

Footprints

Newsletter of the Adirondack Mountain Club
Foothills Chapter

Notes from the Foothills Chapter Vice-Chair

Changes in the High Peaks

The intense use of the route 73 corridor near Cascade Mt. has resulted in the closure of the parking lots on holiday week-ends and roadside parking is prohibited, leading to the eventual closure of the parking areas for good by October of 2019. The new trail to Cascade will add 4 miles to the round trip. As of Friday, Sept, 21, parking is also prohibited on the shoulders of both lanes of Route 73 in the vicinity of the Roaring Brook Falls Trailhead and the Ausable Club Road for safety reasons. On a recent trip to Hurricane Mountain we noticed the addition of more port-a-potties to address another problem of overuse.

Road repair was ongoing this summer on Gulf Brook Road causing the road to be open only on week-ends for recreation access. The road was reopened for a while and is now closed again except on week-ends while the work continues to provide better access to Boreas Ponds and LaBier Flow, as well additional parking. DEC also plans to establish and construct trails on up to 21 currently trail-less peaks.

Gail Livingston, Vice-Chair



Upcoming Events

Wednesday Oct. 10, 2018
ADK Foothills Meeting 7:00 pm

Monday, Oct 15, 2018
Adopt-A-Hwy Cleanup Rte 30
Wells

Wednesday, Oct 17, 2018
NPT cleanup

**Sunday Oct 21, 2018, (rain date:
Tuesday, Oct. 23)**
Irishtown Trail Maintenance

**Wednesday Oct 24, 2018 (rain
date: Thursday, Oct. 25)**
Bearpen Mountain

Wednesday Oct 31, 2018
Chase Lake

Friday-Sunday, Nov. 2-4, 2018
ADK Fall Work Weekend

Thursday, Nov. 8, 2018
Owl's Head Mt. & fire tower

Saturday, Nov. 17, 2018
County Line Lake

Friday, Nov 23, 2018 (Black Friday)
Rock Lake and Clockmill Pond

Wednesday Nov. 28, 2018
Prospect Mountain

Date- to be determined
High Peaks...



Events Details

Wednesday Oct. 10, 2018

ADK Foothills Meeting 7:00 pm at the Gloversville Senior Citizens Center.

Refreshments as always!



Monday October 15

Adopt-A-Hwy Cleanup Rte 30 Wells

Meet at entrance to the Sacandaga (Wells) Campsite @ 9am

We will be performing maintenance for our 4 mile section of Rte 30 as part of the NYS Adopt-A-Highway Program. Our efforts have paid off not only enjoying a drive along a pristine highway but people have noticed and commented on our efforts of the Foothills Chapter.

Meet at the Sacandaga (Wells) Campsite entrance and we will break up into groups and use the pulloffs along Rte 30 for people to park cars closer to where they are cleaning up. Our section runs from near The Alpine Grill just below the Sacandaga Campsite and runs north to St Ann's Church as you enter Wells. I have many orange vests but please also wear bright color clothes or orange vests so that you are visible to car traffic. I recommend pants tucked into boots. Please bring work gloves if you like wearing them. NYS DOT provides us with trash bags and I have plastic gloves. We will leave filled trash bags and large pieces of trash near the side of the road for the NYS DOT to pick up.

The Sacandaga Campsite is located approx 10 miles north of Northville, 4 miles south of Wells. There is a brown DEC campsite sign on Rte 30. Any questions contact

Marie Naple, marie.naple@usa.net, 619-518-3655.

Wednesday, Oct 17, 2018

NPT cleanup



Our chapter of the ADK has adopted the beginning section of the NP Trail from the Collins-Gifford Valley Road to the West Branch Stony Creek. We hope to concentrate on the farthest section of the trail, a distance of 4 - 6 Miles. Round trip 10 - 12 Miles. Loppers and bow saws are the tools of choice. Our chapter has tools available or bring your own.

Meet at the trail head on Collins-Gifford Valley Road at 8:00 am.

Contact one of the leaders to sign up:

Arlo Klinetob: arlok2@icloud.com, 518-842-4635

Marty Kested: mbkested@yahoo.com, 518-705-7799

Sunday, October 21, 2018 (rain date, Tuesday, Oct. 23)

Irishtown Trail Maintenance

This is a lovely trail that passes three ponds, a brook, and a waterfall. Trail work will include side-cutting and blow down removal. We'll spot a car at the Irishtown end, and start from the Stony Pond trail. Total distance: 6 miles. Tools will be provided, but you may bring your own if you prefer.

Rating: C+

Leader: Gail Livingston pepperjack@frontiernet.net or call 518-725-6202.

**Wednesday, October 24 (rain date: Thursday, Oct. 25)
Bearpen Mountain**



Let's go looking for some beautiful fall foliage in the Catskills. Despite its status as a Catskill 3500 peak, Bearpen Mountain is in the Northern Catskills and has three rather easy trails to its summit. There are excellent views to the north and northeast and down to the Schoharie Valley. We will be taking an old road up. We will have about 1,600 feet of elevation gain in 3 miles. We might even spot a car and take a different trail down.

Rating: B

Leaders: Nancy Buckley 518-863-6392 nancyb@aol.com

Kathy Miles 518-568-5372 kdmiles@frontier.com

**Wednesday, Oct 31, 2018
Chase Lake**

Join me in my Bi annual hike to the lean-to on the north shore of Chase Lake. This nearby trail is located in Fulton County. I will be checking the hemlocks for the hemlock wooly adelgid, which we don't want to find! The woods are very pretty along rolling terrain. I will provide a prize to the individual wearing the most unusual outfit.

5.6 miles

Rated C

Leader: Sharon Getman gogimpygo@yahoo.com or 518.673.5216

**Friday-Sunday, November 2-4, 2018
ADK Fall Work Weekend**

This annual work weekend at the Adirondack Loj fills up fast. Projects include work on\ The Trails Cabin, Campground Cabin, Staff Cabin, Old Washhouse, Wood Processing area, Tyler Cabin, Campground/HPIC host, HPIC, Shop, Campground, etc. Contact.

Thomas Andrews 315-339-3753 tjmz@ix.netcom.com

**Thursday, November 8, 2018
Owls Head Mt & firetower**

There are numerous Owls Head Mountains in the Adirondacks. This is the one with a fire tower near Long Lake. (Anyone pursuing the FT Challenge?)

The round trip is 6.3 mi on a well worn trail.

By climbing the accessible fire tower on the summit, you have 360-degree view of the surrounding hills and lakes. The remains of an old observer cabin add some historical interest as well. The elevation of the mountain is 2812 feet and the views are amazing, even without climbing the fire tower.

Elev. Gain: 1500 feet

Rated: Moderate

Leader: Jan MacLauchlin janmac48@yahoo.com or 518-993-4255

Saturday, November 17, 2018

County Line Lake

County Line Lake, which lies between Fulton and Hamilton Counties, begins with a warm-up climb and then levels off as it continues with views of Pinnacle Creek. The old logging road passes a couple of old foundations, vleys, and beaver dams. The road eventually becomes a narrow path which runs along a side hill. There is a climb towards the end before descending to the lake, then a short bushwhack to the lunch rock at the water's edge. Plan on 4 and a half hours hiking plus a half hour for lunch. 7 mi. round trip. To sign up contact the leader at

Rating: C

Leader: Gail Livingston pepperjack@frontiernet.net or call 518-725-6202.

Friday, November 23, 2018 -Black Friday
Rock Lake and Clockmill Pond



Let's walk off those mashed potatoes and pumpkin pie.

This is one of the many delightful trails off of the Powley Piseco Road , which closes to vehicle traffic Dec. 1- May 30. We will hike first to Rock Lake which requires a short bushwhack off of the trail to reach the shore line. Then we will backtrack along the main trail until we reach the intersection with the Clockmill trail and follow that to a site that has a large rock spine that reaches out into the lake and have our second break there before we return to the trailhead. Remember that it is hunting season so wear brightly colored clothing.

Notice: This hike is open to the first three friendly trail dogs whose humans contact the leader to sign them up.

Round trip distance: 5 miles.

Rated: C+

Leader: Kathy Miles kdmiles@frontier.com 518-568-5372

Wednesday, November 28, 2018

Prospect Mountain

The trail to Prospect Mountain follows the old tramway trail which was once the largest cable railroad in the world. We will begin by crossing I 87 on an enclosed footbridge. The first half is a moderate climb below the memorial highway. The later section is steeper but brings us to the summit featuring panoramic views of southern Lake George and a picnic area. We may spot a car so we can ascend a different trail to the Lake George Recreation Lands.

5.6 miles 1500' ascent

Rated B-

Leader Sharon Getman gogimpygo@yahoo.com or 518.673.5216.

Date to be Determined by Those Interested

Anyone interested in climbing some High Peaks?

We can start with Cascade and Porter Mtns
Contact Marie Naple marie.naple@usa.net





.....Tracking the Foothillers.....



Hurricane Mt North Trail **Tuesday September 11, 2018**



Despite prayers for a cancellation the hike to Hurricane was on! This was the first time any of us used the northern approach to this great peak. The first mile was pleasant walking on a wide flat trail. The remaining 2 mile ascent was gradual but rugged enough to know you were climbing a mountain in the high peaks region. The vast rocky summit did not disappoint. The views, warmth and satisfaction were our reward. We were surprised the tower and cab

were renovated and open. The key to a great day is to expect the worst of cold, wet and mud, to persevere and be gifted with the opposite. Hikers were Jan, Gail, & leader, Sharon with Piper.



Twin Mountain **Monday, Sept. 17**

Leader: Gail Livingston

If you like rocks, you'll love Twin Mountain. A rainy forecast for the original date forced us to do the hike a day earlier, bringing five possible hikers down to three. We started from the Prediger Road trailhead. The route up Jimmy Dolan Notch was strewn with rocks of all sizes forcing our eyes on the trail at all times. At the notch, we took a side trip to our first view, hoping to also see the bear cave I had read about. There were many possibilities as the huge boulders had many intriguing spaces between them. We continued on the Devil's Path to the view from the south summit and then on to the northern summit where we enjoyed lunch, the view, and a refreshing breeze. Now, Decision time. Do we stick to the original plan and go back the way we came, or proceed to the Pecoy Notch Trail so we can do a loop and also check out Dibbles Quarry, which I was hoping to do. Distance was the same, but the loop plan would add a two mile roadwalk to get back to our car. My friends, being good sports, agreed to the new plan. The Devil's Path continued to challenge us as we headed to Pecoy. As we descended we met a couple who were doing our route in reverse. They had ascended via the Pecoy Notch trail, but decided it was too steep to descend so were going down the Jimmy Dolan instead. *Hmmm*. The steep, tricky areas became readily apparent as we continued, forcing us at one point to remove our packs and relay them down so we could fit into the steep, narrow passage. Piper was also relayed! At a second point we had a choice between bad or worse. Jan and I took the bad, and Sharon took the worse with our support from below. Finally the trail became easier and less rock strewn than the Jimmy Dolan. Dibbles Quarry was a treat. The flat stones were used to make "thrones" from which to view the

beautiful Schoharie Valley. We continued on past an old beaver meadow and at the trailhead began the 2 mile trudge to the car. A long day, but I came away with a new appreciation for the beauty of the Catskills. Indomitable hiking partners: Jan MacLauchlin, Sharon Getman, and Piper.



Ticeteneyck Mountain **Monday, September 24**

Trip Highlights

- A bear bounded across the road in front of our lead car as we approached the trailhead
- We conquered the maze of old roads at the base of the mountain to reach the open-woods ridge to the summit
- Ticeteneyck has its own unique climate-cold, breezy with a low cloud ceiling while it was a crisp autumn day everywhere else in NYS
- We found the summit benchmark
- We had success exploring to the NW and SE of the summit to get the views-limited by the atmospheric conditions
- We hiked 3.5 miles with 1100+ feet of ascent
- There were yummy post hike treats
- We topped off the trip with a stop in Mt. Tremper where we experienced the World's Largest Kaleidoscope and we took a walk along the park-like grounds of the Emerson Resort & Spa.
- We made the mandatory stop at the Carrot Barn in Schoharie.

The leaders thank the participants for taking a chance on this un-scouted hike, new to all of us. Intrepid hikers; Bob B., Thora, Trisa, Sharon & Piper
Leaders; Nancy B., Kathy M.



Ticeteneyck Mt



Foothillers Family Picnic/meeting Wednesday Aug 8, 2018

The August meeting was held in Wells at the beach on Algonquin Lake. The treasurer's report...(Val will send me the details). A discussion on how to elicit a candidate for our sponsored DEC campership resulted in the following:

- 1) Give our own members the first opportunity to nominate someone by October 1, and if none are named,
- 2) Announce the availability to residents of Fulton or Montgomery County, application to be received by November 1.

Youth campers are between 11 and 13, and teen ecology sessions are for 14-17 year olds. Application should be in the form of an essay as to why the child would like to attend the camp. Contacting guidance counselors from local schools was also suggested.

Marie announced that we will be able to share a booth with the Northville-Placid Chapter at the Fine Arts and Woodworking Show next year in Northville.

The need for an Education director was brought up, and Jane Riley agreed to serve in that position. **Thank you, Jane!** She asked for input from all members for program ideas.

Finance Report:

Balance forward:	\$2,191.03
Disbursements	- \$ 393.00
Dues	+\$ 255.00
Ending Balance	\$2,053.78

Thanks to Marie for manning the grill and cooking the hot dogs, providing the tablecloths, and making arrangements for the use of the facility.

Trip Ratings				
Hikers Rating	Effort Level	Elevation Gain (ft)	Miles	Time (hours)
A+	Very Strenuous	4000+	10+	10+
A	Strenuous	3000+	5-10	8-10
B+	Moderately strenuous	2000+	5-10	6-8
B	Moderate	1000+	4-8	5-7
C+	Fairly easy	1000+-	2-6	3-5
C	Easy	<1000	<5	<5

These are general guidelines. Not all trips will fit exactly into one of these categories. Address questions to outing leader.

**Foothills-ADK Chapter
Executive Committee**

Chairperson: xxxxx

Vice-Chairperson: Gail Livingston (pepperjack@frontiernet.net)

Board Director: Walt Lane (wlane937@nycap.rr.com)

Membership: xxxxx

Treasurer: Valerie Levine (envelop@yahoo.com)

Secretary: Nancy Kested (nancykested@gmail.com)

Outings Chair: Sharon Getman (getman@frontiernet.net)

Education Chair: Jane Riley

Conservation Chair: xxxxxx

Publicity: Marie Naple (marie.naple@usa.net)

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**Newsletter: Jan MacLauchlin ([janmac48@yahoo.com](mailto:janmac48@yahoo.com))**