I hope you all are enjoying the warmer weather. I was lucky enough to spend most of my winter here too. There was some great back country skiing this year, along with the brutally cold temps. It has been an exciting year in the Northcountry and here are a few highlights:

I know many of you are seasonal residents or frequent visitors so I have again included a section on farm to table local eats. This year I added a few local food trucks and where to find them.

While the Essex Lakes Plan is still being drafted, the area is opened for public use; it offers numerous new lakes and trails to be paddled and explored. For more information on visiting the Chain Lakes, please visit the DEC page: http://www.dec.ny.gov/lands/91888.html

For more info on the development plan, which is still open for public comments: http://www.dec.ny.gov/lands/97474.html

In March Governor Cuomo announced an agreement to prevent the spread of aquatic invasives in the Adirondacks. You'll find an article written by one of the stewards of the Paul Smith’s Adirondack Watershed Institute on the boat washing stations which were part of this historic agreement.

I hope you will consider joining us for our annual meeting and potluck in August.

~Lisa Godfrey, Keene Valley Chapter Chair
Farm to Table  Great local eats

The options for local food are growing in the region outside of the Sunday Farmers Market at Marcy Field. Here’s a list of some local farms and where to buy:

**Rivermeade Farm Market**
http://rivermedefarm.com
1925 NYS Rt 73 Keene Valley, NY  p 576-2021
Local Veggies, Maple Syrup, local meats and more

**Sugar House Creamery**
http://sugarhousecreamery.com
18 Sugar House Way, Upper Jay NY (across from the old schoolhouse) p 300-0626
Farmstore open everyday, honor system
Farmstead Cheese, Raw Milk, Eggs, and other products by Sugar House and neighboring farms

**Blue Pepper Farm**
http://www.bpfarm.org
91 Hazen Rd, Jay NY p 946-7949
Porch Fridge (91 Hazen Rd) self serve, Keene Valley Farmers Market, Sugar House Creamery Farmstore
Eggs, Fresh Chicken, Frozen Chicken

**Asgaard Farm**
http://www.asgaardfarm.com
74 Asgaard Way, Ausable Forks NY 647-5754
Farmstore Thurs 2pm-6pm Sat 10-2p, Keene Valley Farmers Market
Pork, Beef, Goat ,Goat Milks Cheeses, and other farm products
Mace Chasm
http://www.macechasmfarm.com
810 Mace Chasm Rd, Keeseville NY p 963-4169
Weekly deliveries, Keene Valley Farmers Market, Self serve freezer in butcher shop open Tues-Sat
Pork, Beef, Lamb, Chicken, Eggs and Sausages, also serving tacos and burgers thurs and fri eves at Ausable Brewing

Ausable Brewing Company
http://ausablebrewing.tumblr.com
765 Mace Chasm Rd
Keeseville, NY
Tap room open Thursday/Friday 2-8 and Saturday 12-8
Evening food truck schedule. This year they added a pavilion and outdoor seating
Thursdays 4-close Mace Chasm Food truck Taco Night
Fridays 4-close Mase Chasm Food truck
Saturdays 4- close Poco Mas Tacos

North Country Creamery
http://www.northcountrycreamery.com
931 Mace Chasm Rd
Keeseville, NY p 645-2697
Cafe Open seasonally Fiday-Sunday 9am-3pm
Farm Store Tuesday - Sunday 9am-6pm
yogurt, cheese

The Clay Hearth Wood Fired Pizza
http://www.theclayhearth.com/events/
Soundwaves Summer Concert Series in Westport at Ballard Park - First Fridays at East Branch Organics
Check out their website for other places to catch them, outside of the Keene Valley Farmers Market

The above is not a complete list. For more info on local foods check out:
http://www.adirondackharvest.com

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Outings

Thanks to the ongoing collaboration between Keene Valley Chapter, Hurricane Chapter, and ATIS we are once again able to offer an interesting variety of weekday hikes, paddles and less traditional outings (for instance, a tour of the Underground Railroad Museum) in July and August. There are also ADK-led offerings on weekends and in the shoulder seasons.

If you don’t find the trip you’d hoped for on the combined schedule - perhaps you had your heart set on conquering the daunting Sowards this year? - you might want to check with other chapters. And as always, I welcome requests for next year; there are leaders who ask for suggestions. No hike or paddle is too large or too small. Of course, if you are interested in leading a trip, by all means let me know!

But if you just want to get out in the woods on your own, have houseguests and aren’t sure how capable they are ~ or don’t have a whole day free ~ you might want to consider some near-by shorter trails. They don’t require a major expenditure of time (or energy), are often overlooked, and can reward you with wonderful views. They also have the advantage of leaving time for a swim in Chapel Pond or a lazy afternoon reading a book!

A few, in order of difficulty, are: the Clemons Pond trail, accessed from Styles Brook Rd; Henry’s Wood, offers lovely walks outside of Lake Placid starting on Bear Cub Rd; Mt. Jo, (my personal favorite) at the ADK Loj ~ where you can finish with a swim in Heart Lake; the Owls’ Head Lookout trail, just off rte 9N, leads to open rocky summits with great views ~ as does Pitchoff, across from Cascade and Porter; in the Valley; The Crows (trailhead is on Hurricane Road) and Hopkins (route 73), and your reward is a breathtaking panorama. Finally, if you want a bit more of a challenge, try the improved and partially rerouted trails up Hurricane (route 9N) and the Jay Range (Jay Mt Rd).

Before starting any trip, whether with a group or on your own, be sure to check your guidebook for more detail and/or review the recent articles in the Adirondac (ADK’s magazine - 2013, 2014 & 2015 editions) which describe some of these trails in more detail. Lake Placid / High Peaks map 742 of National Geographic Adirondack Park series shows clearly all of the above and much more and can be found at the Mountaineer in Keene Valley. Always make sure someone knows your plans!

Now, polish your boots, pick up your hiking poles and head down (or up) the trail for your next adventure.

~Karen Doman Outings Chair  kqdoman@frontier.com

Outings Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Leader</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, July 7</td>
<td>Skylight from Elk Lake from Elk Lake over Boreas Ridge to Panther Gorge and Four Corners.</td>
<td>Pete Biesemeyer</td>
<td>483-0641</td>
</tr>
</tbody>
</table>

PARTICIPANTS PLEASE NOTE: Although Adirondack weather conditions in summer and fall are generally mild, storms can move in quickly at higher elevations and can include high wind, rain, hail, snow, and lightning. Some stream crossings may become dangerous. Stormy weather and rapid changes can also affect boating trips. Always consider the weather forecasts carefully and bring appropriate clothing and gear to the outing. Please be mindful that we are guests on ATIS and KV hikes and must comply with their policies and procedures. Also, please contact the leader in advance, as details of the outing may have changed.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Level</th>
<th>Contact Info</th>
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</thead>
<tbody>
<tr>
<td>Wednesday, July 8</td>
<td>AuSable River Paddle</td>
<td>ATIS</td>
<td>Leaders: Walt &amp; Augusta Gladding 963-8907</td>
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<tr>
<td></td>
<td>Paddle from Rt. 9 bridge near Peru to Lake Champlain via upper mouth and return via lower. Six boat limit.</td>
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<tr>
<td>Thursday, July 9</td>
<td>Silver Lake Mountain</td>
<td>ATIS</td>
<td>Leader: Annie Janeway 413-374-0988 x9925</td>
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<tr>
<td>Friday, July 10</td>
<td>Floodwood - Follensby Clear - Polliwog Pond</td>
<td>HURR</td>
<td>Leaders: Bethany Krawiec 946-1295 <a href="mailto:bethanykr@hotmail.com">bethanykr@hotmail.com</a></td>
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<tr>
<td></td>
<td>We will spot cars at Polliwog Pond. We will paddle across Floodwood Pond, down beautiful Fish Creek to Fish Creek Ponds. We will then go up Spider Creek in to Follensby Clear Pond then over a 250 yd carry in to Polliwog Pond and the cars.</td>
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<td></td>
<td>Level B</td>
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<tr>
<td>Friday, July 10</td>
<td>Bennie’s Brook Slide</td>
<td>ATIS</td>
<td>Leader: Tony Goodwin 576-9949</td>
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<tr>
<td></td>
<td>This slide, on Lower Wolf Jaw, is a mostly easy ascent but gets steep near the top.</td>
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<td></td>
<td>Level A, 8 miles</td>
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<tr>
<td>Sunday, July 12</td>
<td>Niagara Brook Falls</td>
<td>HURR</td>
<td>Leader: Elie Bijou 873-2119 <a href="mailto:adirondacks@verizon.net">adirondacks@verizon.net</a></td>
</tr>
<tr>
<td></td>
<td>We will access the path to West Mill Valley and then follow a path toward Niagara Brook Falls. Wear suitable clothing as much of this trip is a bushwhack.</td>
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<td></td>
<td>Level B, 8 miles, 900 ft ascent</td>
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<tr>
<td>Monday, July 13</td>
<td>Bridge Brook Pond Paddle</td>
<td>ATIS</td>
<td>Leaders: Jim and Emily Pugsley 576-9892</td>
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<tr>
<td></td>
<td>Involves a 1/4 mile carry each way. If too windy, the alternate is Bog River and Hitchens Pond.</td>
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<tr>
<td>Tuesday, July 14</td>
<td>Clemons Mountain and Pond</td>
<td>ATIS</td>
<td>Leader: Christine Bourjade 873-2488</td>
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<td>Half bushwhack, half easy trail.</td>
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<tr>
<td>Wednesday, July 15</td>
<td>Lake Everest Art Paddle</td>
<td>ATIS</td>
<td>Leader: Karen Glass 576-2058</td>
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<tr>
<td></td>
<td>Bring art supplies of your choice: water colors, charcoal, acrylics and a lunch. Pack them in a waterproof sack and join us for an art paddle to Lake Everest. We will paint more than paddle. All levels of expertise are welcome, never-held-a-brush to gallery glory.</td>
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<tr>
<td>Thursday, July 16</td>
<td>Chase Mountain in Keene</td>
<td>ATIS</td>
<td>Leader: Pete Biesemeyer 483-0641</td>
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<td></td>
<td>Half trail/half bushwhack to open ledges on south-facing summit near Hurricane.</td>
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<td>Level B, 4 miles, 1100 ft ascent</td>
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<tr>
<td>Thursday, July 16</td>
<td>Paddle Lower St. Regis Lake and Lunch</td>
<td>HURR</td>
<td>Leader: Mary Jean Bland 647-5803 <a href="mailto:mjbland@aol.com">mjbland@aol.com</a></td>
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<tr>
<td></td>
<td>We will put in at Paul Smith’s and paddle Lower St. Regis Lake up to the dam at Keese Mill and return for lunch at the St. Regis Café at the college. Reservations are required, limited to 10 participants. In the event of rain we will just do lunch.</td>
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<td>Date</td>
<td>Event Description</td>
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<tr>
<td>Friday, July 17</td>
<td>Deer River Flow Paddle</td>
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<td>Janet Balaguer &amp; Fay Weig</td>
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<td>Friday, July 17</td>
<td>Bike ‘n’ Breakfast</td>
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<td>Nancy Sinkoff</td>
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<td>Sunday, July 19</td>
<td>Monroe Skyline (Vermont)</td>
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<td>Peter Hope</td>
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<tr>
<td>Monday, July 20</td>
<td>Bennies Brook Slide</td>
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<td>Elie Bijou</td>
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<tr>
<td>Monday, July 20</td>
<td>Lyon Mountain</td>
<td></td>
<td>Maggie Sheldon</td>
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<tr>
<td>Tuesday, July 21</td>
<td>Lost Pond Hike</td>
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<td>Bob &amp; Nancy Kohlbecker</td>
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<tr>
<td>Thursday, July 23</td>
<td>Seven Carries Paddle</td>
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<td>Bethany Krawiec</td>
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<tr>
<td>Thursday, July 23</td>
<td>Stag Brook (Whiteface Ski Area)</td>
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<td>Ellie McAvoy</td>
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<tr>
<td>Thursday, July 23</td>
<td>Chubb River paddle</td>
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<td>Jim &amp; Emily Pugsley</td>
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<tr>
<td>Friday, July 24</td>
<td>Moose Mountain Surf ‘n’ Turf</td>
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<td>Tony Goodwin</td>
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<tr>
<td>Date</td>
<td>Event Details</td>
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| **Monday, July 27** | Bear Cubby (Keene)  
This trip is an easy bushwhack with open woods all the way, to the crest of a ridge, down to Bear Cubby, and circle back over some rocky bumps with views of Owls Head and the Jay Range.  
Level C, 1.5-2 miles, 500 ft ascent  
Leader: Pete Biesemeyer 483-0641 |
| **Tuesday, July 28** | Pitchoff Boulders  
This is the 14th annual Nina Webb Memorial hike.  
Leader: Missy Lang 576-4284 |
| **Wednesday, July 29** | Ampersand Mountain/ Swim  
A moderately steep 2 hour ascent followed by a swim afterward in Middle Saranac Lake.  
Leaders: The Leitners 359-7388 |
| **Thursday, July 30** | South Creek to Lower Saranac Lake  
We will spot cars at Second Pond. The paddle will begin on South Creek, cross Middle Saranac Lake, down the Saranac River through the Upper Locks and across Lower Saranac Lake to Second Pond.  
Level B  
Leader: Bethany Krawiec 946-1295 bethanykr@hotmail.com |
| **Thursday, July 30** | Tongue Mountain  
This is a mountain near Lake George with great views.  
Leader: David Thomas-Train 576-4592 |
| **Friday, July 31** | Blue Moon on Moose Pond  
Paddle with us on Moose Pond by the Light of the Silvery Moon. We will raise a glass and share some cheese as we celebrate the Blue Moon. Meet at 7:30 p.m. at the beach put-in on Moose Pond, just east of Bloomingdale. RSVP required.  
Leaders: Judith & Bill Peabody 802-310-5316 vtdoods@gmail.com |
| **Friday, July 31** | Bouquet River Paddle/Swim  
From Willsboro to Lake Champlain, with some swimming at the beach.  
Leaders: Jim and Emily Pugsley 576-9892 |
| **Sunday, August 2** | Red Rock & Potash Mountain  
We will hike to the col between the Crows and then bushwhack to Red Rock across the Jones Brook valley. Potash Mountain is up the ridge from Red Rock, north of the Nundagao Ridge path. Wear clothing suitable for a bushwhack. Level B, 6 miles, 600 ft ascent  
Leader: Joe Bogardus 576-9739 joe.adks@gmail.com |
| **Monday, August 3** | Cliff and Redfield  
This is a strenuous trip to Cliff and Redfield, two of the more remote High Peaks.  
Level A+, 19 miles  
Leader: Christine Bourjade 873-2488 |
Tuesday, August 4  Beginner’s Guide to Map and Compass #1  H U R R
We will meet in Elizabethtown to climb East Owl’s Head Lookout and Iron Mountain. Please bring map and compass, two pencils, eye protection, and wear clothing suitable for a bushwhack. Local map will be provided. Level B, 5 miles, 500 ft ascent
Leader: Elie Bijou 873-2119 adirondacks@verizon.net

Tuesday, August 4  Catamount Mountain  ATIS
Leaders: Maggie Sheldon & friends 576-9805

Wednesday, August 5  Santanoni Range  ATIS
AARP (Adult At Relaxed Pace) trip to Santanoni, Panther, and Couchsachraga.
Level A+, 18 miles (9 mi on herd paths)
Leader: Tony Goodwin 576-9949

Thursday, August 6  Follensby Clear Pond Paddle  ATIS
Leaders: Elizabeth Hutchins & Fay Weig 914-672-4231 (Fay’s cell)

Thursday, August 6  Route 73 Roadside Clean-up  H U R R
The Chapter has adopted a section of Rt 73 in Keene to pick up trash along the road. Meet at 9:30 a.m. at the parking area next to the river opposite Airport Road.
Leader: Wesley Krawiec 946-1295 wesley.krawiec@gmail.com

Friday, August 7  Big Crow for Breakfast  ATIS
Bring a beverage. Limit 13.
Leaders: Walt & Augusta Gladding 963-8907

Sunday, August 9  Chapter Annual Meeting  H U R R
(no outings scheduled)

Monday, August 10  Grace, Spotted, and Elizabethtown #4  H U R R
This will be an interesting bushwhack to Grace Peak, formerly East Dix. We will follow a path from Rt 73 to E’town #4 and mostly follow the ridge to Spotted and Grace. Wear suitable clothing as much of this trip is a bushwhack. Level A, 11 miles, 3000 ft ascent
Leader: Elie Bijou 873-2119 adirondacks@verizon.net

Monday, August 10  Seymour Mountain  ATIS
Level A, 14 miles, 2500 ft ascent
Leader: Bob Wei 576-4205

Wednesday, August 12  John Brown’s Farm  ATIS
A 2 mile trail walk and house tour.
Leaders: Dan and Ellen Strickler 576-2629 (after 8/1)

Thursday, August 13  Shady Creek to Axton Landing Paddle  ATIS
Leaders: Mary Janeway & Fay Weig 914-672-4231 (Fay’s cell)

Friday, August 14  Hudson and Opalescent Rivers Paddle  ATIS
We will explore a newly-opened paddle; approx. 6 miles flat water or mild current.
Leader: Tony Goodwin 576-9949
Saturday, August 15  
**Round Mountain – The Back Way**  
We will climb and descend Round Mountain using rock climbing approach paths and a short bushwhack. We'll start on the Round Pond/Dix trail, taking the faint path to Peasant Crags. We will come out of the woods on the King Wall approach path, viewing the spectacular cliffs along the way. A car spot will save us a 0.6 mile road walk.

Leader: Tom DuBois  576-9110  etduboismail@gmail.com

Sunday, August 16  
**Two Short Hikes in Hawkeye**  
First we will climb Silver Lake Mt, which has good views. Then we will explore Silver Lake Bog which offers a long boardwalk through an interesting spruce bog as well as a view toward Whiteface from the bluff.

Level B-, about 4 miles, 1200 ft ascent

Leader: Peter Hope  603-863-6456  phope@worldpath.net

Monday, August 17  
**Giant Mountain via Tulip Slide**  
This is the easiest of the Giant slides, made even more so by tropical storm Irene.

Level A

Leader: Sam Hoar  576-4731 (leave message)

Tuesday, August 18  
**Blueberry Hill**  
Hike to a little peak in Elizabethtown, with optional paddle on Lincoln Pond afterward.

Leader: Annie Janeway  413-374-0988 x9925

Thursday, August 20  
**Underground Railway Museum**  
Admission is free.

Leader: Janet Schloat  576-9435 (after 8/2)

Friday, August 21  
**Missisquoi River/Bay VT**  
Six boat limit.

Leaders: Walt & Augusta Gladding  963-8907

Monday, August 24  
**Raquette River Paddle**  
Leaders: Bob & Nancy Kohlbecker  576-2294

Tuesday, August 25  
**Rainbow Lake Paddle**  
Leaders: Woody & Cynthia Andrews  576-4734

Wednesday, August 26  
**Split Rock Forest Trails**  
With views of Lake Champlain

Leader: Janet Schloat  576-9435 (after 8/2)

Thursday, August 27  
**Owls Head Lookout**  
We will hike this nice trail off Rt 9N between Keene and Elizabethtown on the north side of Giant to a magnificent view of Giant, Lake Champlain and Rocky Peak Level B  5.2 miles

Leader: Godfrey/Wiley  523-6466  athenastinkdog@gmail.com

Friday, August 28  
**Tenderfoot Pools**  
Leader: Karen Doman  576-4463
**Sunday, September 6**  **Noonmark Mountain**

We will climb this mountain in St. Huberts which has outstanding views.
Level A-, 6.6 miles, 2000 ft ascent
Leader: Peter Hope 603-863-6456  phope@worldpath.net

**Wednesday, September 9**  **Beginner’s Guide to Map and Compass #2**

We will meet in New Russia and Climb Mt Gilligan and Negro Hill. Please bring map and compass, two pencils, eye protection, and wear clothing suitable for a bushwhack. Local map will be provided.
Level B, 5 miles, 500 ft ascent
Leader: Elie Bijou 873-2119  adirondacks@verizon.net

**Thursday, September 10**  **Hanging Spear Falls**

We will travel to the falls via the trail to Flowed Lands. The falls is formed on the Opalescent River and consist of a 75 foot cataract which plunges into a deep gorge.
Level B, 9.5 miles, 1344 ft ascent
Leader: Mary Jean Bland 647-5803  mjbland@aol.com

**Wednesday, October 7**  **Fall Walk & Dinner**

We will stop at Paul Smiths College VIC and leisurely walk a couple of miles of the trails to view fall colors; then enjoy the Wednesday Night Buffet at the St. Regis Café run by the students at the college. Limit: 10
Leaders: Bob & Nancy Kohlbecker 576-2294  nancykohlbecker@gmail.com

**Thursday, October 8**  **Indian Head**

We will hike out the Lake Road at the Ausable Club and then up the trail to Indian Head. This is a rocky peak that from the lake looks like the silhouette of a face. There are great views of the lakes, Nippletop, Colvin, Sawteeth, and much of the Great Range.
Level B-, 9.4 miles, 730 ft ascent
Leader: Mary Jean Bland 647-5803  mjbland@aol.com

**Saturday, October 17**  **Fall Trail Work Day**

Please come out and help the chapter maintain our trails in the Gulf Brook area and keep them beautiful.
We will make sure everything is ready for the long Adirondack winter. Meet at the Crow Clearing at 9:30.
Bring loppers, shears, hoes, rakes, etc., and we will decide at the trailhead what work needs to be done.
Leader: Joe Bogardus/Ruth Kuhfahl 576-9739  joe.adks@gmail.com
The Lake George Association, Wildlife Conservation Society, Lake Champlain Basin Program, The Town of Newcomb, Adirondack Park Agency. What do all these organizations have in common? Aside from being within or in close proximity to the Adirondack Park? They are all concerned about the spread of aquatic invasive species of course!

On March 10 of this year, they (along with 48 other organizations) agreed to work together to develop a region-wide program to prevent the spread of aquatic invasive species. This program will include the collection of data, growth of the stewardship programs already in place, education of the public, and the implementation of boat decontamination units.

In order to completely decontaminate your boat, Department of Environmental Conservation (DEC) recommends using hot water (140° F) at a high pressure on the exterior and interior of your boat. Not many people own one of these devices. Fortunately, the DEC has got you covered. On the 22nd of May, they announced their plan to install 11 new decontamination units throughout the Adirondack Park. They are working with local governments, lake associations, the Adirondack Park Invasive Plant Program (APIPP), and the Paul Smith’s College Adirondack Watershed Institute (AWI) in order to get these units operational as soon as possible.

Thus far, only one unit is online. It is located in the town of Star Lake, at the junction of NY Rt.3 and Benson Mines-Newton Falls Rd. Designated as the “Clifton/Fine Decon Station”, it was financed by the Environmental Protection Fund, a grant provided by the Department of State. It is being operated by AWI stewards, who attended a hands-on training in Lake George.

There are 10 more decontamination unit sites in the works, some set to go online this weekend! Piseco Lake’s unit is one of these. The Okara Lakes and Chateaugay sites aren’t far behind. Currently, the goal is to have most units, if not all, operational by the 4th of July.

The use of these units by the public is completely voluntary. However, the DEC has adopted a regulation which prevents boats from launching a boat with visible plant and animal matter at a DEC launch. This rule gives watershed stewards and decontamination unit operators’ legal backing, enabling them to further educate and engage the public in the fight against the spread of aquatic invasive species.
The Secret Leanto

The leanto is on a 5-acre piece of land within a couple of miles of Keene Valley, an easy hike. Yet it is deep in the forest. It sits on a rise in a shady hemlock grove overlooking an emerald green swimming hole. The roof of the outhouse is bright red. It is quite near, but out of sight and earshot of a couple of popular trails. There are no trails to the leanto.

The property was given to the Keene Valley Chapter in the 1960s, by a long-time summer family. Use is free for Chapter members, but not many take advantage of this. The leanto is used mostly by local summer camps, but there are plenty of open dates on the calendar for reserving it. If you would like to do so, please email me at badtts@kvvi.net, and convince me that you are a Chapter member, while indicating your group size and desired dates. I will get back to you with the necessary details.

This is first come-first served. The leanto is not publicized beyond this group, right here, reading this right now. Get in on the secret! ~David Thomas-Train
We are looking for articles for our newsletter. Please submit written articles with photos, if available to Lisa Godfrey.