
The Newsletter of the Hurricane Mountain Chapter of ADK



Good Tidings



March – June 2017

"Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their freshness into you and the storms their energy, while cares will drop off like autumn leaves." John Muir (1838-1914)

Chair Words

A message from Chapter Chair, Christine Barnes

Winter brings its own special charm to our wilderness. The snow, the ice and the brisk days can draw us to the outdoors – or not! Perhaps for you this is the time for you to dream about spring and plan new adventures. Our Chapter would like to help with those plans and dreams.

To do that we need to know what kind of chapter-organized activities are most appealing to our members. Some things we have to ponder:

We have always published outings three times a year..... perhaps technology would allow us to offer some outings with less lead time – so we can take advantage of favorable weather and conditions. But can our members capitalize on that kind of opportunity? We still need to conform to our ADK trip conditions but appropriate communications could allow us to do that.

Should we have offerings that appeal to families, singles, or retired people? Should these be at the introductory level or appealing to seasoned hikers or paddlers who are looking to meet or join others? Or maybe you would like to hear about new places to explore and then go try them on your own?

What can our Hurricane Chapter offer that would be appealing to you and enhance your enjoyment of the outdoors? Are you thinking about chasing fire towers? What about those stunning 'other' peaks? What about just a great walk in the woods? A quiet paddle? What would get you to try something new? What would help you engage others?

What about other events? A day at the ADK History museum? A raft trip? Informal gatherings? Talks given by those who have been there? Photo exhibits? Information on conservation efforts? There is a wealth of knowledge and expertise in our area.....should we find more ways to share this?

ANDwhat do you have to offer to help others achieve their goals? You might lead outings or events, or you might help plan them with a partner, you might just have a great idea that others can help implement. If we approach it as a team, we will have greater success.

Please think about these questions, as well as other questions or ideas you might have. A new idea may occur to you as you wander the wilderness..... or think about wandering through it. Feel free to send them to me at christinelbarnes@gmail.com. I will also be working with the board to find new ways to capture your ideas and help the chapter be an active companion in supporting the goals of ADK.

Our chapter is only as good as we make it!

Please share your thoughts to:

Chris Barnes
Hurricane Chapter Chair
christinelbarnes@gmail.com

Saturday, April 8**Jay Range**

A beautiful hike--one of the best views for the effort! After only 2.5 miles of climbing, we will come to an open ridge with outstanding view in every direction!

Level B: 8 miles, 2250 ft ascent

Leader: Julie Mercier

514-768-0382 (Canada)

juliemercier6@hotmail.com

Saturday, April 8**Mount Marshall**

We will approach Marshall from the Indian Pass side, following an unmaintained trail to the pass with Iroquois and then a herdpeth to the summit. This is a joint hike with the Northwoods chapter.

Level A: 14 miles, 3300 ft ascent

Leader: Peggy MacKellar

518-523-1341

mmackellar@roadrunner.com

Sunday, April 9**Poke-O-Moonshine Mountain**

We will see how spring is progressing on this familiar mountain with great views.

Level B: 2.5 miles, 1280 ft ascent

Leader: Barbara Juh

315-794-7746

bjjuh@msn.com

Saturday, April 22**Silver Lake Bog**

Let us celebrate Earth Day and National Poetry Month. We will hike on a Nature Conservancy Preserve trail that traverses an easy board walk and continues onto a ledge with a view of Silver Lake. We may hear the Spring peepers along the trail while we recite poetry (original or from a favorite author) at stops along the way.

Level C: 2.5 miles, minimal ascent

Leaders: Kathleen & Jim Blaisel

518-946-2622

kblaisel987@gmail.com

Wednesday, April 26**Flume Knob**

We will meet at the Willkommen Hof at 10 a.m. to hike to Flume Knob. Lunch on top.

Level B: 1500 feet of vertical in 2 miles; 4 hours with lunch.

Leader: Bert Yost

518-946-7669

bertyost@frontiernet.net

Thursday, April 27**Route 73 Roadside Clean-up**

The Chapter has adopted a section of Rt 73 in Keene to pick up trash along the road. Meet at 9:30 a.m. at the parking area on Rt 73 at the south end of Marcy Field across from Airport road. Gloves are recommended.

Leader: Wesley Krawiec

518-946-1295

wesley.krawiec@gmail.com

Sunday, April 30**Moose Mountain Pond**

We will hike to this scenic pond on Ensign Pond Road in North Hudson.

Level C: 7 miles, minimal ascent

Leader: Susan & Bill Harral

518-586-4623

b.harral@gmail.com

Saturday, May 6**Spring Trail Work Day**

We need a good turnout of members to help clear the Chapter's trails in the Gulf Brook area. Meet at 9:30 a.m. at Crow Clearing. We will trim back vegetation, cut/clear blowdown, and open drainage ditches. Bring tools (lopper, shovel, or hoe) if you have them.

Leaders: Joe Bogardus/Ruth Kuhfahl

518-576-9739

joe.adks@gmail.com

Saturday, May 13**Hulls Falls Road Bird Walk**

The annual Hurricane ADK/Audubon bird walk will meet at 7:30 a.m. at the Keene Valley end of Hulls Falls Road. No need to register – just come. We have always had sightings of interesting varieties of bird species, as well as flowers and butterflies.

Leaders: Ruth Kuhfahl; Pat and John Thaxton

518-576-4699(Ruth)

Sunday May 14**East Face of Whale's Tail Mountain**

This is an easy hike out of Adirondack Loj on the Van Hoevenberg trail, towards Marcy Dam. A little before we reach the Dam, we will leave the trail and bushwhack west about 200 yards, to explore the east face of Whale's Tail mountain. Then we can go back the way we came, bushwhack up the little mountain, or whatever else the group decides. Meet at 10:00 AM at the ADK Café (I'll be there eating breakfast!).

Level B: approx. 5 miles, (bushwhack), minimal ascent

Leader: Tom Dubois

518-576-9110

etduboismail@gmail.com

Wednesday, May 17**Hurricane Mt**

We'll follow the new trail to the summit and enjoy the new overlooks. Inclement weather postpones till the following day. Pace is slower-moderate.

Level B: 6.2 miles, approx. 2000 ft ascent

Leader: Elie Bijou

518-873-2119

adirondacks@verizon.net

Sunday, May 21**South Fork Boquet River**

This is an easy woodland hike on the South Fork of the Boquet river to a camp site. The trailhead is near malfunction junction on Rt 73.

Level C: 3 miles, minimal ascent

Leader: Monique Weston

518-576-2224

adkweston@gmail.com

Saturday, May 27**Mount Colvin**

After an easy walk on the Lake Road, we will hike up the Gill Brook trail for a little more than 3 miles. On the summit (4085 feet), we will have unobstructed views of Nippletop, the Great Range and the Lower Ausable Lake.

Level A: 13 miles, 2800 ft ascent

Leader: Julie Mercier

514-768-0382 (Canada)

juliemercier6@hotmail.com

Tuesday, May 30**Iron Mountain**

We will hike this new trail in Elizabethtown. From the summit we will follow a ridge line (part herdpath, part bushwhack) to an impressive view point. Inclement weather postpones till the following day. Pace is slower-moderate.

Level B: 4 miles, 1740 ft ascent

Leader: Elie Bijou

518-873-2119

adirondacks@verizon.net

Thursday, June 1**Owl Head Lookout**

We will hike the trail to the summit with nearly 360° views. Pace is slower-moderate.

Level B: 5.2 miles, 1300 ft ascent

Leader: Elie Bijou

518-873-2119

adirondacks@verizon.net

Friday, June 2**Trees of Jay Mountain**

We will ascend Jay Mountain at a leisurely pace while identifying tree species and observing the changes in flora with elevation and environment. We will walk part of the ridge, but not all the way to the summit.

Level B: 5 miles, 1500 ft ascent

Leader: Joe Bogardus

518-576-9739

joe.adks@gmail.com

Saturday, June 3**Street and Nye**

These peaks are among the easiest of the "trailless" 46ers. There is some steep climbing involved when approaching the ridge. There are occasional views of the MacIntyre range and beyond. Pace is slower-moderate.

Level B: 9 miles, 2800 ft ascent

Leader: Elie Bijou

518-873-2119

adirondacks@verizon.net

Sunday, June 4**Bear Run & Cathedral Rocks**

We will visit these beautiful sites in the AMR with nice waterfalls, rock formations, and views.

Level B: 4.8 miles, about 1000 ft ascent

Leader: Peter Hope

603-863-6456

phope@oxfordnetworks.net

Saturday, June 10**Lyon Mountain**

This is a nice hike in the woods with many switchbacks. The summit and fire tower have 360° views, including Montreal in the distance. Pace is slower-moderate.

Level B: 8.6 miles, 1930 ft ascent

Leader: Elie Bijou

518-873-2119

adirondacks@verizon.net

Sunday, June 11, 2017**Hurricane Mountain**

This is a traverse with a car shuttle required from Crow Clearing to 9N. The summit has beautiful 360 degree views from Lake Champlain to high peaks and a restored fire tower. Contact leader prior to trip to arrange shuttle. The hike will be at an easy pace. This is a joint hike with Sierra Club Hudson Mohawk Group.

Level B: approx. 9 miles, 1,600 ft ascent

Leader: Don Pachner

518-576-9069 eves

wildplaces@verizon.net

Saturday, June 17**Owens, Copperas & Winch Ponds**

We will hike the loop to explore the three ponds and have lunch at the lean to. Meet at St Brendan's at 9:00, or call to meet at the trailhead.

Level C: about 2 miles

Leaders: Bob & Nancy Kohlbecker

518-576-2294

nancykohlbecker@gmail.com

Saturday, June 24**Cascade, Porter, and Blueberry**

We will spot cars at the Marcy Field trailhead and drive to the Cascade trailhead to start the hike. We will go over the beautiful Porter ridge and descend steeply with muddy sections and open rock to the trailhead. Pace is slower-moderate.

Level A: 7.8 miles, 2700 ft ascent

Leader: Elie Bijou

518-873-2119

adirondacks@verizon.net

Sunday, June 25**Blueberry Mt Trail Work**

We will do trail maintenance on a portion of the Marcy Field to Blueberry to Porter Mt trail. We will trim back vegetation, cut/clear blowdown, and open drainage ditches. Bring work gloves and tools (lopper, shovel, or hoe) if you have them. This is a joint hike with Sierra Club Hudson Mohawk Group. We will meet at Marcy Field trailhead off Route 73.

Level B: approx. 6 miles, 2000+ ft ascent

Leader: Don Pachner

518-576-9069 eves

wildplaces@verizon.net

Thursday, June 29**Clements Pond**

This is an easy hike through lush forest with stone ledges and a brook to a beautiful pond with Rhododendron maximum which should be blooming. This rhododendron is not native this far north and was probably planted, perhaps there was a homestead or camp here at one time.

Level C: about 3 miles

Leader: Carol Gates

518-523-4784

cgates46r@gmail.com

Recipe

Another potluck favorite

Just in time for summer! This is a delicious dish that Deb Brown frequently brings to our potlucks. Her grandmother acquired it on a family trip to Sturbridge Village, MA. Deb writes,

“My grandmother would be so thrilled that her secretly acquired recipe will be enjoyed by other ADKers. I have changed it a wee bit myself.”

COLONIAL POTATO SALAD

- 1 cup mayonnaise
- 2 tbsp horseradish
- 3 tbsp vinegar
- ¼ cup minced onion
- 2 ½ tsp salt (*I use a bit less*)
- 1 tsp ground rosemary (*I use fresh, snipped finely*)
- ½ tsp white pepper (*I just use black*)
- 4 cups ½ inch diced potato, boiled just tender (*I use russet or baking potatoes*)
- 1 cup diced celery
- 8 hard boiled eggs (*I use 4*), chopped

Blend mayonnaise with seasonings, combine with potatoes. Cover and refrigerate several hours or overnight (is best). Shortly before serving add celery and eggs. (*I garnish with fresh chives*).



October 2016 potluck at the home of Kathy and Jeff Wiegand, featuring a campfire, sing-along and spectacular fall colors!

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Adirondack Mountain Club
Dedicated to the Preservation, Protection and Enjoyment of the Adirondack Preserve

Chapter Chair – Christine Barnes
Vice Chair – Bill Harral
Secretary - Maureen Deighan
Treasurer - Bill Peabody
Director - Bert Yost
Alternate Director - Joe Bogardus

Executive Committee:
(appointed by the Chapter Chair)

Conservation – Dean Melville
Education - Judith Peabody
Membership - Nancy Kohlbecker
Hospitality - Monique Weston
Outings - Joe Bogardus
Trails - Joe Bogardus
Newsletter and Publications -
Leslie Shipps

Member at Large:
Deb Brown
Peter Beatty



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Inside this issue:

Outings and potluck schedule for
March – June 2017