

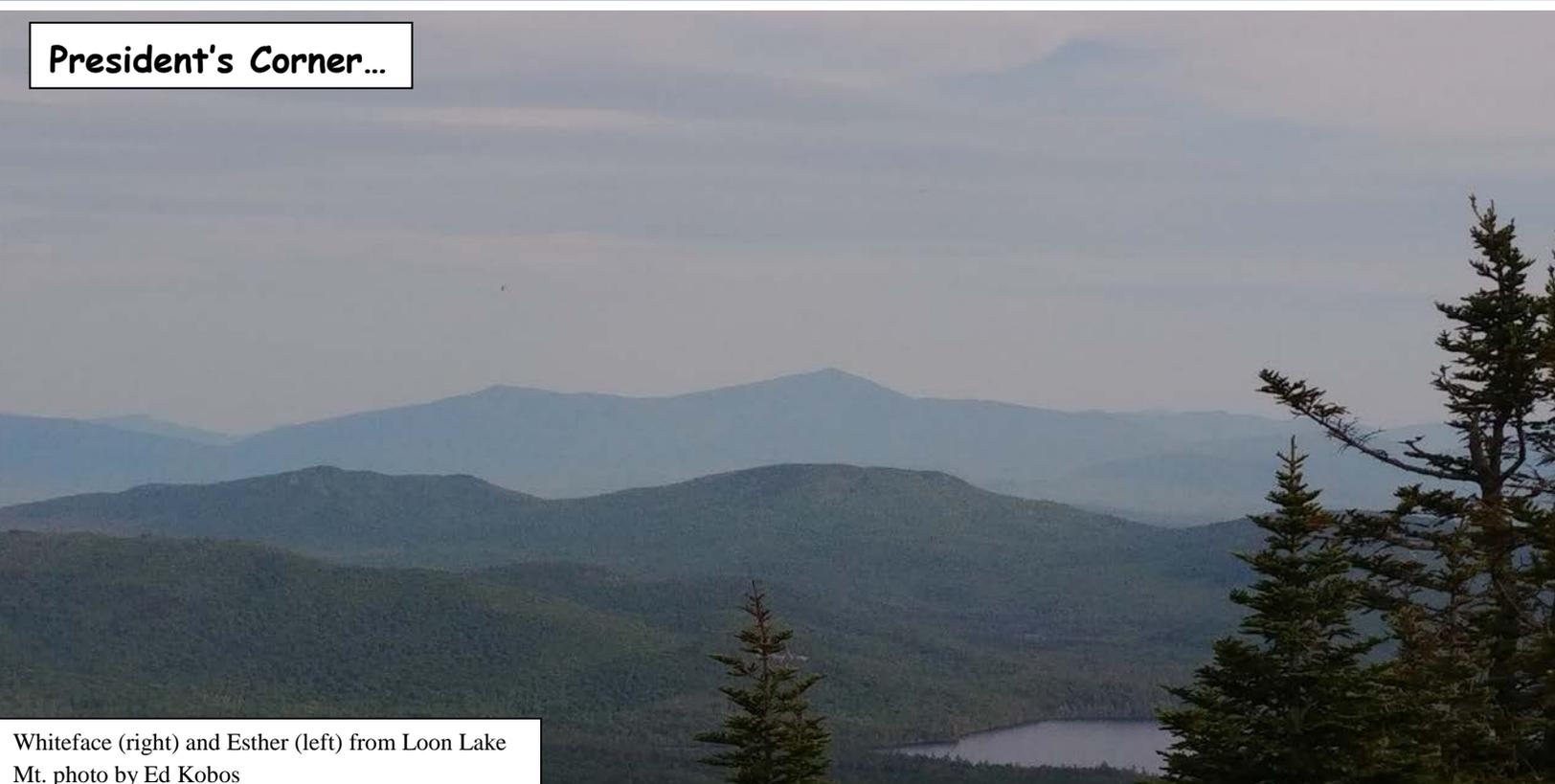
TRAILMARKER

Adirondack Mountain Club Iroquois Chapter

Est.1972

September/October, 2018

President's Corner...



Whiteface (right) and Esther (left) from Loon Lake Mt. photo by Ed Kobos

Officially, as summer rolls to a close in short order, I realized that I need to don my ADK hat, and prepare for another term of monthly chapter meetings and projects. One project, digging the new privy at Middle Branch Lake, I have neglected. Eventually, when the summer heat and humidity dissipates, I can, with volunteer help, address it.

Dave Jones has done a wonderful job securing entertaining speakers for our monthly meetings. Should you have any suggestions for future speakers, please contact Dave or me. Speaking of meetings, I look forward to seeing you at our new digs, The First Baptist Church on Oxford Road (where we have the annual Christmas dinner) across the street from the New Hartford fire company station. The time remains the same at 7 PM on the first Tuesday of nearly every month. Available parking is at the arena further down the route 8 entrance ramp, or the large lot behind Casa-too-Mucha. I also secured permission from Rosemary at the Presbyterian Church to use their parking area. The entrance to the Baptist Church is on the entrance ramp to route 8. I'll keep the light on for ya.

Please recall that your chapter is hosting the 2019 ADK winter outing event January 18-20 at the Mad River Club in Sandy Creek. The executive committee, after a summer hiatus, will resume monthly meetings in preparation for this event. Should you wish to be involved, we would love your input. Just let me know so that I can include you on my mailing list. More importantly, I would love to bank on your participation for the cross country, snow shoeing, and entertainment weekend extravaganza.

Enjoy the balance of the summer, and I will see you on the trail or at the September monthly meeting.

Paul Sirtoli

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Iroquois Chapter

Up Coming Events

Chairman – Paul Sirtoli

315-737-8353

alexstoli@outlook.com**Vice Chair – Doug Tinkler**

315-271-4759

Dt46x40@yahoo.com**Secretary – Charlene Zebley**

315-942-5176

charz46r@gmail.com**Treasurer – David White****Membership – Carol White**

315-853-1070

ccswhite@juno.com**Director – Thomas Blackstone**

315-826-7870

tblckstone@ntcnet.com**Education – Greg Smith**

315-796-0906

greg@adironack-park.net**Stewardship (Lean-tos) – Norm Landis**romelandis@peoplepc.com**Stewardship (trails) – Doug Tinkler**

315-271-4759

Dt46x40@yahoo.com**Newsletter -Debbie Pasch**

315-736-1979 or 315-749-4265

dpasch@roadrunner.com**Adopt-a-highway – Doug Tinkler**

315-271-4759

Dt46x40@yahoo.com**Hospitality – Wendy Sanders**

315-797-6962

Trips & Meet up Group – Bill Lupino

315-360-0359

wluppino@msn.com**Conservation –Brian Sanders**

315-797-6962

sandersbrian@hotmail.com**Programs – Dave Jones**

315-601-6019

Davidjones0422@gmail.com

Tuesday, September 4, 12018

Chapter Meeting at 7:00 pm

First Baptist Church New Hartford: Andrew Hamlin will speak on the ADK Trails program in which he has headed up for the last 12years. Andrew Hamlin was born in Utica and raised in Westmoreland. He received his Associates degree from MVCC and is a U.S. Army veteran. He is an avid outdoorsman who enjoys Mt biking, skiing and hunting.

Gu Nay Ku, our volunteer High School trails ambassador will talk briefly, before Andrew, about his experience working trails this summer.

Tuesday, October 2, 2018

Chapter meeting at 7:00 pm

Our program speaker will be Colin Wiley. He will present on his hikes circumnavigating Iceland's Ring Road. He is a Canadian Forces Officer posted to Griffis Airfield for Aerospace control of the NORAD mission. I draw my hiking knowledge from 9 years of military service to include army training with the Royal Canadian Armoured Corps in Gagetown, New Brunswick and a short stint with the Canadian Army Advanced Warfare Center in Trenton, Ontario.

Iroquois Chapter New Members

We would like to welcome the following new members:

New 06/18

Emily Devenezia
Amelia & John Handzel
Paul Huf
Brian Moore
Jeffrey & Kimberly Ritchie
Sandra Towers-Halpin
Rejoined
Mary Cameron
James M Jordan

New 07/18

Catherine & Christopher Brewer
Jessica & Ashley McNair
Andrew & Kristine Puckey
Michele Skermont
Thomas O'Hara

"The best view comes after the hardest climb."



Trips



Boreas Pond/Hike

Thursday, August 30, 2018

Join us, as we explore the newest acquisition to the Adirondack Forest Preserve. On Tuesday, we'll drive up, do the 3.5 mile carry along the Gulf Brook Road and setup camp. This will give us all day Wednesday to explore the pond and surrounding area. In addition to paddling on the pond and river, we'll explore the area on foot. On Thursday, we'll break camp and head out.

Meeting Place: To be determined

Meeting time: To be determined

Leader & Reservations: David Pisaneschi, 459-5969 or dpisanes@nycap.rr.com

Co-Leader: Ralph Keting, 487-8901 or ralfieboyk@yahoo.com

Peaked Hill, Ponds

Sunday, September 30, 2018

Join me for this pond/mountain extravaganza near the Putnam Pond State Park. The plan is to hike the trails visiting Heart Pond, Little Rock Pond, Rock Pond, and Bear Pond. From Rock Pond, we will take a 1.5 mile round trip bushwhack to Peaked Hill, which boasts of superb views from the open rock slabs. Total hiking distance at a leisurely pace is 9-10 miles. Rain will postpone.

Meeting Place: To be determined

Meeting time: To be determined

Call Paul Sirtoli at 315-737-8353 or alexsirtoli@outlook.com (I need to be contacted personally, not thru meetup).

The Cranberry Lake 50

Saturday-Monday, September 1-3, 2018

I am looking for members to join me on a 3 day backpacking trip of the 50 miles of trails and roads around Cranberry Lake. The Cranberry Lake 50 is another exciting Adirondack challenge that is a series of trails that loop around the third largest lake in the park. Once finished, you can receive the CL50 patch and have your name on the roster of completions. For more information on the trails, check <http://cranberrylake50.org/>. If interested, contact me and we will discuss trip details further.

Possible alternative dates in September possible.

Rating: A+

Meeting Place: To be determined

Meeting time: To be determined

Contact: William Luppino 360-0359 or Bootsmuddy@hotmail.com

Hudson Valley Ramble

September, 2018

Chapter members Carol and David White are leading hikes in the Hudson Valley Ramble during the month of September. The Hudson River Valley Ramble is an annual event series that celebrates the history, culture and natural resources of the Hudson River Valley National Heritage Area, as well as the amazing landscape, communities and trails throughout the region. The 19th Annual Ramble will take place on September 1-2, 8-9, 15-16, 22-23, and 29-30 of 2018. For more information, check out the website at www.HudsonRiverValleyRamble.com.

- 9/8 Codfish Point
- 9/15 Palenville Overlook
- 9/22 North Point
- 9/29 Dibbles Quarry

To Register- ccswhite@juno.com (preferred) or 315-853-1070.

Berrymill Pond and Lost Pond Loop

Wednesday, October 17, 2018

For retiree's or for someone who wants to take a hooky day from work, join me for a ride to the Putnam Pond State Park to hike to these two out of the way ponds. There will be very little elevation change along well marked state trails. Total hiking distance for these two separate trips is about 9 miles.

Meeting Place: To be determined

Meeting time: To be determined

Call Paul Sirtoli at 315-737-8353 or alexstoli@outlook.com (I need to be contacted personally, not thru meetup).

Mount Marshall Hike

Saturday, October 27, 2018

This hike is rescheduled from August due to a last minute request that we climb Whiteface and Esther last month. So, as promised this hike is back on the schedule for those peak baggers working on the 46 high peaks. At 4360 feet, Mount Marshall is the twenty-fifth highest peak in the Adirondacks. There is no maintained trail to the summit. We will start from the Upper Works trailhead and take the Calamity Brook Trail past Flowed Lands. The herd path begins just north of the bridge over Herbert Brook. Although the summit is tree covered, there are a few good views. This is a 6+ mile one way hike to the summit. Rating: A+

Meeting Place: To be determined

Meeting time: To be determined

Contact: William Luppino 360-0359
or Bootsmuddy@hotmail.com

Lion's Head and Bear Mountain

Saturday, November 17, 2018

Starting from the under-mountain trailhead, we'll hike to the Paradise Lane trail to the Mass side of Bear Mountain. Once we summit Bear Mountain, it's mostly downhill to our spotted cars on Route 41. En route, we'll pass over Lion's Head and take in its spectacular views. Total distance is 9.9 miles.

Meeting Place: To be determined

Meeting time: To be determined

Call David Pisaneschi,
459-5969 or dapadk@gmail.com

For additional trip offerings, last minute additions and updates check out our Meet-up page at <https://www.meetup.com/Iroquois-Chapter-of-the-Adirondack-Mountain-Club/>

If anyone has suggestions for new outings that you would like to see added to the calendar for the fall and early winter months, let me know your ideas and we will put them in the Trail marker newsletter and on the Meet-up site next week.

When submitting trips please use the following format:

*Trip length (miles)

*Trip duration (hours)

*Elevation to be climbed (feet)

*Mention of any special equipment or other factors

*Brief description of the level of difficulty to be expected during average conditions.

*Brief description of the trip plan, including parking and possible hiking options.

* Provide Trip Leader contact information.

You can reply by email or if you have any questions call or text me at 315-360-0359.

Those that have already submitted trips....thank you.

Bill

BACKTRACKS.....



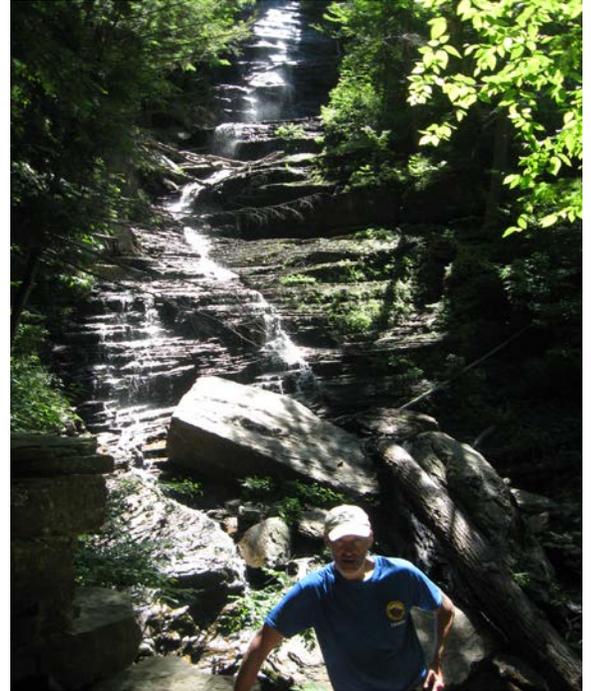
LYE BROOK WILDERNESS LOOP

Tuesday, June 26, 2018

After a 2 hour drive to my house in Albany, Paul Sirtoli and I drove up to the Manchester, Vermont area to begin our epic trip. I've wanted to explore this area for a long time. After stashing our mountain bikes in the woods at the Prospect Rock Trail head, we drove down the road to the Lye Brook Falls Trail head. By the time we got started it was around 11:00am. Reaching the picturesque Lye Book Falls, we relaxed a bit and then continued on to our next destination, Bourn Pond. Reaching the pond, after a 5 mile hike from the falls, we stopped for a well deserved lunch and relaxation. We then continued on to our next destination, the William B Douglas Shelter, 3 miles down the trail. After a half mile, we linked up with the AT/LT and continued a mile down the trail to Prospect Rock, a scenic overlook. Providing a western view , we were treated to the setting sun, town of Manchester and Equinox Mountain, the highest point on the Taconic Range and highest mountain in Vermont which is NOT in the Green Mountains. Following the trail downhill, we retrieved our bikes and were treated to a 2 mile downhill ride to our car. It was 8:30 by the time we secured our bikes and got on the road. It was a 9+ hour day and 15 mile hike. Being mostly level it not a difficult journey. The highlights were the falls, pond and Prospect Rock. Both Lye Brook Falls and Prospect Rock alone are rewarding short day trips. A snowshoe trip to Boun Pond via Prospect Rock with a stop at the shelter would be an interesting 10 mile RT. Look for it in the winter Trailmarker.

Submitted by: **David Pisaneschi**

Top photo: Dave Pisaneschi, Lye Brook Falls.
Photo credit, Paul Sirtoli



Lower photo
Paul Sirtoli,
Bourn Lake
photo credit, Dave Pisaneschi



Seven Hills Bike Tour Saturday, June 30, 2018

Doug Tinkler and this writer joined ADK Albany Chapter leaders Steve and Leslie Siegard for a scheduled bike tour on the rolling back hills of western Schenectady County. To beat the heat, we started our ride just after 8 AM from the high school on county route 365 near Duanesburg. Given the amount of hill climbing, the group of nine riders were rewarded with nice views of nearby small mountains, forested hills, and verdant pastures. Finishing at noon with the temperature approaching 90 degrees, the warm and tired riders rode 35 miles with nearly 2000 feet of elevation change.

Iroquois Chapter members should check out the official ADK web site to peruse the trips offered by the other chapters. The trips are varied and would appeal to all levels of ability and interest.

Submitted by **Paul Sirtoli**

Photo credit, Steve Siegard



Below Photos, credit David Pisaneschi



Trail Work Trip Report Saturday, July 7, 2018

Our trail work focused on brushing out the trail immediately past the bridge at Diamond Brook to the location of the former beaver dam. We also partially clear out two blow downs, one up near the shoulder of 11th Mountain and other between the old beaver dam and lean to. We did what we could with lopper and bow saw, the large trunks will require chainsaw work. The lean to area is in excellent condition. There was almost no trash. The privy needs to be relocated. The lean-to could also use some oakum. I'm planning another work trip during late August – September. At the time, I will clear the drainage ditches, since I didn't get to it this time. I will also do some oakum repairs at the lean to. I'm also hoping to relocate the privy, with the assistance of DEC rangers and any ADKers I can recruit. Joining me on this trip was Jim Linweber

Respectfully Submitted, **David Pisaneschi**



Which lake is the largest to be contained completely within the Adirondack Park?

Answer:
Raquette Lake

Peaked Hill/Paradox Lake

Thursday, July 12, 2018

Long on her "to-do" list, Kathy Miles and I found some mutual time around the brutal heat and family conflicts to check out Peaked Hill, north of Paradox Lake in the Hammond Pond Wild Forest. Using my heavy fiberglass canoe, we paddled from the Paradox Lake State Campground boat launch to the Peaked Hill trail head. Accessible by only water craft, the 2.1 mile trail is fairly well marked, but is obliterated by several patches of blow down. Marking the half way point to the summit, Peaked Hill Pond's roundish shoreline is not conducive to relaxing as it is marred with many fallen trees. Roughly one-half mile before the forested summit, the trail becomes quite steep. At 1896 feet, the summit is marked by a rocky knob surrounded by a mix of deciduous and coniferous trees, which during the cold season, you would have winter views. The trail ends here. To locate the open shoulder which provides grand views of Hoffman Mt., Paradox Lake, Pharaoh Mt. in an otherwise forested panorama, you must descend several hundred feet south of the summit. Simply follow the rocky spine and occasional faint herd path. Kathy and I lingered for an hour admiring the views and identifying distant hills and mountains. Following our hiking excursion, we took the opportunity to paddle the channel between upper and lower lakes.

During the spring snow melt and subsequent run off, the lakes outlet flows in reverse due to the swollen Schroon River, hence the name Paradox. According to indian lore, Paradox means "water running backwards." Should you enjoy paddling and hiking, this is one destination worth pursuing.

Submitted by **Paul Sirtoli**

Lake view photo to accompany write up from Mary Coffin.
Left to right: Ann, Mary, Wayne, Celinda, Barb, Doug, and Bill napping.
Photo credit: Paul Sirtoli



Kathy Miles, Paul Sirtoli, Peaked Hill overlook
Photo Credit-Kathv Miles



Paddle Lakeview Wildlife Management Area

Sat July 14, 2018

I have been very lucky as a trip leader this year. Nearly every morning of the trip morning when weather was questionable, it has stopped raining prior to arrival at the trailhead. Once again, we had a gorgeous day to paddle through the Lakeview Wildlife Management Area out to Lake Ontario. There were 5 boats and 7 paddlers (2 solo kayaks and 3 tandem canoes). I was joined by: Doug Tinkler, Paul Sirtoli, Barb Kerker, Ann Furzee, Bill Coffin and guests Wayne and Celinda Hamilton.

We put in on South Sandy Creek just off the Route 3 launch site and paddled the meandering stream banked by reeds/phragmites and cattails. The banks are steep and the water was a bit high. Soon we could hear the waves of Lake Ontario on the other side of the sand dunes. The creek flows parallel to the dunes then breaks through to the lake at its outlet. The vegetated dunes form a barrier beach.

We hiked several miles along the beach and had lunch. I brought cookies as a treat but most were scarfed down by a cookie monster (PS). One participant swam in the lake and it looked quite refreshing. We avoided walking on the fragile dunes and exposing ourselves to poison ivy. We did not observe any beach stewards that day. Following our lunch and beach walk we returned to our watercraft and paddled back to our put in. I think we all felt satisfied with our trip, a sunny day with just enough breeze to keep us comfortable, and the camaraderie of a nice group of ADKers.

Submitted by **Mary Coffin**

ADK 46ers Memorial Hike

Saturday, August 4, 2018

On August 4th Amy DeVries and Doug Tinkler joined me in following in the footsteps of the Marshall brothers as we climbed Esther and Whiteface Mountains as part of the 46ers 100 year Anniversary Memorial Hike. On August 1, 1918 Robert and George Marshall began their quest to climb the 46 peaks over 4000 feet in the Adirondacks with a climb of Whiteface Mt. They finished their quest in 1925 becoming the first 46ers. Since then over 10,000 people have followed in their footsteps and have registered their climbs to become Adirondack 46ers. In honor of this feat, the 46ers organized simultaneous hikes up all the 46 peaks on August 4th. Our group was originally slated to climb Mt. Marshall, but a last minute request to change peaks from the 46ers put us on Whiteface and Esther. Apparently they had two groups heading up Marshall but none heading to the summit of Esther. We reached the summit of Esther as requested by 12 noon and then waited for the promised airplane fly over. We waited on Esther's summit for nearly 2 hours. But it wasn't wasted time as we met and socialized with numerous groups of 46ers, ADK members, day hikers and several aspiring 46ers while on the summit. One of those we met on the summit of Esther was Brian Sunderland. Brian is a 46er Correspondent and like many of us hiking in this memorial hike he was dressed in clothing representative of 1918.

At about 1:30 pm our group decided to move on to Whiteface Mt. Fortunately we reached the summit just before the skies opened up and a downpour of rain followed by thunder and lightning forced us to search shelter in the castle on the peak. Once the rains and storms let up, we headed back down reaching our car by 4:30pm.

Submitted by: **Bill Lupino**

Humphrey Mt and Kings Flow

Sunday, August 19, 2018

From my vantage point on the frozen meadow of Robinson Swamp in the Siamese Ponds Wilderness, (consult 13th lake topographic map) in late February, I noted that the rather steep eastern facing slope of Humphrey Mt. leading to the 2,984 foot summit was open hardwoods. I also noted that the corner of the summit was bare with potentially great views. Finally, having a summer day without excessive heat and humidity, Bob Hutchins, Jim Lomonaco, Steve Siegard and this writer began our trek at the Chimney

Brian Sunderland and Bill Luppino in 1918 garb on Esther Mt
Photo by Bill Luppino



Doug Tinkler, Amy DeVries and Bill Luppino on the summit of Whiteface Mt.
Photo by Bill Luppino



Below photos: (top) Humphrey Mt and Kings Flow
(Middle) Paul, Steve, Jim, Bob Humphrey Mt. summit
(Lower) View from summit
Photo credit, Steve Siegard



Humphrey Mountain (Continued)

Mountain parking area. While hiking the Kings Flow trail and the unmarked Round Pond trail, we commenced our bushwhack several hundred yards beyond Humphrey Brook toward the vicinity of Robinson swamp. The open mix of coniferous and deciduous trees, with occasional light blow down, facilitated easy bushwhacking as we proceeded in a south easterly direction.

Toward the south end of the "swamp", we slowly negotiated our way up the shoulder leading to the second south eastern bump, gaining 1,100 feet within half a mile. Marked by an abundance of raspberry bushes and a few tree's, the fairly open summit afforded decent views of Big Range, Bullhead Mt., Eleventh Mt., in an otherwise mountainous landscape. A winter viewing would certainly be better.

Upon returning relatively the same way toward the swamp valley we discovered a red flagged hunter's herd path which led us around the Robinson swamp region to what I call the King Flow extension trail. Essentially, the trail was an old road, now an unmarked path that heads into the remote Siamese wilderness. It eventually peters out. Depending upon which GPS unit was most accurate, we hiked 10+ miles in 6.5 hours.

Submitted by **Paul Sirtoli**



LOOKING AHEAD..... WINTER OUTING

Save the Date
January 18, 19, 2019

Iroquois Chapter is the Host Sponsor for the general ADK winter outing at the Mad River Club near Fish Creek. Block out the dates on your calendar or electronic device for a weekend of skiing, snowshoeing, fine food, prizes, and entertainment. More information will be published in later issues of the Trailmarker.

CHAPTER OUTINGS

Rating	Effort Level	Elevation gain	Miles (round trip)	Time in Hours
A +	Very Strenuous	4000 ft +	10 +	10 +
A	Strenuous	3000 ft +	5 - 10	8 - 10
B +	Mod. Strenuous	2000 ft +	5 - 10	6 - 8
B	Moderate	1000 ft +	8 - 10	5 - 7
C +	Fairly Easy	1000 ft +	5 - 8	4 - 6
C	Easy	under 1000 ft	under 5	under 5

"And into the forest I go,

To lose my mind and find my soul."

CONSERVATION NOTES

TRAIL SYSTEM PLANNED FOR BOREAS PONDS: While all the attention has focused on paddling Boreas Pond and access to the pond, DEC is planning to construct a number of hiking trails which will provide access to the ponds and establish connections to other parts of the High Peaks Wilderness. There will also be opportunities for biking. Here's a summary:

Boreas Ponds Trail: This would be the longest of the new trails (7.5 miles). It would connect The Blue Ridge highway to the ponds, providing hikers with an alternative to walking on the logging road.

Boreas River Trail: This trail would also start on the Blue Ridge Highway. It would run along the Boreas River to LaBier Flow. From there, it's a mile walk to the pond.

Boreas Mountain Trail: Boreas Mountain (elevation 3,776) just misses being a High Peak. DEC plans to construct a 2.5 -mile trail from Boreas Ponds Trail to the summit.

Casey Brook Connector: This five -mile connector would be the main route from Boreas Ponds to the Mount Marcy region. It would end at the current trail from Elk Lake to Panther Gorge. At the junction, DEC plans to construct a trail up the Pinnacle to the Colvin Range.

White Lily Trail: Beginning at the Casey Brook trail, this trail would lead 2.2 miles to White Lily pond. This is one of the most scenic areas in the Boreas Pond tract.

Dudley Brook Connector: This six-mile trail would connect White Lily Pond to the Hanging Spear Falls Trail. From there, hikers could travel to Lake Colden or the western High Peaks. A two spur trail would lead to Cheney Cobble.

Ragged Mountain Trail: This trail would connect the Gulf Brook Road to the open summit of Ragged Mountain. This trail would provide access to the cliffs on Ragged Mountain. A spur trail would lead to LeClaire.

Biking Trails: Biking will be allowed on the Gulf Brook Road and Boreas Road up to a mile from the ponds. Biking is not allowed on the old logging road and trails in the Wilderness area. For those who prefer single – track riding, DEC plans to construct two compact networks of winding single-track trails in the Vanderwhacker Mountain Wild Forest. The Gulf Brook network would be west of Gulf Brook Road and would connect with the Boreas Ponds Trail. The Blue Ridge network would lie off the Blue Ridge Highway and connect with Branch Road and Elk Lake Road. Various Loop rides would be possible in both networks.

These **CONSERVATION NOTES** were adopted from an article by Phil Brown (pages 16-19) which appeared in the July/August issue of **ADIRONDACK EXPLORER**

If you have questions or want to know more about these issues, please contact David Pisaneschi at: dapadk@gmail.com or 459-5969.

Newsletter Submissions...

Feel free to submit your stories and photos for inclusion in the Trailmarker. Please use a digital camera for taking photos as the resolution on a camera phone is too low to reproduce well.

Email: dpasch@roadrunner.com

Photos: use jpeg

Stories: send as a .doc or include in an email message.

Fall Outing in Watkins Glen

October 26-28, 2018 (Fri-Sun)

To register: go to the ADK website:

www.adk.org and under the “play” tab you will see Fall Outing listed under Adventure Travel.

“Enjoy some fall activities before the snow flies!!!”