I hope you had a nice winter. It was brutally cold with lots of ice and little snow. It was a dismal season for cross-country skiing. Microspikes were the ski wax of this winter - to quote Tony Goodwin.

The High Peaks have seen growing hiker pressure over the past few years. David Thomas-Train and I have been working with the educational staff at ADK to combat the “little white flags.” I feel fortunate being in a community that steps up to protect the environment. We have added 5 port-o-potties at trailheads, Giant, Chapel Pond, Roaring Brook, and Cascade in partnership with the Ausable River Association and local businesses. A big thanks to SubAlpine Coffee, Mountain Tomboy and ATIS for stepping up to sponsor those much needed Port-o-potties! It’s a temporary fix, so ADK will continue to lobby the DEC for a more sustainable solution. I am thankful to those who were quick to put some cash into protecting our the beauty of our area.

My duties as chair also include outreach to the students at Keene Central. Our Chapter sponsored a overnight field trip for the 6th grade class to the Echo Center and the 11th grade annual trip to the Upper Lake (we have sponsored this for many years, a tradition at KCS). It’s exciting to see the kids grow to love the mountains too.

Hope to see you at the Annual Potluck!

~Lisa Godfrey, Keene Valley Chapter Chair
Local Happenings  Great local eats

Sugar House Creamery
http://sugarhousecreamery.com
18 Sugar House Way, Upper Jay NY (across from the old schoolhouse) p 300-0626
Farmstore Wednesday, Saturday & Sunday 10am-6pm
Farmstead Cheese, Raw Milk, Eggs, and other products by Sugar House and neighboring farms
Special event throughout the year follow SugarHouse on Facebook

Mace Chasm
http://www.macechasmfarm.com
810 Mace Chasm Rd, Keeseville NY p 963-4169
Weekly deliveries, Keene Valley Farmers Market, Self serve freezer in butcher shop open Tues-Sat
Pork, Beef, Lamb, Chicken, Eggs and Sausages
Food Truck at Marcy Field Sundays 9am-2pm, Ausable Brewing for Taco Thursdays 5pm-8pm, in Keene across from Big Crow Trading Saturdays 11am-2pm
Follow on Instagram @macechasmfarm for happenings

Ausable Brewing Company
http://ausablebrewing.tumblr.com
765 Mace Chasm Rd
Keeseville, NY
Tap room open Thursday/Friday 2-8 and Saturday 12-8
Pavilion often live music, follow on Facebook for happening and food truck schedule
Thursdays 4-close Mace Chasm Food truck Taco Night & Crepes from Northern Feast
Saturdays 4- close Poco Mas Tacos
Brew Castle 10918 Route 9N, Keene, NY p 576-2739
https://www.facebook.com/TheBrewCastle/?fref=ts
Craft beer, hard cider and snacks including a good selection of canned beer for your adventures
Summer Hours: 7 days a week 8am-8pm
Beer tastings & Poco Mas Taco Truck 4pm-7pm July 22, August 19, September 16, October 14

Northern Feast Food Truck
Regular summer appearances across from Big Crow Trading on 73. Follow them on Facebook for dates and times
https://www.facebook.com/NorthernFeast/

Cars/Coffee at Marcy Field sponsored by SubAlpine Coffee
Informal gathering of people interested in cars, bringing their own unique cars, different food vendors and music
https://www.facebook.com/Adirondack-Show-Shine-Car-Show-145243922206835/events

2nd Annual AuSable River Valley Studio Tour July 16 & 17th
See website for participating artist studios
http://nortemaar.org/2016/05/nm-announces-studio-tour/
Outings

We have another great summer season scheduled starting with an Algonquin hike on July 5 and ending with a walk up to Tenderfoot Pools above Keene Valley on August 26. You will see that once again the three organizations (KV-ADK, ATIS and Hurricane-ADK) have pooled their talents to create outings that will offer something for everyone no matter what their ability or endurance level is. Some of the more popular trips will fill so don’t wait until the last minute to sign up! All ADK trips welcome children but the ATIS trips are for adults only because ATIS runs a separate program for children. You can find out more information on their website-Adirondack Trail Improvement Society- with specific instructions on how to register your children for trips. Getting out into the woods or on the lakes and streams is a great way to meet the nicest people who share your passion for this lovely place.

Polish up your boots, dust off your paddle and join the adventure!

Karen Doman ~ Outings Chair
If you would like to lead a trip or request one please contact me:
kqdoman@frontier.com

Outings Schedule

PARTICIPANTS PLEASE NOTE: Although Adirondack weather conditions in summer and fall are generally mild, storms can move in quickly at higher elevations and can include high wind, rain, hail, snow, and lightning. Some stream crossings may become dangerous. Stormy weather and rapid changes can also affect boating trips. Always consider the weather forecasts carefully and bring appropriate clothing and gear to the outing. Please be mindful that we are guests on ATIS and Hurricane hikes and must comply with their policies and procedures. Also, please contact the leader in advance, as details of the outing may have changed.

KeeneValley- Hurricane- ATIS Summer Outings Schedules

<table>
<thead>
<tr>
<th>Tuesday, July 5</th>
<th>Iroquois</th>
<th>ATIS</th>
</tr>
</thead>
<tbody>
<tr>
<td>In via Avalanche Lake, out over Algonquin</td>
<td>Leader: Christine Bourjade 873-2488</td>
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<table>
<thead>
<tr>
<th>Wednesday, July 6</th>
<th>AuSable River Paddle</th>
<th>ATIS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Route 9 - Lake Champlain</td>
<td>Leaders: Walt &amp; Augusta Gladding 963-8907</td>
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<thead>
<tr>
<th>Thursday, July 7</th>
<th>Paul Smith’s Bog Trail</th>
<th>ATIS</th>
</tr>
</thead>
<tbody>
<tr>
<td>To view alpine arctics; +/- 2 miles</td>
<td>Leaders: Sally French and Holger Nissen 576-2262</td>
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<table>
<thead>
<tr>
<th>Friday, July 8</th>
<th>Treadway Mt. Surf’n’Turf</th>
<th>ATIS</th>
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</thead>
<tbody>
<tr>
<td>2 mile paddle, 4 mile roundtrip hike</td>
<td>Leader: Tony Goodwin 576-9949</td>
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<thead>
<tr>
<th>Monday, July 11</th>
<th>Stag Brook Falls</th>
<th>HURR</th>
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<tbody>
<tr>
<td>We will hike to Stag Brook Falls at the Whiteface Mountain Ski Center. It is a route along a scenic brook with a number of waterfalls. We will enjoy lunch on the deck at Midstation.</td>
<td>Class C, about 2 miles</td>
<td>Leader: Ellie McAvoy 946-83138</td>
</tr>
<tr>
<td>Day</td>
<td>Location</td>
<td>Activity</td>
</tr>
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</tr>
<tr>
<td>Monday, July 11</td>
<td>Rocky Peak Ridge/Giant Traverse</td>
<td>ATIS</td>
</tr>
<tr>
<td>Tuesday, July 12</td>
<td>Grace's Peak</td>
<td>ATIS</td>
</tr>
<tr>
<td>Tuesday, July 12</td>
<td>Rainbow Lake Paddle</td>
<td>ATIS</td>
</tr>
<tr>
<td>Wednesday, July 13</td>
<td>Marcy Dam</td>
<td>ATIS</td>
</tr>
<tr>
<td>Thursday, July 14</td>
<td>Lower Wolf Jaws</td>
<td>ATIS</td>
</tr>
<tr>
<td>Thursday, July 14</td>
<td>Lower St. Regis</td>
<td>HURR</td>
</tr>
<tr>
<td>Friday, July 15</td>
<td>Wilmington Range</td>
<td>ATIS</td>
</tr>
<tr>
<td>Saturday, July 16</td>
<td>Nundagao Ridge Yoga Hike</td>
<td>HURR</td>
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<tr>
<td>Monday, July 18</td>
<td>Raquette River Paddle</td>
<td>ATIS</td>
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<tr>
<td>Tuesday, July 19</td>
<td>Dial</td>
<td>ATIS</td>
</tr>
<tr>
<td>Thursday, July 21</td>
<td>Peaked Mountain</td>
<td>ATIS</td>
</tr>
<tr>
<td>Friday, July 22</td>
<td>Rock Climbing Clinic</td>
<td>ATIS</td>
</tr>
<tr>
<td>Friday, July 22</td>
<td>Coot Hill</td>
<td>ADK(KV)</td>
</tr>
<tr>
<td>Monday, July 25</td>
<td>Sawteeth</td>
<td>ATIS</td>
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<tr>
<td>Monday, July 25</td>
<td>Osgood Pond &amp; River Paddle</td>
<td>ATIS</td>
</tr>
</tbody>
</table>
Tuesday, July 26  St. Regis Mountain  ATIS
Leader: Maggie Sheldon  576-9805

Wednesday, July 27  Ampersand  ATIS
Steep 1 1/2 hour climb, great views, swim after weather permitting.
Leaders: Paul and Martha Leitner  359-7388

Thursday, July 28  Phelps  ATIS
Leader: Christine Bourjade  873-2488

Friday, July 29  Indian Head  ATIS
Leaders: Bob and Nancy Kohlbecker  576-2294

Monday, August 1  Garnet Hill Mine  KV
Leader: Janet Hentschel (978) 930-3736

Tuesday, August 2  Mushroom Walk  ATIS
Around Heart Lake
Leader: Penny Clement (610) 996-9327

Wednesday, August 3  Moxham Mountain  ATIS
5.4 mile roundtrip ridge walk with many views
Leader: Elisabeth Craven  523-5846

Thursday, August 4  Union Falls Pond Paddle  ATIS
Leaders: Jim & Emily Pugsley  576-9892

Friday, August 5  MacDonough  ATIS
(Formerly Slip) in the Jay Range with good views
Leader: Pete Biesemeyer  483-0641

Monday, August 8  Seward Range  ATIS
2 night overnight, returning Wednesday, August 10; 5 mile backpack to campsite plus 15 miles on herd paths
Leader: Tony Goodwin  576-9949

Tuesday, August 9  Big Crow for Breakfast  ATIS
Limit: 11  Leaders: Walt and Augusta Gladding  963-8907

Wednesday, August 10  Little Clear Pond Paddle  HURR
Join us for a leisurely, tranquil paddle along the entire shoreline of Little Clear Pond. Gliding near the water’s edge and within an inlet wetland, we will delight in beautiful Adirondack flora as we search for amphibians, ducks, woodpeckers, warblers, and of course loons! We will picnic on shore. Meet at St. Brendan’s in Keene at 8:30 a.m. Leaders: Merle & Roger Tanis  973-271-0464

Thursday, August 11  AuSable Valley Farm Tour  ATIS
Must call a week ahead for details!  Leader: Bunny Goodwin  576-9949

Friday, August 12  OK Slip Falls  ATIS
Leaders: Maggie Sheldon and friends  576-9805 (Maggie)
<table>
<thead>
<tr>
<th>Date</th>
<th>Location and Details</th>
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| **Saturday, August 13** | Keene Valley Cliffs Bushwhack HURR  
This will be a through hike along the cliff band that runs between the Mossy cascade trail and the Ranney trail. We’ll start at the Mossy end and bushwhack along the cliffs, finally emerging at the Ranney end. Meeting at the Noonmark Diner, we will leave some cars at the Roostercomb parking and drive to the Mossy Cascade trailhead to start the hike.  
Level B (rough bushwhack), approx. 3 miles, approx. 500 ft ascent  
Leader: Tom DuBois 576-9110 |
| **Monday, August 15** | Eagle Eyrie ATIS  
Good views!  
Leader: Pete Biesemeyer 483-0641 |
| **Tuesday, August 16** | Nippletop Slide ATIS  
Leader: Sam Hoar (the elder) 576-4731 |
| **Thursday, August 18** | Owen, Copperas & Winch Pond ATIS  
3.5 mile hike  
Leader: Annie Janeway 576-9925 |
| **Friday, August 19** | Boreas Mountain ATIS  
Leader: Tony Goodwin 576-9949 |
| **Monday, August 22** | Nun-Da-Gao Ridge ATIS  
Leader: John Hutchins 576-2246 |
| **Tuesday, August 23** | Missisquoi River/Bay VT ATIS  
Limit 6 boats  
Leaders: Walt and Augusta Gladding 963-8907 |
| **Wednesday, August 24** | Clintonville Pine Barrens/Silver Lake Bog ATIS  
Bring bug dope!  
Leader: Janet Schloat 576-9931 |
| **Thursday, August 25** | South Creek/2nd Pond Paddle ATIS  
Car shuffle necessary  
Leaders: Jim & Emily Pugsley 576-9892 |
| **Friday, August 26** | Tenderfoot Pools ATIS  
Leader: Karen Doman 576-4463 |

### The Secret Leanto

**By David Thomas-Train**

The leanto is on a 5-acre piece of land within a couple of miles of Keene Valley, an easy hike. Yet it is deep in the forest. It sits on a rise in a shady hemlock grove overlooking an emerald green swimming hole. The roof of the outhouse is bright red. It is quite near, but out of sight and earshot of a couple of popular trails. There are no trails to the leanto.

The property was given to the Keene Valley Chapter in the 1960s, by a long-time summer family. Use is free for Chapter members, but not many take advantage of this. The leanto is used mostly by local summer camps, but there are plenty of open dates on the calendar for reserving it. If you would like to do so, please email me at badtts@kvvi.net, and convince me that you are a Chapter member, while indicating your group size and desired dates. I will get back to you with the necessary details.

This is first come-first served. The leanto is not publicized beyond this group, right here, reading this right now. Get in on the secret!
The lack of snow this past winter posed challenges for all kinds of life in the Adirondacks, human included. A typical February and March would find ADK Education Department staff out on snowshoes, leading 4th graders from Keene Central and other areas schools around Heart Lake, examining animal tracks for the winter portion of our Three Seasons of Heart Lake School Outreach Program.

Three Seasons at Heart Lake is ADK’s year-long inquiry based environmental education curriculum that weaves together responsible outdoor recreation, wellness, and the history of the Adirondacks, both natural and cultural. It is an innovative natural science curricula based on the philosophy that direct association with the environment is the most effective way to help students appreciate their immediate world. The program was designed to fit New York’s Core curriculum but delivers those lessons while students hike, snow shoe and explore nature. We integrate disciplines by providing project-based activities such as comparing habitats, studying animal behavior through tracking, and keeping a field journal. These techniques are designed to teach life skills such as critical thinking, teamwork, and decision making, as well as encouraging creativity and curiosity.

Creativity was needed this winter, when a dearth of snow and an abundance of ice left us scrambling to figure out a way to have students safely enjoy the winter field portion of the Three Seasons Program. ADK’s Education Department has plenty of student-sized snowshoes; we had nothing for the icy conditions. A quick scramble led us to purchase 50 pairs of extra small microspikes, which allowed students to get out in the field while staying safe. Unfortunately, the $400 purchase was not part of the program’s budget for the 2015-16 school year. A donation from the Keene Valley Chapter to help offset this emergency purchase would help insure that we don’t have to restrict programming for the 450 students from nine schools that participate in this program.

Thanks to the microspikes, the students had a great time. Almost none had worn microspikes before, and the novelty of the experience of “walking on rivers of ice” made up for the lack of snow and a proper winter. We’re hoping that next year will find us back to snowshoes, but if not, we know that we’re well prepared!
The white flags are flying all around us here in the Ausable Valley, yet we shall not surrender! It isn’t a military invasion - but rather a more pedestrian, earthy, even nasty one - carried out, ironically, by lovers of this place: climbers and hikers. These white banners abound at local trailheads: little flutters of toilet paper, atop stinky and filthy mounds of you-guessed-it.

Unburied poop, excrement, caca, whatever you want to call it, spreads bacteria and pollutes water sources. These small crappy mounds have been proliferating along the trails and especially at trailheads, the past few years. Even dogs and cats attempt to bury theirs; we can learn to be at least that good.

The solution is simple, and two-fold. One part is short-term, the other long-. The quick one is to provide portable toilets/johns/potties - whatever you want to call them - at popular trailheads and visitation sites. The Ausable River Association is expanding its efforts with NYSDEC along both the east and west branches of the river, with various business and organizational sponsors.

Keene Valley ADK, under the leadership of President Lisa Godfrey has also been working with Keene and Keene Valley businesses to sponsor placement and maintenance of the toilets; ATIS, Brew Castle, Sub Alpine Café, and Mountain Tomboy are all actively supporting the project. The long-term solution is to educate outdoor and backcountry users to safely and simply bury their waste. All this requires is digging a 4”-6” deep hole at least 100’ from a stream, aim carefully, and then securely inter all of it so that it will readily de-compose. Julia Goren, the Summit Steward Coordinator for ADK, and Brendan Wiltse, Stewardship Director of The Ausable River Association are working with Lisa on educational posters and materials to this end. It is hoped that these posters will be placed on the inside of the potty doors, in plain unavoidable view, where and when everyone likes to have a good read. ADK is also planning a broader educational effort via media and publications.

With this continuous effort over the years, the little white banners and their foul supporting mounds should become things of the past, the trailheads and backcountry campsites become cleaner and more attractive, and water sources will become less polluted. Many thanks to all the project supporters and players who are not showing the white flag!
The new 6 NYCRR Part 576 seeks to help stop the spread of aquatic invasive species (AIS) in the state of New York. By establishing a routine of precautions that visitors to the lakes are required to take both when launching and retrieving their boats, the regulation helps to protect the state’s ecosystems, thus also maintaining the natural, clear waterways that locals and tourists have been boating on for hundreds of years. Before anyone is able to launch a boat into any public waterway, they are required to clean, drain, and dry the aforementioned boat, removing any and all plant or animal matter. Water must be drained from areas like the bilge, livewell, motor, bait wells, ballast tanks, and all other areas of the boat that contain water.

While completing these procedures between each and every time one uses one’s boat might not seem necessary, especially if the boat appears reasonably clean, it is an essential aspect of maintaining the cleanliness and balance of New York’s aquatic ecosystems, and ensures that we will be able to use these public waterways for years to come.
Annual Meeting/ Pot Luck Dinner

Monday, August 22th
6:30pm
All Souls Chapel, St. Huberts
Bring a dish to share
The chapter will be providing soft drinks, cups, plates & silverware
Questions: contact Lisa 523-6466 or athenastinkdog@gmail.com
RSVP to athenastinkdog@gmail.com by Aug 21

Chapter Officers

Chairman  Lisa Godfrey  athenastinkdog@gmail.com  518.523.6466
Vice Chair  Bettyann Dixson  Betty11738@aol.com  518.576.9117 (June to October)
Treasurer  Judy Bratt  860.274.3351
Secretary  Karen Doman  Bdoman@epix.net  610.847.8721
Director  Kathleen Wiley  kathleen_wiley@yahoo.com  518.576.9159
Alt. Director  Volunteer needed

Committees

Conservation  David Thomas-Train  badtts@kvvi.net  518.576.4592
Outing Schedule  Karen Doman  kqdoman@frontier.com  610.847.8721
Trails Maintenance  Volunteer needed
Newsletter Design  Lisa Godfrey  athenastinkdog@gmail.com  518.523.6466
Lean-to  David Thomas-Train  badtts@kvvi.net  518.576.4592
Membership  Volunteer needed
Education  Kathleen Wiley  kathleen_wiley@yahoo.com  518.576.9159

We are looking for articles for our newsletter. Please submit written articles with photos, if available to Lisa Godfrey.