 9th Friday, 10:00 am - 2:00 pm.** Would you like to be part of history? This summer and fall we have a number of trail work days planned to continue the work on the first ever 20-mile Traverse Trail, in the Heart of Tug Hill. It's a fun way to spend some time with family, friends, or co-workers, get outside, and get your hands dirty. Contact Cindy to register and get the meeting place at email: [cindykaystewart@yahoo.com](mailto:cindykaystewart@yahoo.com) or 315-405-2195 (text or call).

## FINISH THE TUPPER LAKE TRIAD HIKE WITH RICH

**July 10th, Saturday 10:00 am.** We did Mt Arab earlier this year. Let's finish the Triad with two more hikes. **Coney Mountain** - Enjoy superior views with little effort from Coney's rocky summit. Be sure to return in summer to enjoy some of the wild blueberries that dominate the open summit. Distance, one way: 1.1 miles | Elevation: 2280 feet | Ascent: 548 feet. **Goodman Mountain** - This mountain, named after civil rights activist Andrew Goodman, has it all: History, wheelchair accessibility for the first quarter mile, and great views from the summit. Distance, one way: 1.7 miles | Elevation: 2178 feet | Ascent: 581 feet.

We can easily do both peaks in one day and finished the Triad. Meet at Goodman Trailhead at 10 AM, bring a lunch and contact Rich at 267-218-0921 or [ross97@gmail.com](mailto:ross97@gmail.com).



## #4 VOLUNTEER TRAIL WORKDAYS ON TUG HILL WITH CINDY

**July 17th, Saturday, 10:00 am - 2:00 pm.** Reservations Required. Would you like to be part of history? This summer and fall we have a number of trail work days planned to continue the work on the first ever 20-mile Traverse Trail, in the Heart of Tug Hill. It's a fun way to spend some time with family, friends, or co-workers, get outside, and get your hands dirty.



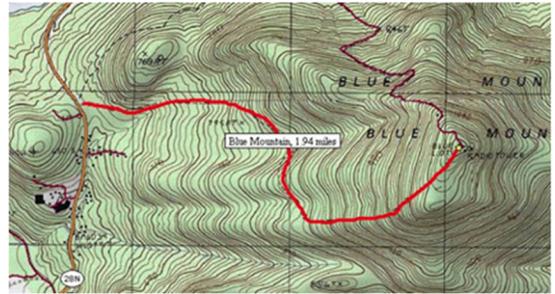
If you are interested in any event, **CALL AND CONFIRM**, as the COVID-19 is affecting schedules.

# Upcoming Chapter Outings 2021 June-August

## BLUE MOUNTAIN FIRE TOWER HIKE WITH JESSE

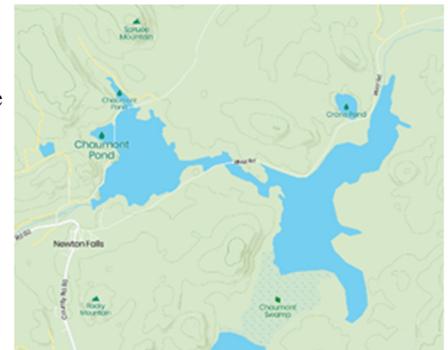
**July 18<sup>th</sup>, Sunday, 10:00 am.** Meet at the parking area at Blue Mountain Trailhead. From the trailhead we will come to an old access road which allows for easy hiking, but the trail quickly starts to gain elevation and crosses a very attractive stream along the way. The climbing really kicks in at about 1.25 miles and continues to be quite steep as it passes over open rock slabs. The best views are from the stairs on the tower itself, the cab of the fire tower is closed and locked. The old observers cabin is just over the rise. Be prepared for a hike in the Adirondacks, with backpack and gear for you to enjoy the hike. Total Distance: 4.0 miles, Elevation gain: 1,550 feet, Mountain elevation: 3,750 feet. Blue Mountain is part of the "ADK Fire Tower Challenge".

Contact Jesse at 518-366-2223 or email at [jirwin518@yahoo.com](mailto:jirwin518@yahoo.com)



## CHAUMONT POND PADDLE WITH LINDA

**July 24, Saturday, 9:00 am-** Chaumont Pond (aka Newton Falls Reservoir) Paddle. Explore the nooks and crannies of the Pond. Hopefully we will sight local wildlife. Plan on spending the day, 4-5 hours paddling. We will meet at the boat launch on River Road at 9:00am. From the main intersection in the Hamlet of Newton Falls follow River Road toward Cranberry Lake. Continue for around 2-miles for a small public launch area on the right. Rating B. Call Leader Linda Burns to confirm 516-662-5020. Inclement weather cancels. <https://www.cliftonfineadk.com/chaumont-swampandpond>



## ARTIST ON THE POINT BIKE RIDE WITH DOREEN

**July 31, Saturday, 9:00 am -** This is a 24-mile loop around scenic Pillar Point. We bike on Route 180 bicycle lane and the North and South Shore Roads on Pillar Point.

We will stop to enjoy the music, food and fun of the Rustic Golf Course's annual Artists on the Point show and sale. Meet at Brownville Town Office at 9am. Trip rating B- moderate. Call or text Doreen 315-778-6895.

## August

**August 1,** Fall Newsletter Deadline

## STONE VALLEY TRAIL HIKE WITH MARIE

**August 1, 2021, Sunday** Join us for a hike along Stone Valley Trail. This is a beautiful walk along the Raquette river. The Stone Valley Trail is a scenic trail offering great opportunities for waterfall viewing, wildlife watching, and learning about local history. Along the way, look out for several informational kiosks describing the natural surroundings and the history of the Raquette River. Multiple iconic North Country waterfalls, including "The Tubbs," are located along the trail. Most of the larger falls are located along the first 1.5 miles of trail from the southern (Colton) side of the loop. Many hikers opt for this shorter, but very scenic, out-and-back option. During the summer months, white-water kayakers can be seen braving the raging rapids through what is known as one of the most technical stretches of river in the Northeast.

We will meet at the southwest parking lot in Colton at noon. Take the first left off Main Street onto river street in Colton. Those who wish to do the full hike up 3.5 miles and back, can do that. Others may prefer to go part way and return. Bring snacks and plan on a leisurely afternoon.

The Stone Valley Trail is a cooperative recreational effort funded by Brookfield Renewable Power and coordinated by the Laurentian Chapter of the Adirondack Mountain Club. The hike is considered easy to moderate. Contact to Confirm with Marie at 315-558-8568 or email: [mjstbeck@aol.com](mailto:mjstbeck@aol.com).



If you are interested in any event, **CALL AND CONFIRM**, as the COVID-19 is affecting schedules.

# Upcoming Chapter Outings 2021 June-August

**August 5th, Thursday, 7 PM** General Chapter Meeting Speaker from The Wellesley Island Nature Center ZOOM CALL 7 – 8 PM, Additional details from Rich at ross97@gmail.com or phone 267-218-0921.

## LAKE BONAPARTE PADDLE WITH LINDA

**August 7, Saturday, 10 am** – Lake Bonaparte Paddle. From the boat launch, we will go to the right along the shore. Keeping right we will head toward Mud Lake and go up the finger to the Fort Drum Dam. Then we return the same way, but continue to the right and will stop at the beach area. We can take a refreshment break or swim. Depending on how the group feels we can paddle a bit further to a rock outcropping and then head back to the boat launch. Bring water, food, snacks. We will meet at the boat launch at 10a. Call Leader Linda Burns 516-662-5020., or email: linda-burns2020@yahoo.com. to confirm. Inclement weather cancels. Rating C+



## WOODHULL MOUNTAIN TOWER HIKE/BIKE WITH JESSE

**August 14th, Saturday- 9 am.** Located near Old Forge in the northwestern Adirondacks, Woodhull Mountain is unique in that it is not a very high peak but it is the longest fire tower trip, as there is a long, flat hike along an old railroad bed in approach to the uphill section of the climb. Distance: 15 miles round-trip, Elevation: 2,365 ft and Ascent: 1,000 feet.



The first 5 miles of the trail to Woodhull Mountain are mostly flat and along an old railroad bed. Depending upon the interests, the first portion of the hike can be done by biking. After these first five miles we'll pass a turnoff to Remsen Falls; continue along until we reach a bridge – the road ends and the hiking trail begins after the bridge. The trail will then be approximately another 2.5 miles to the summit. It is not very steep and climbs gradually to the top, which upon reaching we will be treated to a view of the Western Adirondacks. Feel free to climb the stairs of the fire tower for a slightly better view, although last we checked you could not go into the cab of the tower. The round trip is 15 miles and makes it a great option for those interested in doing something a little less typical than a straight hike. Woodhull Mountain is part of the "ADK Fire Tower Challenge"

Contact Jesse at 518-366-2223 or email at jirwin518@yahoo.com

## #5 VOLUNTEER TRAIL WORKDAYS ON TUG HILL WITH CINDY

**August 20<sup>th</sup>, Friday, 10:00 am - 2:00 pm.** Reservations Required. Would you like to be part of history? This summer and fall we have a number of trail work days planned to continue the work on the first ever 20-mile Traverse Trail, in the Heart of Tug Hill. It's a fun way to spend some time with family, friends, or co-workers, get outside, and get your hands dirty.



## #6 VOLUNTEER TRAIL WORKDAYS ON TUG HILL WITH CINDY

**August 28<sup>th</sup>, Saturday, 10:00 am - 2:00 pm.** Reservations Required. Would you like to be part of history? This summer and fall we have a number of trail work days planned to continue the work on the first ever 20-mile Traverse Trail, in the Heart of Tug Hill. It's a fun way to spend some time with family, friends, or co-workers, get outside, and get your hands dirty.



## September

**September 2nd, Thursday, -7 pm** Chapter Board Meeting ZOOM CALL 7- 8 PM

## #7 VOLUNTEER TRAIL WORKDAYS ON TUG HILL WITH CINDY

**September 10<sup>th</sup>, Friday 10:00 am - 2:00 pm.** Reservations Required. Would you like to be part of history? This summer and fall we have a number of trail work days planned to continue the work on the first ever 20-mile Traverse Trail, in the Heart of Tug Hill. It's a fun way to spend some time with family, friends, or co-workers, get outside, and get your hands dirty.



## #8 VOLUNTEER TRAIL WORKDAYS ON TUG HILL WITH CINDY

**September 18<sup>th</sup>, Saturday, 10:00 am - 2:00 pm.** Reservations Required. Would you like to be part of history? This summer and fall we have a number of trail work days planned to continue the work on the first ever 20-mile Traverse Trail, in the Heart of Tug Hill. It's a fun way to spend some time with family, friends, or co-workers, get outside, and get your hands dirty.



If you are interested in any event, **CALL AND CONFIRM**, as the COVID-19 is affecting schedules.

# Proposed Chapter Outings 2021 September-October

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## September & October

### PROPOSED TRIP TO JOHNS BROOKS LODGE

Please take a look at the website. <https://www.adk.org/stay/johns-brook-lodge/> We would be going in the "caretaker" season which means we would have to provide our own meals. We could plan as a group so that each person doesn't have to bring every meal. I'm proposing that we plan a 2 night stay in order to fully take advantage of the hiking opportunities and the comfort of the lodge. Please let me know if you are interested as this would include advance planning and coordination. Linda Burns 516-662-5020, or email: linda-burns2020@yahoo.com.

### PROPOSED CHAINSAW SAFETY COURSE

Please think about how many times you may have picked up a sharp tool and thought you were adequately prepared and protected from any danger. Not unlike mowing the yard or trimming a hedge. However, picking up a chainsaw can be significantly different. Picking up and operating a chainsaw is radically different in that the cutting tool is totally exposed, moving at a rapid speed and depending upon how you handle it, it can kick back and cause bodily harm. A small bush that needs trimming or a large tree that needs to be taken down requires the proper safety protection both from the saw and the item you are cutting. Many saws have safety equipment as part of the unit and should be kept in good operating condition. Let's consider hosting some classes to know the basic safety requirements and gear needed to use a chainsaw when cutting or maintaining a trail. If this is of interest to you please contact Rich at 267-218-0921 or email at ross97@gmail.com to see if we should set up some classes regarding the Game of Logging.

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## Upcoming ADK Outings 2021

### Virtual ididaride! 2021

ADK's 16th annual ididaride! will continue as virtual event this year due to COVID-19. We hope this will entice a greater audience to participate from wherever they live and ride, while still respecting social distancing protocols. Riders are encouraged to ride on their favorite routes or trails near their home or follow the routes originally planned for the in-person 2020 ididaride! (these can be found using the buttons above).

**Deadline to register is 5:00 pm Friday, August 27.** Ride anytime through Labor Day (Sept. 6). All finishers will receive an ididaride! event t-shirt, which will be mailed in mid-October.

To be included in this year's ididaride! Finisher Gallery, we encourage you to upload your route/distance using RidewithGPS or email, and to send a photo of yourself on your route wearing an event t-shirt, jersey, or including an ADK branded item such as an ADK t-shirt or water bottle. You can view our 2020 finishers through the button at the top of this page.

For more information, and to submit your photo and mileage, contact Laurie Schweighardt, Development & Operations Coordinator at 518-668-4447, ext. 211 or LaurieS@ADK.org.

Proceeds from ididaride! support ADK's mission to protect and advocate for New York State's wild lands and waters while also teaching people how to enjoy natural places responsibly.

### 2021 ADK FALL WEEKEND

**September 24-26, 2021.** Join us for this all-Chapter weekend filled with a diverse mix of activities and socializing! This year Onondaga Chapter is proud to be the host for this annual event.

We have three days of outings planned for you. Choose an outing each day from a full list of hiking, kayaking, biking, led by your own Onondaga Chapter leaders.

For all you goal setters we have included the opportunity to complete the Fulton Chain Trifecta challenge. There are also some fire towers for those of you working on the ADK Fire Tower Challenge. Or maybe you will choose to hike a section or two of the North Country Scenic Trail or explore Pigeon Lake Wilderness for which Onondaga Chapter is the unofficial caretaker.

On Friday night we think you will enjoy listening to Gary Lee, a local naturalist and retired Ranger, who will give an informative talk about the birds, plants, and animals of the ADK.

Saturday, be sure to save some of your energy to tap your foot or dance the night away while enjoying an eclectic mix of acoustic music from Annie and the Hedonists. Both nights plan to arrive at event headquarters by 5PM to catch up with old friends and make some new friends!



# Upcoming ADK Outings 2021

Pre-Registration for this event is required, visit our website to register today! <https://www.adk-on.org/fall-weekend/>

Guests and volunteers will need to arrange for their own accommodations. A list of motels is provided. Campsites will be available at



Nicks Lake and Eighth Lake. Our outings will leave from the recreation center, meals will be catered at the recreation center and programs for Friday and Saturday night will also be held at the center.

Join the camaraderie of like-minded ADK friends and soak up the Fall ambiance of the Adirondacks.

Event Headquarters: George T Hildebrant Recreation Center, 201 North Street, Old Forge, NY 13420. Catered meals will be available for pre-purchase at registration. Or you can bring your own! Arrange your own accommodations as soon as possible.



## Dave Larrabee-Trails & History

Sorry I'm a little late on this history. In 1955 I went to a prep school in ME and really got into XC skiing, entered lots of races, but only won in 3rd place. We had the state's #2 skier on our team too and an Olympic skier as coach. When I came home I found some old XC equipment and used it around Watertown. Two older gentlemen asked if we'd come (two of us) to Quebec north of Ottawa to build a trail connecting two lakes; That was fun. Somewhere around here I joined the local downhill ski patrol and volunteered there for 54 years.

While in Wells for 7 years, where I started my employment as a Forest Ranger, skied down hill at Gore M on patrol and at local hills. I developed two multi-duty trails near Wells also. Before the trails were developed around Barnes Corners Tom Walker and I started a group (Tug Hill Treckers) of skiers who needed a guide for 30 to 40 skiers looking for possible ski routes.

Sometime I spent cutting a trail behind Ramada Inn on a new trail about two miles long. I think we had a couple races, even had a contestant who was blind. New Inn construction wiped out that trail. I also gathered around 20 to 90 skiers every year for about 50 yrs to join me on XC skis North of Ottawa to a resort north of Montebello for a three-day weekend. Then I got involved with two other XC skiers who organized the XC ski club below Lorraine; which in later yrs became what there is today with a name change down the road into (Winona Forest).

I probably used a chainsaw on all those trails and always needed volunteers scurrying behind me, clearing out the brush. I could always rely on Clara Bingham to clear it away. It was a ton of work, but necessary. I have added a bit of trail work on several other trails. Since those long ago years, many more volunteers have come and gone. The Winona crews have added to the list of cutters. DEC has added an enormous amount of equipment to the huge project and without this help those trails would be only a dream. ....Dave

Feel free to contact Dave for additional details.



# Backtracks 2021

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## March

### ROBERT G WEHLE STATE PARK SNOWSHOE

**March 7th, Sunday 12 PM** Twenty people (ages 20s to 80s) showed up to undertake a snowshoe trip on the Snake Foot Trail, in Robert G Wehle State Park at Henderson Harbor, NY. Due to icy conditions we did not use snow shoes. We wore boots with traction devices. The area along the river edge was very icy.

Our trail scout recommended that we avoid a particularly treacherous area. Some people did not take this advice. By proceeding carefully, we were able to enjoy the scenery very much and no one fell. Micro spikes were required for that section.

Photo courtesy with Permission of Kathryn Muschell at February 14, 2019



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### FIRST DAY OF SPRING HIKE

**March 20th, Saturday**, several ADK members from near and far joined in for the first hike of spring climbing Mt. Arab. Mount Arab, sometimes known as Arab Mountain, is a mountain located in the town of Piercefield, New York, in the northern part of the Adirondack Mountain Range. Elevation 2546 ft.

We had about a dozen people and much to our surprise a photographer (with drone) and writer from Northern New York Newspapers, join in the hike. You may have seen this event posted in Section B of the Sunday edition of the Watertown Daily Times. Linda Burns was able to describe how the mountain received its name which played on a video also published by NNY360.

You can find both the article and video by searching for: **[Black River ADK celebrates first day of spring with a hike up Mt. Arab \(VIDEO\) | Lifestyle | nny360.com](#)**



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### CHIMNEY BLUFFS & WHISTLEWOOD HIKE TRIP W/TRAILWORKS Inc.

On **Saturday, March 27th**, nineteen hikers joined together for an early spring hike at Chimney Bluffs and Whistlewood. The parking lot filled quickly at 10 am with travelers from as far away as Harrisville, NY, to meet with many smiling faces to see Lake Ontario and the world-famous Chimney Bluffs. The event leaders, Nancy Snyder and Rich Ross, provided introductory remarks, pointing out the hazards of the trail, the need to stay on the path and observe the guidelines of Leave No Trace.

The hike began on the west end of the park where many could look out onto the lake and then headed eastward toward the Bluff Trail. While social distancing was observed, the troupe soon approached the Bluff and enjoyed the view. Several had seen the view before and for others, it was the first time. Mark DeCracker met the group after coming up from the east end of the trail and discussed significant items and answered several questions. This is a very short trail about 1 mile in length, 2-mile RT.

The hike returned via the Drumlin Trail south, then the East-West Trail, returning to the cars and lunch. Several enjoyed a Chicken Bar-B-Q put on by the Lakeside Riders/Snowmobile Club on the 104.



# Backtracks 2021

The group reconvened at the kiosk at Whistlewood after lunch. Several local people left after the morning hike and a few others joined in for the afternoon hike. After a few interesting points from Mark, they proceeded up to the top of the ridge and enjoyed the trek south through the woods. The main 1.25-mile loop is the site of a former Girl Scout Camp, now part of the NYS DEC Lakeshore Marshes Wildlife Management Area (Beaver Creek Unit).



This was the first event between two different hiking chapters with similar interests. We also wanted to thank Nancy Snyder and Mark DeCracker for hosting the Black River Chapter.

## April

### MEET THE MEMBERSHIP DIRECTOR OF THE ADK

**April 1<sup>st</sup>, Thursday, 7PM, ZOOM call.** Membership Director, Jules Greiner was our guest speaker. Jules provided some insight to the nature of the members of the ADK across the state and we discussed various ideas for expanding our chapter membership. Jules said she enjoys looking at the cross section and developing reasons why people join and the demographics. She reported that in the times of Coronavirus, membership actually increased.



### BAKER WOODS CLEANUP WITH LINDA

**April 10<sup>th</sup>, Saturday, 10 am** It was a beautiful day (hit 80 degrees) and perfect for the tasks Matt Carney, Baker Woods Caretaker, planned for us! To recap: There was weeding, planting, staining trail signs, painting picnic tables and benches, pulling invasive plants, and cleaning up trails on the Southern Trail across the river.

It was great to see groups of 3, 4, 5, people come together to complete the projects while getting to know each other, have some fun, camaraderie, & laughs! I believe it was Clara who brought some perennials to plant. Ray & Cindy headed out to paddle across the Southern Trails. A couple of people replayed the restaurant scene from Harry met Sally while pulling out those pesky honeysuckle roots.

We started out the day with donuts, bagels, and apples, then signed up for our assignments. We worked 2 1/2 to 3 hours and I believe we completed each of our projects. Around 12:30p we broke for lunch and relaxed by the water, stood around and got to know each other better, and admired our work. Though we had planned to hike the trails after lunch only 2 brave souls took up the challenge - Carol Riv-



ers and her daughter Crystal.

See also the thank you note in the Chapter Mail Section.

### WELLESLEY ISLAND WITH RICH

**April 17<sup>th</sup>, Saturday,** Rich and Cindy led a hike for nine folks (Adults and children) at Wellesley Island from the Minna Anthony Common Nature Center onto the Cottage Loop Trail which loops around wetlands.

This was a very enjoyable trip for many first time hikers who were on the constant search for frogs and salamanders .



# Backtracks 2021



## STREETER LAKE AND THE SCHULER TRACT AT ALDRICH WITH LINDA

**April 24th, Saturday** Street Lake Hike, Star Lake, NY. What a great day! And great company – we had a group of six and started out at 10:00am. It was 4 miles to the lean-to at Streeter Lake, through the Aldrich wild forest, where we stopped for lunch and walked down to the beautiful serene lake. After meandering about looking for the Schuler Mausoleum and not finding it we headed back on the trail for the return trip. Stopping at a cabin and talking to some locals we learned we were only about 1/8 of a mile from the mausoleum!! This calls for a trip back to Streeter Lake – but next time we'll paddle, as our exploring discovered the boat launch. In total we hiked 10 miles and were back in our vehicles about 3:30pm..

## MAP & COMPAS WITH JESSEE

May 1st, Saturday 10 a.m. Just after a short snow accumulation, 29 people met at the DEC Demonstration Center in Lowville to attend an outstanding workshop put on by Jesse Irwin, Education Committee. Skills covered included basics of map reading, using a compass to shoot bearings, learning the length of your pace. Compasses were provided in preparation for a competition to locate different checkpoints as they made their way around this neat little network of trails. Other topics such as what to do if you became lost and how to responsibly use some of the various phone applications for navigation were addressed. After the training everyone enjoyed a little lunch with burgers, dogs and drinks. The workshop was presented at no cost and everyone was encouraged to join ADK or donate to the Club.



# Chapter Mail



Working for  
Wilderness

March 24, 2021

Richard Ross  
Black River Chapter  
PO Box 156  
Natural Bridge, NY 13665

Dear Richard,

On behalf of the Board of Directors, the staff and volunteers of the Adirondack Mountain Club (ADK), please accept my sincere thanks to the Black River Chapter for its generous donation of \$25.00, processed in our office on 3/8/2021. Your annual support of our programs is essential and very important to us. The funds are noted as being made in memory of Linda Gravelle Nichols, per your wishes.

The Club's successes in educating the public about ADK's mission—to promote and protect the New York State Forest Preserve, parks, other wild lands, and waters—are due in large part to the support we get from our chapters. We are very fortunate to have such a strong partnership with the Black River Chapter.

Your contribution helps to make all of our programs stronger for all ADK members and Chapters statewide. Thank you for both your chapter leadership and continued financial support.

Sincerely,



Michael Barrett  
Executive Director



Karim Becker  
Development Director

cc: Chapter Treasurer and Co-Chair

ADK is a qualified not for profit organization under IRC Section 501(c)(3).  
No gifts or services have been given in exchange for this gift.  
Contributions to ADK are tax deductible to the extent allowed by law.  
Please retain this letter as a receipt for IRS purposes.

ADK | 814 Goggins Road | Lake George, NY 12845 | 518-668-4447 | ADK.org



4-18-'21

DEAR Rich, Linda & BR ADK —  
The April 10, 2021 BWP Stewardship event was wildly successful thanks to the BR ADK! All tasks, including the invasive honeysuckle tug of war were met w/ industriousness & great, good banter — Our thanks to Linda & the BR/ADK for a morning very well spent —!

Sizinte —  
Wendy Carney  
& the BWP Stewardship team —

# Chapter Mail

# Activity Ratings

Wed, Apr 28, 2021 at 11:11 AM Siobhan Carney-Nesbitt wrote:

Hi Rich,

Let me just say, we recently had a WONDERFUL workday with members of the Black River Chapter at the Baker Woods Preserve. My dad (Matt Carney, #7602W) was THRILLED with the work that got completed that day (and I'm excited that we were able to get the trails across the river in good shape, being newer trails and the fact that they are less easily accessible, makes them a little harder to keep up, but having trail run over there twice already this season, and after the work day, all I can say is.... EXCELLENT!)

Be well, Siobhan Carney-Nesbitt, #5930W, President- Adirondack Forty-Sixers, Inc.



Bike Ratings		
Rating	Miles	Terrain
A	30+	Moderate to Steep
B	15-30	Moderate
C	Under 15	Flat to Moderate

Paddle Ratings			
Rating	Miles	Portages	Water Class
A*	12+	Long (1/2 mile+)	II+ (Whitewater)
B	6-12	Short	I (Moving)
C	Under 6	None	Flat
*Includes overnight camping			

Hike Ratings				
Rating	Effort Level	Elev. Gain (ft.)	Miles	Time (hrs.)
A+	Very Strenuous	4,000	10+	10+
A	Strenuous	3,000+	5-10	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	8-10	5-7
C+	Fairly Easy	1,000+	5-8	4-6
C	Easy	Under 1,000	< 5	< 5

## Executive Committee

Chapter Chair	Rich Ross	Harrisville	267-218-0921	<a href="mailto:ross97@gmail.com">ross97@gmail.com</a>
Vice Chair	Marie Steinbeck	Black River	315-558-8568	<a href="mailto:mjstbeck@aol.com">mjstbeck@aol.com</a>
Secretary	Wendy Newell	Watertown	315-782-3015	<a href="mailto:wendynewell@netscape.net">wendynewell@netscape.net</a>
Treasurer	Doreen Hanson	Dexter	315-778-6895	<a href="mailto:doreent@yahoo.com">doreent@yahoo.com</a>
ADK Director	Cindy Stewart	Adams	315-232-2263	<a href="mailto:cindykaystewart@yahoo.com">cindykaystewart@yahoo.com</a>
Chapter Advisors	Ron Filhart	Lacona	315-430-7034	<a href="mailto:rcfillhart@yahoo.com">rcfillhart@yahoo.com</a>
	Ray Spahn	Sackets Harbor	315-286-4507	<a href="mailto:spahn.ray@yahoo.com">spahn.ray@yahoo.com</a>
	Richard Roderick	Watertown	315-921-0099	<a href="mailto:richardroderick2@icloud.com">richardroderick2@icloud.com</a>

### Committees (Appointed)

	Positions			
Membership	Marie Steinbeck	Black River	315-558-8568	<a href="mailto:mjstbeck@aol.com">mjstbeck@aol.com</a>
Conservation	Marc Baker	Watertown	315-788-1566	<a href="mailto:dbaker382@yahoo.com">dbaker382@yahoo.com</a>
Trails	David Larrabee	Rodman	315-232-2111	<a href="mailto:david.s.larrabee@gmail.com">david.s.larrabee@gmail.com</a>
Newsletter	Rich Ross	Harrisville	267-218-0921	<a href="mailto:ross97@gmail.com">ross97@gmail.com</a>
Education	Jesse Irwin	Watertown	518-366-2223	<a href="mailto:jirwin518@gmail.com">jirwin518@gmail.com</a>
Outings	Cindy Stewart	Adams	315-232-2263	<a href="mailto:cindykaystewart@yahoo.com">cindykaystewart@yahoo.com</a>
Publicity	Linda Burns	Harrisville	516-662-5020	<a href="mailto:lindaburns2020@yahoo.com">lindaburns2020@yahoo.com</a>
Facebook	Kerry Palmer	Watertown		<a href="mailto:kerry232323@yahoo.com">kerry232323@yahoo.com</a>

## **ADIRONDACK MOUNTAIN CLUB**

Black River Chapter  
Publications Editor  
PO Box 156  
Natural Bridge, NY 13665



Please email the editor any questions, comments, and/or suggestions at [ross97@gmail.com](mailto:ross97@gmail.com)

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WATERTOWN, NY

## **Upcoming Events**

- |  |   |
|--|---|
| <b>6/3 Meet the 46'ers President</b>     | <b>7/24 Chaumont Pond-Paddle</b>            |
| <b>6/5 Raquette River-Paddle</b>         | <b>7/31 Artist on the Point-Bike</b>        |
| <b>6/6 Chaumont Barrens-Bike</b>         | <b>8/1 Fall Newsletter Deadline</b>         |
| <b>6/11 Volunteer Trail Workday</b>      | <b>8/1 Stone Valley-Hike</b>                |
| <b>6/12 Flat Rock-Paddle</b>             | <b>8/5 Chapter Speaker</b>                  |
| <b>6/19 Volunteer Trail Workday</b>      | <b>8/7 Lake Bonaparte-Paddle</b>            |
| <b>6/20 Grass Lake-Paddle &amp; Hike</b> | <b>8/14 Woodhull Mountain-Hike</b>          |
| <b>6/27 John Young Nature-Hike</b>       | <b>8/20 Volunteer Trail Workday</b>         |
| <b>7/1 Chapter Board Meeting</b>         | <b>8/27 Deadline Register-ADK Ididaride</b> |
| <b>7/3 Pinckney Forest-Hike</b>          | <b>8/28 Volunteer Trail Workday</b>         |
| <b>7/4 Independence Day</b>              | <b>9/2 Chapter Board Meeting</b>            |
| <b>7/9 Volunteer Trail Workday</b>       | <b>9/10 Volunteer Trail Workday</b>         |
| <b>7/10 Coney/Goodman-Hike</b>           | <b>9/18 Volunteer Trail Workday</b>         |
| <b>7/17 Volunteer Trail Workday</b>      | <b>9/24-26 ADK Fall Weekend Event</b>       |
| <b>7/18 Blue Mountain-Hike</b>           |   |