



TRAILMARKER

Adirondack Mountain Club

Iroquois Chapter

Est 1972

May 2015



Falls on Dug Mountain Brook at the south end of Indian Lake.

photo by Greg Smith

Since the advent of the Iroquois Chapter's electronic Trailmarker and the subsequent printing cost elimination, our chapter treasury has grown considerably. It has been suggested by several members during the March meeting that donations to worthy causes should be considered. Hence, several ideas have been promulgated. The merits of each organization with whom our chapter may donate will be discussed at the May 12th meeting. As a framework for our consideration, any potential chapter donation should reflect the five fold mission statement of the Adirondack Mountain Club - conservation, advocacy, recreation, education, stewardship. I would like to add one further and equally important dimension to that mission statement in that the donation should enhance our local name recognition within the community. This is important to increase the number of members within the chapter who may be willing to assume leadership/volunteer positions. I encourage all members to attend our May 12th meeting and become part of the conversation regarding this topic.

I would like to take this opportunity to recognize and thank Greg Smith for his efforts in organizing the April Open House, Allison Gaffney for contacting the Utica OD and Wendy Sanders for providing refreshments. The event was a great success. In addition, I wish to recognize and thank our presenters who had displays - Norm Landis and Georgeanna Howanietz, Carl Anderson, Greg Smith, Ed Kobos, Bill and Mary Coffin, Carol and Dave White and ADK representative Laurie Schweighardt.

Please note that the May chapter meeting will be held on the second Tuesday, May 12th, NOT May 5th. Please mark your calendars accordingly. Scott Healy, local forest ranger based in Herkimer will be our featured program speaker. Meanwhile, enjoy the warmth of spring and I will see you on the trail or at the next meeting.

Paul Sirtoli

TRAILMARKER Iroquois Chapter

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Up Coming Events

Friday and Saturday, May 1st and 2nd

EMS Clubdays

Get great deals on gear and also help support ADK's National Trails Day and its Trails Program. Participating EMS Stores in NY: Albany, Amherst, Carle Place, Fayetteville, Ithaca, Lake Placid, Niskayuna, NYC-SoHo, NYC-Upper West Side, Pittsford, Poughkeepsie, Saratoga Springs, Scarsdale, Syracuse. For more info, please click the following link:
http://www.adk.org/elbo/assets/79-035%20EMS%20Club%20Day%20Flyer_May15.pdf

Monday May 11

Adopt - A - Highway Clean Up Spring

We will meet at the second turn around on route 12 starting at 4.30 pm until done or dusk. Monday, May 18th is the rain day. Then to pizza and soda as our thanks. More info call 826-7870 or tblackstone@ntcnet.com All are welcome, the more the faster and easier it is.

Tuesday, May 12, 2015

Chapter meeting at 7:30 PM

New Hartford Presbyterian Church

The program will feature DEC Ranger Scott Healy who will discuss the unique species that inhabit the pitch pine habitat of the Rome Sand Plains.

Tuesday, June 2, 2015

Chapter Picnic starts at 5 PM

Spruce Pavilion at the New HartfordTown Park

Chapter will provide hamburgers and hotdogs, buns, condiments, drinks. Bring a dish to pass.

June 5 to 7, 2015

National Trails Day

Wanakena, NY

Free camping at the state park for participants. There will be many opportunities for volunteer trail work in the Cranberry Lake region. Light snacks Friday evening, and dinner Saturday evening. For information and registration check: <http://www.adk.org/page.php?pname=national-trails-day>

Iroquois Chapter New Members

We would like to welcome the following new members:

Sue Clark and Brad Drury

John Gilligan

Ryan Lynch

Kevin Lynch

Jolee and Cole McCraith

Jack and Matt McCraith

Thomas McCraith

Robert Morgan

Andy Noyes

Robert Malecki

Barbara Scarpino

Shelby Szuba

David, Alex, Olivia, and Jake Smith

Roger, Melanie, Cynthia, Sarah, and Mary Skinner

BACKTRACKS...

Bethune Vly/French Vly

March 6, 2015

Similar to our hiking excursions during January/February, Jim Lomonaco, Ed Kobos, and Paul Sirtoli drove to Fayle Road in temperatures below zero. Our goal, Bethune Vly, lies at the base of its name sake mountain, Bethune, in the town of Morehouseville. Parking near the bridge that crosses the South Branch of the West Canada River, we began our snowshoe trek on a recently traversed snowmobile trail. Unlike several weeks prior when I led a trip to Gid Lake, the trail provided much needed support as we trudged up the road to the trail leading to French Vly. Rather than drop down to the vly, we continued on the road until we arrived at a private property line for a hunting club. Leaving the road, we bushwhacked through open hardwoods along the state boundary line northwest to several small vleis that marked the southern terminus of the massive Bethune Vly. Although the snow pack was crusty, Ed and Jim were somewhat post holing in the 2 to 3 foot snow pack with their smaller snowshoes. Using my 40 year old wooden bear paw shoes, I pretty much floated on the surface, until we walked through conifer stands. There, the snow remained unconsolidated, and we all struggled in the deep powder.

Nestled on four sides by hills and mountains, Bethune Vly is a vast snow field meadowland; the shrubbery and water channels buried beneath mountains of wind swept snow. Despite the mid teen temperature, the brilliant sunshine had a warming effect on our bodies, especially on this particular day without a breeze. After traversing the vly, we decided against re-tracing our steps in our snowshoe path, but rather set a heading for French Vly. Surprisingly, the mix conifer/hardwood forest between the two meadowlands was fairly open, thus we snow shod with relative ease, despite the snow depth. Just as large as Bethune Vly, French Vly sprawls west to east, is open, and its shoreline is rimmed by an open copse of conifers. Following Ed's photo spree, we headed back toward the road and vehicle, thus completing a six plus mile loop in about six hours, with daylight to spare.

Submitted by Paul Sirtoli

Peaked Mountain Climb

March 12, 2015

Paul Sirtoli, Kathy Miles, Nate Mack and I arrived at the trailhead for Peaked Mountain (the north end of Thirteenth Lake) on a typical March day. It was bright, sunny and very windy. The trail seemed hard-packed so three of



Paul Sirtoli and Jim Lomonaco, as they enter Bethune Vly
Photo by Ed Kobos

us started out with micro-spikes while Nate wore snow shoes. We decided to walk across Thirteenth Lake, something that cannot be done any other time of year. However, the conditions of the snow pack were quite variable and we found ourselves post holing a bit. It was strange how the holes filled up with slush. So, off with the spikes and on with the snowshoes. We could see the wind creating snow swirls on the lake, but the sunshine made up for the windy conditions.

We left the lake where Peaked Brook entered it and followed the trail up along the brook. Again, we found the conditions variable. Paul opted for micro-spikes, but the rest of us stayed in snowshoes. As the trail approached the vleis, we were treated to views of Little Thirteenth Mountain, Slide Mountain and eventually, our destination, Peaked Mountain. Peaked Mountain Pond was reached after being on the trail for about 1 ¼ hours. A note should be made here that if one needed to get off trail to do a 'fluid adjustment', snowshoes were a must!

The climb up to the summit of Peaked was filled with steep challenges, but the views just kept getting better and better. Snowy, Blue Mountain, perhaps Owls Head (in Long Lake) all made appearances as we huffed and puffed our way to the summit which is about 700 vertical feet above the pond. To our surprise and absolute delight, the summit was out of the wind so that we could enjoy our lunch and rest. From various points on the summit, we could see Peaked Pond, the vleis we had walked along, Thirteenth Lake, Gore, Ruby Mountain and the Garnet mines. A trip around the summit led us to a spectacular view north to the high peaks. The Dix Range was clearly visible along with the Great Range with Marcy center stage and Colvin and Algonquin to its left.

The climb down from the summit was quite a challenge. The few steep icy spots had to be negotiated carefully. With the help and support of each other, a rope provide by Paul and a bit of butt sliding by me, we reached the pond with no mishaps.

Our walk out was filled with friendly conversation and much laughter. But, Kathy had a surprise in store for all of us. She flew her kite as we walked back along Thirteenth Lake. A memorable time was had by all!

Submitted by Nancy Buckley



Nate Mack, Paul Sirtoli, Kathy Miles with Peaked Mt. in the background

Photo by Nancy Buckley

Buck Meadow Mountain

March 18

Lying southwest of Thirteenth Lake, this diminutive mountain, elevation 2587 feet, is dwarfed by Puffer Mountain to the west and the Bullhead Mt. range to the northwest in the Siamese Pond Wilderness region. Taking advantage of a packed trail to Thirteenth Lake, Kathy Miles, Nancy Buckley, Nate Mack and Paul Sirtoli used micro spikes to Puffer Pond. After a brief respite at the lean-to we continued our trek along the lake shore for about a mile to a point where we began our snow shoe bushwhack south toward the summit cone. The snow pack, diminished by recent rain and warm weather, was coated by a thick ice crust facilitating fairly easy snow shoeing. Nonetheless, Nate and Nancy were having a difficult time with their smaller snowshoes,

often times breaking through the icy veneer, and sinking into a foot or more of granular snow. As we neared the forested summit, we happened chance across a bare shoulder of the mountain which afforded a nice view of cliffs on Puffer Mt. as well as a limited view of Twin Ponds. The actual summit had limited views through the trees, so after a brief lunch, we decided to check out the Twin Ponds by carefully descending the steep face toward Puffer Mt. Cradled on three sides by mountains, the glistening white surface contrasted sharply with the conifer lined shoreline. Occasional shrubs poked through the snow pack on the vleis surrounding the ponds. Although this 15 F degree day was quite sunny, the extremely brisk northwest wind pushed the temperature into the single digits, thus we did not linger long on the well frozen pond surface. My topo map indicated a trail leading from the ponds back to the main trail. This we could not find, hence we bushwhacked out to complete a mini loop. Having missed the trail on our trek in, I am quite confident that due forest blow down and lack of maintenance, this trail is a relic of the past. Arriving at the Kings Flow parking lot just after 4 PM, our 9.5 mile trek took 6.5 hours of invigorating and scenic hiking in the Adirondacks.

Submitted by Paul Sirtoli

Hart Vly Lake

April 1

Old man winter and spring mama conspired to make perfect snow shoe bushwhack conditions-hard packed snow, deep blue sky, brilliant sunshine, and moderating temperature that remained in the low thirties. After spotting a vehicle at the Jockeybush Lake Trail Head, Kathy Miles, Nancy Buckley, and Paul Sirtoli drove to the Tomany Mt. parking area for the start of this early spring adventure. Although marked on my old Piseco Lake Topo map, the trail to the now defunct look out tower at the summit of Tomany Mt. is virtually non-existent today. The reader may want to have a map handy to follow our convoluted route.

Donning snow shoes, the trio immediately began climbing the small hills to an unnamed body of water south of Tomany Mt. Kathy aptly named this long beaver meadow Tomany Pond. It may have been a pond in the distant past, but now it is essentially a large, open vly with a deep channel coursing through it. We followed the drainage to the point where it intersected with the Hart Vly Lake outlet. Here we swung north following the outlet with its myriad small water falls, all inundated with snow. Arriving at the lake by late morning, the southern portion of the lake is a massive vly, which affords wonderful views of the backside of Tomany Mt.

Despite the warming temperature the cool wind whipping our faces reminded us that winter still had a grip on the region. Accordingly, we found a sheltered area on

the shoreline for a relaxing lunch break. Setting a course for Limestone Creek, we headed through the open hardwood forest NW to several small vleis on this creek, going out of our way slightly to check them all out. Fortunately, the snow pack was over two feet deep, allowing us to snow shoe easily on the crust over the buried vegetation. Leaving the creek, we essentially headed north to another unnamed pond, aptly dubbed Alpiner Pond by Kathy. Unlike many ponds in the Adirondacks the shoreline of this pond was fairly open, bordered by hardwoods rather than spruce and fir trees. Here we took a much needed snack break for our second wind. Jockeybush Lake was a half mile north of our position. To save time and distance we swung NE, following the base of the mountain which led us to the Jockeybush Outlet and the trail to Route 10. Traversing through the open meadows and hardwoods, the eight plus mile loop took us 6.5 hours. The spring/winter conditions provided almost effortless snow shoeing that at other times of the year would be arduous.

Submitted by Paul Sirtoli

Cliff and Redfield

April 13, 2015

Jim Lomonaco, Darlene Whitaker and I left the Utica area at 5:30 AM for this trip. We arrived at the Upper Works and were on the trail at 8:29. We decided to carry our snow shoes, because the trail was frozen and hard packed. We didn't create any post holes, but there were some snow shoe sized holes left over from prior weeks. The sun was out and the temperature was in the single digits. Our pace was pretty quick all the way to the Flowed Lands, with just a short stop at the Henderson monument for a group picture. The Flowed lands were frozen with plenty of tracks leading across it to the Lake Colden Dam. We took the trail to the Uphill lean-to, with some great views of the creek below. We arrived at the Cliff/Redfield junction and decided to follow the duo, in front of us, that had the same itinerary. At this point the sun had disappeared and it was snowing lightly. We stopped to put on our snow shoes just in case we ran into deep snow. We headed to Cliff first. The trail was generally hard packed, but if you strayed you could sink up to your waist near the pines. There were at least three tricky spots where ice made climbing difficult and slow. On the way up near one of the icy cliffs, we saw where someone had apparently slid off the trail. We wondered if this is where a hiker was injured the previous week and had to be air lifted out. After hitting the false summit the trek was again down hill where we met two guys in front of us. We continued up to the top. The summit sign was below our knees, and we stopped for lunch and pictures. I set up my camera on my tripod and secured it to a tree. As I was adjusting the view and 10 second timer, I sank up to my waist. When we started to



Paul Sirtoli at Puffer Pond Lean-to

photo by Nancy Buckley



Nancy Buckley and Kathy Miles on Tomany Pond

photo by Paul Sirtoli



Pat Fitzgerald ascending Marcy, April 4, 2015

photo by Brian Sanders

climb down the snow all but stopped. Most of the other peaks were only slightly visible due to the clouds. Heading down was tricky in the real icy spots. We used rope to ensure our safe descent and at two locations and there were a few areas where butt sliding was used (some by accident). When we hit the junction to Redfield, where we only stopped for a short break and then headed up. The trail didn't seem as steep and there were no icy spots to traverse. The sun was now peeking out, and the mountains in the distance were more visible. When we re-met the two climbers (on their descent) they told us that the rest of the trail up was about the same as what we had already climbed. We appreciated the info and kept climbing. The

toughest part of this climb was stopping for all the great views. At one point we could see Santanoni, Panther, Marshall, Iroquois, Boundary, Algonquin, Wright, Colden, Whiteface, Gray, Marcy and Skylight; without moving our head. Wow, what a great geography lesson. At the summit, I took more pictures. We only stayed on top a short time, because our goal was to get back to the Upper Works before dark. We made excellent time on the return trip. We were unsure if the trail would softened up during the day, so we kept our snow shoes "on" until we were between the Flow Lands and Upper Works. The only issue we had on our return, was that the sun went down. We had to use our head lamps for the last 35 minutes.

submitted by Ed Kobos

Hudson River and Fox Hill

April 16, 2015

Postponed in December due to foul weather, Paul Sirtoli, Kathy Miles, Nancy Buckley and Nate Mack took advantage of a warm day to walk the tracks from Route 28, north to the confluence of the Hudson and Boreas Rivers. Walking on the railroad ties was awkward initially but we soon got our rhythm as we trekked 3.5 miles down the line to the large trestle spanning the Hudson River. Gorging rivulets cascading from the surrounding steep hills added to the seething water turbulence as the Hudson snaked toward North Creek. At the vicinity of the trestle we walked past several camps, some well kept, and others littered with beer cans. Following lunch we took a woodsman's path to the confluence of the two rivers. At the junction lies another camping area beneath very large pine and hemlock trees. Recrossing the trestle, we immediately bushwhacked toward the summit of Fox Hill and the lichen clad overlook facing south. We were not disappointed. The snow glistened brightly on the ski slopes of Gore Mountain. The rocky cliff face dominated the Moxham Mt. massive. The sight and roar of the Hudson waters adjacent to the tracks was barely audible over the gentle breeze.

The dictates of time warranted our departure, so we bushwhacked west to the actual summit of the hill then south and east back to the tracks. During our bushwhack back to the tracks, we intersected an old unmarked trail going up the valley toward Harris Rift Mt. This trail led us back to one of the camps along the tracks, where we shuffled our way back to the car. This leisurely, scenic spring trip of eight plus miles took us about 6.5 hours. Our wonderful day was further enhanced when Kathy served her wonderful cherry tarts following our hike.

submitted by Paul Sirtoli



Darlene Whitaker, Ed Kobos and Jim Lomonaco on the summit of Redfield *photo by Ed Kobos*

Kathy, Nate, Paul and Nancy at the junction of the Boreas and Hudson Rivers *photo by Nancy Buckley*



Coal and Quarry Mts.

April 20, 2015

Leaders: Paul Sirtoli, ADK Iroquois Chapter, Kathy Miles, Alpiners.

Alpiners attending: Nate Mack, Gary Wilcox, Steve Hallock, Scott Healy

Ruffles have Ridges. And so does the string of hills that run parallel and to the north of Brown's Track trail. This was the most outstanding feature of our bushwhack. We started at the



trailhead on the eastern end of the Okara Lakes but we were only on the trail a few minutes before heading north to the first open ridge. We made our way from there up to the long ridge on Coal Mt. No snow so far and the only new plant life we saw were Trout Lilly leaves. When we dropped off of Coal's ridge to head for Quarry Mt. we were in a 'snow valley'. Here there were many patches of snow but no need for snowshoes. It is now safe to put those things away until next season. Quarry Mt. had a short steep ascent. We were pondering the origin of its name when Scott filled us in on the sad history of Charles Herreshoff (married to John Brown's daughter Sarah), who had an iron ore mine in the area in the early 1800s. Perhaps he also had a quarry near by. The descent off of Quarry Mt. was a long sloping open rock ledge. We had one more knob that we climbed, also with an open rock area, before we descended to a creek that led to the Big Otter Lake trail. We had spotted a car at that trailhead, on Herreshoff Rd. So ended a delightfully sunny day in the woods.

Some pictures are posted on the Photo Gallery Page of the website - <http://mvalpiners.webs.com>

Coal Mt. summit. LEFT TO RIGHT: Scott Healy, Paul Sirtoli, Gary Wilcox, Kathy Miles, Steve Hallock and Nate Mack
photo by Scott Healy

TRIPS

May 16, 2015

McKenzie and Haystack Mountains

Let's knock off two more of the Saranac 6ers. McKenzie is the highest of the Saranac 6 at 3822ft. With an ascent of 2221ft. It offers great views of Whiteface, Marcy and Saranac Lake Village. Along the way we will bag Haystack Mountain at 2864ft. With an ascent of 1302ft. Total trip will be over 12 miles R/T.

Rating: A

Meeting Place & Time: TBD

Leader William Luppino, 360-0359 or wluppino@msn.com

Saturday, May 23, 2015

Family Walk

Bring the little ones (good walkers, maybe age five and up or in strollers) for an easy walk on ROME'S NEW-EST TRAIL along the Erie Canal paved trail starting at Muck Road (just off S. James St) Rome. Bring picnic stuff for Bellamy Harbor Park (or meet someone there with supplies).

Contact Norm Landis at Romelandis@peoplepc.com or leave message at 336-3798 at least a couple days ahead for meeting time.

May 30, 2015

Scarface and Baker Mountains

Join me as I finish up the Saranac 6 and ring the bell at the Saranac Village Green. We will hike Scarface Mountain at 2864 ft. With an ascent of 1302ft. with a 6.6 mile R/T distance. Then we will head to Baker Mt. at 2452ft. And an ascent of 884 ft. with a 1.6 mile R/T distance.

Rating: B+

Meeting Place & Time: TBD

Leader William Luppino, 360-0359 or wluppino@msn.com

May 30, 2015

Smith Mountain (Wells)

At an elevation of just over 2600 feet, Smith Mountain is one of the larger mountains bordering and south of the Route 8 corridor. Unknown to many hikers, there is a small escarpment cliff overlooking the Jimmy Creek headwaters. My plan is to hike a snowmobile trail east to the Girard Sugarbush, then bushwhack to the cliff that marks the southern boundary of the mountain, a short

distance from the actual summit. Total round trip distance is about 8 miles. Poor weather will postpone this trip to the fall or winter.

Rating B+

Contact: Paul Sirtoli: 737-8353 or psirtoli@hotmail.com

Saturday, June 13, 2015

Family Walk

Bring the little ones (good walkers, maybe age five and up or in strollers) for an easy walk along the Old Erie Canal on packed stonedust trail starting at Route 69, Stanwix. Probably a couple miles tops, depending on participants.

Contact Norm Landis: Romelandis@peoplepc.com or leave message at 336-3798 at least a couple days ahead for meeting time.

June 13, 2015

Balsam Lake Mountain

Escape the Adirondack black flies. For those of you looking to do the fire challenge or the 3500 footers of the Catskill Mountains this could be the hike for you.

This will be a joint hike with the Tramp and Trail Club.

Rating: B

Meeting: Gems Along the Mohawk in Herkimer at 8:00 am.

Contact Carolyn Eastman: cama_200@yahoo.com or 315-525-0366 or Bobbie Scarpino at 269-4099

June 14, 2015

Erie Canal Mountain Bike Ride

Let's beat the bug season with a mountain bike ride from Canajoharie to the canal trail terminus between Auriesville Shrine and Amsterdam. The hardened stone dust trail is railroad grade. One way distance estimated at 15 miles. Visiting the Auriesville Shrine grounds is a side trip option. Spotting a vehicle is also another option.

Poor weather will postpone.

Rating C

Contact: Paul Sirtoli: 737-8353 or psirtoli@hotmail.com

June 20, 2015

North Country Trail Team Work Hike

Join us as we touch up trail on a section of the FLT/NCT.

We provide tools. Bring work gloves, lunch and water.

Distance RT: 3 miles. Map: Delorme 61 or 77.

Rating B

Meeting time: 9:00 am

Leaders: Mary and Bill Coffin: maryccoffin@gmail.com

Phone 315-687-3589

Saturday, June 27, 2015

Pitch Pine Bog

West Thomas St., Rome. come and see pitcher plants and more. Less than four miles total, depending on loops taken.

Contact Norm Landis: Romelandis@peoplepc.com or leave message at 336-3798 at least a couple days ahead for meeting time.

July 18, 2015

North Country Trail Team Work Hike

Join us as we touch up trail on a section of the FLT/NCT.

We provide tools. Bring work gloves, lunch and water.

Map: Delorme 61 or 77.

Distance RT: 3 miles

Rating B

Meeting time: 9:00 am

Leaders: Mary and Bill Coffin: maryccoffin@gmail.com

Phone 315-687-3589

July 19, 2015

Paddle Moss Lake

We will paddle around Moss Lake just off Big Moose Road and investigate its picturesque outlet. If time we have the option to hike the lake trail. Wear PFD and bring your own canoe or kayak equipment, lunch and water. There is a short 135 yd [about 25 rods] carry to put in. Possible supper stop on way home. Map: Delorme 86, ADK West Central, ADK Nat Geo #745.

Paddle Distance: 3 to 4 hours

Rating: B

Meeting Time: 9:00 AM

Leader: Mary Coffin 315-687-3589

or Brenda Veilleux 315-463-9103

Email: maryccoffin@gmail.com

Chapter Outings

Rating	Effort Level	Elevation gain	Miles (round trip)	Time in Hours
A +	Very Strenuous	4000 ft +	10 +	10 +
A	Strenuous	3000 ft +	5 - 10	8 - 10
B +	Mod. Strenuous	2000 ft +	5 - 10	6 - 8
B	Moderate	1000 ft +	8 - 10	5 - 7
C +	Fairly Easy	1000 ft +	5 - 8	4 - 6
C	Easy	under 1000 ft	under 5	under 5

July 24, 2015

Kunjamuk River to Elm Lake Kayak Trip

Stop at the firehouse in Speculator before putting in at Kunjamuk Bay off Route 30. We paddle against a gentle current with probable beaver dams and some shallow spots that could require dragging. Our goal is to reach Elm Lake about 10 miles. A stop at the Kunjamuk Caves may be a possibility if time permits.

Rating: B

Meet Place: Mapledale at 9:30am

Contact: Margaret Higginson - higginson@frontiernet.net

July 26, 2015

FLT/NCT Onondaga e2e & Community Family Hike (Spruce Pond to Bardeen Rd.)

Join us for this part of the Onondaga Trail e2e series, Spruce Pond to Bardeen Rd. We will hike through mature mixed hardwoods past two lovely ponds and conclude with an overview of Fabius. Little elevation change. Bring lunch and water. Map: Delorme 61.

Rating: B

Meeting time: 9 am

Leader: Mary and Bill Coffin - maryccoffin@gmail.com

Phone 315-687-3689

Aug 9, 2015

Puffer Pond Kings Flow Loop on the NCNST Adirondack Route, Siamese Ponds Wilderness

We will hike a section of the North Country National Scenic Trail route as a loop and visit a traditional lean-to on Puffer Pond and including King's Flow and cascading Puffer Pond Brook. Bring lunch and water. Map: Delorme 37, ADK Central Guide pp77-81 Distance RT: 6 miles. Possible supper stop on way home. **Limit of 10 on this trip.**

Rating: B

Meeting Place & Time: Please call leader

Leader: Mary Coffin - maryccoffin@gmail.com

Phone 315-687-3689

Sept 26 2015

NCNST Annual Trail Day: Rock and Long Ponds, Siamese Ponds Wilderness

We will explore the NCNST Adirondack Route north of Speculator. The trail passes two typical Adirondack lakes with all the ambience one would expect of a National Scenic Trail. This trip is in celebration of NCNS Trail Day. Possible supper stop on way home. Map: ADK Central Guide pp 124-6, Delorme 37.

Distance: RT about 5 miles.

Rating: B

Please call leader to reserve a spot.

Meeting time: 8:30 am

Leader: Mary Coffin, 687-3589 maryccoffin@gmail.com

Date TBD

Hike into either Middle Branch Lake or Middle Settlement Lake in Ha-de-ron-dah Wilderness to check on Iroquois Chapter's adopted lean-tos

Could be day hikes or overnight. Also, if you're going there some other time, check with Norm for info to note for our annual report.

For info contact Norm at Romelandis@peoplepc.com or leave message at 336-3798.



Thanks to John Paluck and Mike McEaney (above), Ed Kobos, Norm Landis, and Paul Sirtoli who worked on the Vista Trail, April 25th. *photo Carl Anderson*

Working on your 46?

*Are you looking for other aspiring peak baggers?
Introducing a contact listing for members.*

This will be a listing of names and contact info only. (No lists of peaks needed or completed.) Anyone who wishes to to be included - should send your name, email and/or phone to this newsletter: vanhattenanderson@gmail.com

We will list your info once, the rest is up to you.

Newsletter Submissions....

Feel free to submit your stories and photos for inclusion in the Trailmarker. Please use a digital camera for taking photos as the resolution on a camera phone is too low to reproduce well.

Email: vanhattenanderson@gmail.com

Photos: use jpeg or tiff format

Stories: send as a .rtf or .doc file or include in an email message.