



Good Tidings



March - June 2018

"Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their freshness into you and the storms their energy, while cares will drop off like autumn leaves." John Muir (1838-1914)

Chair Words

A message from Chapter Chair, Christine Barnes

Recently we had a herd of deer outside our dining room window. They show up regularly. The other day one of the older ones lifted a leg and kicked a smaller one in the face. I had never seen that before and it got me to wondering..... what was she trying to tell the young one? That got me thinking...

Communication! It affects us all in so many ways. We get phone calls, emails, letters, even messages delivered by friends. If you read the rescue reports, you will notice how often they mention whether anyone knew where the injured or lost person was going. If you read your e-mails you know if a hike has been cancelled or who is hosting a potluck. If you read your ADK mail you know if your membership is up for renewal. If you check the newsletter you'll find a list of planned outings, contact information and updates. There are lots of ways to communicate and you will probably find that over time technology plays a larger and larger role. We know not to rely on technology for safety in the wilderness but over time e-mails replace some letters, texts replace some phone calls, and on-line shopping replaces trips to the malls. But all of these vehicles serve the same purpose. They are communicating information, advice or warnings. We hope to avoid the 'kick to the head' technique!

Checking in with other ADK Chairs or Directors, I find that more and more of their chapters are implementing electronic communications. Hurricane Chapter still sends out paper newsletters for those who choose but we encourage people to sign up for electronic distribution if that is possible. It's more ecological and also saves us money! We also use e-mail to send out notices of last minute outings or changes to posted ones, or sometimes other items of interest. If there is any way you can use these services, I encourage you to do so. Don't forget we also post the newsletter on our 'private site' <https://sites.google.com/site/adkhurricanechapter/home>. So it's there when you need it.

This brings up another point. We need to get the information TO YOU! In communicating with you, the chapter uses the information which you send to ADK (address, phone number, e-mail) If you are not getting emails or newsletters, it probably means you have not updated your information with them. You can sign in to ADK online at www.adk.org and verify or update your information or if necessary call headquarters at 800-395-8080. Let's stay connected and communicate! Feel free to contact me at christinelbarnes@gmail.com with any questions.

Membership

News and Notes

Remembering Ed Hale

Ed Hale, member of the Hurricane Chapter since 1968, died at his Keene home on Thursday, January 4, 2018. He was 92 years old. Ed and his wife Bobby, who predeceased him at the age of 90 in 2015, were longtime members of the Chapter and could be seen at many potlucks as well as on the trails. As the Lake Placid News recently stated, “Ed and Bobby are together in the heavenly clouds of the Adirondacks”.

Go Green! Receive Good Tidings by email

In the interest of saving paper, money and the planet, we would like to encourage members and affiliates to sign up to have Good Tidings sent by email rather than U.S. mail. If you would like to receive your copy by email, please send an email to: adhurricanenewsletter@gmail.com. Please include your current mailing address so that we can accurately make the transition.

Staying Connected

The Chapter sends out email reminders of the potlucks each month. Emails of important information including additions, changes and cancellation of outings are also sent out periodically. You must request to be on this list. If you are not receiving these emails and would like to, please contact Linda Bogardus at lbogardus@gmail.com and she will add your name and email address.

Outings

Guidelines for Participating in Hurricane Mountain Chapter Outings

- MUST CALL trip leader 24 hours in advance to register unless otherwise designated.
- Be willing to sign the liability form (required by ADK)
- Total participants including trip leader(s) is 15 for day hikes. (DEC/ADK standards)
- Check distance and ascent in the hike description, or check with leader.
- Check hike rating. Know your capabilities.
- Wear appropriate clothing and footwear.
- Take an extra water bottle.

Guide to Hurricane Mt. Chapter Hike Ratings

- A+ Very Strenuous: Rugged terrain, steep climbing (over 2500' elevation gain) and/or long distances (over 12 miles). Participants should be experienced and in excellent condition.
- A Strenuous: Possible steep ascents (1500-2500' gain) and/or distances of 10-15 miles. Can be demanding. Expect faster rate of travel. Participants should be experienced and in excellent condition.

- B Moderate: Elevation gains 1000'-1500' and approximately 5-9 miles distance. Expect rolling hills and short steep climbing. Participants should be in good physical condition.
- C Easy: Hiking/walking under 5 miles with very gradual or no climbing

PARTICIPANTS PLEASE NOTE: Late winter and spring weather conditions are unpredictable. Please come to hikes with clothing and gear suitable for the weather. Consult with the leader if you are unsure about what is needed for the outing, or whether your ability is appropriate.

Thursday, March 22**Celebrate World Water Day!**

On this hike on the AMR West River Trail we'll recognize how fortunate we are to live in a region with clean, fresh water. Our hike will take us to Beaver Meadow Falls and if time and energy permit, we will go on to Rainbow Falls. These lovely cascades should be roaring with spring water flow. Snowshoes or crampons may be necessary depending on conditions.

Level B: about 8 miles, about 500 ft ascent

Leader: Kathleen Blaisel

946-2622

kblaise1987@gmail.com

Thursday, April 26**Route 73 Roadside Clean-up**

The Chapter has adopted a section of Rt 73 in Keene to pick up trash along the road. Please help with this important community service with a couple of hours of your time. Meet at 9:30 a.m. at the parking area on Rt 73 at the south end of Marcy Field across from Airport Road. Gloves are recommended.

Leader: Wesley Krawiec

946-1295

wesley.krawiec@gmail.com

Friday, April 27**Celebrate Arbor Day**

Let's walk around the Nature Conservancy's Clintonville Pine Barrens and view the unique pitch pine trees. We will then drive over to another Nature Conservancy property, the Silver Lake Bog. There is a short half-mile boardwalk and if time and energy permit, we will climb the bluffs of Silver Lake Mountain with views of the lake. It is also National Poetry Month, so if you are inspired, bring along a favorite poem to share.

Level C

Leader: Kathleen Blaisel

946-2622

kblaise1987@gmail.com

Saturday, May 5**Spring Trail Work Day**

We need a good turnout of members to help clear the Chapter's trails in the Gulf Brook area. Meet at 9:30 a.m. at Crow Clearing. We will trim back vegetation, cut/clear blowdown, and open drainage ditches. Bring tools (saw, lopper, shovel, or hoe) if you have them.

Leader: Joe Bogardus

576-9739

joe.adks@gmail.com

Saturday, May 12**Celebrate Migratory Bird Day at Taylor Pond**

We will paddle the perimeter of Taylor Pond and then wander on foot around the campsites and lean-to along the south shore. We will listen for signs the loons have returned. Maybe we will spot some ospreys or eagles.

Level C

Leader: Kathleen Blaisel

946-2622

kblaise1987@gmail.com

Sunday, May 20**Iron Mt. Traverse to Owls Head Lookout Traverse**

Here's a great hike for mud season. Hike up the new trail to Iron Mt., then we will walk through untrammeled woods to OHL and then descend via Giant's North Trail. Views abound.

Level B, distance 6 miles, pace slower moderate

Leader: Elie Bijou

917-804-3993

adron dax@aol.com

Sunday, June 10**Algonquin and Wright**

Join me for a hike to the second highest New York State has to offer.

Level A, distance 9 miles, pace slower moderate

Leader: Elie Bijou

518-873-2119

adron dax@aol.com

Tuesday, June 12**Slow Hike to Hopkins Mountain**

We will meet at the meadow across Beers Bridge and connect with the Mossy Cascade trail. We will have lunch on the summit while taking in the fantastic views.

Leaders: Scott & Jill Murray

215-601-9337

fsmurray49@gmail.com

Thursday, June 21**Celebrate the First Day of Summer**

Since it will be a long day, we'll get a later afternoon start. Let's take a leisurely paddle on Lake Everest in Wilmington and since it's summer, let's do it all! Jump in the water at the beach for a brisk swim, then warm up around a campfire and have a picnic. A band may be performing in the pavilion, but if not, we can always make our own vocal music around the fire.

Leader: Kathleen Blaisel

946-2622

kblaisel987@gmail.com

Recipe

Another potluck favorite

Rhubarb Custard Pie – Marcia Mosey

2 large eggs

1 ¼ c sugar

2 T butter, softened

¼ c flour

½ t nutmeg

¼ c flour

½ t cinnamon

¼ t ground cloves

1 t grated lemon rind

4 c rhubarb, cut into small pieces

Stir all ingredients together and pour into prepared pie crust.

Top with top crust, cut slits and brush with egg wash (1 beaten egg with 1 t water)

Bake at 450° for 10 minutes, then reduce temperature to 350° and bake for 45 minutes.

Note: You can also use a square pan with just a top crust – easier and just as good!

To Bert & the Hurricane Mountain Chapter,

Thank you for your generous support of the Summit Steward Program. You helped Summit Stewards speak to 31,625 hikers, averaging over a hundred contacts a day! The alpine plants thank you for your part in keeping the mountains beautiful for generations to come. Happy Holidays!

Cheers, Kayla White & Julia Goren***

**Coordinator, Summit Steward Program **Education Director*

DEAN MELVILLE: HURRICANE CHAPTER'S NEW DIRECTOR

by Deb Brown

In mid-January I enjoyed talking to Dean and learning more about him and his goals as our Director. Some years ago he and his wife were traveling in the area and saw a house they loved. Dean had some years ahead as a Radiologist, serving mostly in the Syracuse and Ithaca area. Some years later they were again traveling through Jay and the perfect house was for sale again! His wife said: "Dean, I think it's time to retire". He did.

They moved to Jay into the perfect house about five years ago. Soon they enjoyed dinner with the Shippis. By the end of dinner Leslie had convinced him to join the Hurricane Chapter of ADK and he became our Conservation Chair. Dean is very passionate about the oil cars being stored on forever wild Forest Preserve between North Creek and Tahawus. As Director he wants to make a difference and the oil cars are his first target. He is driven and I believe with the help of like-minded ADK members he will succeed. Welcome Dean! We are behind you!

THANKS TO BERT YOST – OUTGOING DIRECTOR

Bert Yost recently completed three terms as Hurricane Chapter Director. Our Director is the primary interface between the Chapter's executive committee and the greater ADK organization. He/she attends meetings with other directors, may serve on committees, reports back to us on club activities, lobbying efforts, club requests for political/personal actions, and has a vote in ADK decisions. He/she also takes our ideas and issues back to the ADK Board of Directors.

Bert has kept us aware of organization activities and changes by attending quarterly meetings in Lake George and regularly reporting back to the executive committee. His input helps us decide which ADK missions we will support and he has been a key supporter of the Summit Steward Program. On his recommendation, this year we made those donations early so that they could hire personnel early in the season.

Bert and his wife Heike live in Wilmington and are avid XC skiers, bikers and hikers. They also host potlucks and work extensively on keeping local trails in good conditions. We love having them in the chapter and look forward to his continued participation. Thanks for your chapter leadership!

Adirondack Mountain Club

Dedicated to the Preservation, Protection and Enjoyment of the Adirondack Preserve

Chapter Chair – Christine Barnes
Vice Chair – Bill Harral
Secretary - Maureen Deighan
Treasurer - Bill Peabody
Director - Bert Yost
Alternate Director - Joe Bogardus

Executive Committee:
(appointed by the Chapter Chair)

Conservation – Dean Melville
Membership - Nancy Kohlbecker
Hospitality - Monique Weston
Outings - Joe Bogardus
Trails - Joe Bogardus
Newsletter and Publications -
Leslie Shipp

Member at Large:
Deb Brown
Peter Beatty



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March – June 2018